

Woman's World

Women of the Balkan Countries Now at War.

Points for Mothers

Antidotes For Common Poisons.

A few days ago one of my neighbors called to me in great distress that her two-year old son had swallowed, she did not know how much gasoline, said a woman recently.

The mother had carelessly left a cup half full of the fluid on a window sill, and the child, thinking it water, had attempted to drink it. His mother was panic stricken with fear, but after giving the little one an emetic of warm water and mustard, then following with a cup of lukewarm water, which he promptly vomited, then making him swallow the white of a raw egg he recovered without any serious effects of the dose.

This experience taught me how necessary it is for every mother to know what to do first in case of such an emergency. No matter how careful mothers of small children are, there are likely to be times when a child will get some poisonous substance and not knowing the danger, swallow it.

Always send for the doctor if poison of any kind has been taken into the stomach. Do not trust to your own ability to deal with such a case, but as quickly as possible after you have discovered the accident give the following antidotes without waiting for the doctor to arrive.

Where an emetic is ordered make it by adding two teaspoonfuls of mustard flour to a glass of warm water. This usually starts vomiting at once, but in case it does not poke the finger down the throat of the child until he gags.

For acid poisoning, acetate, hydrochloric sulphuric or nitric acid, give at once an alkali such as magnesium sulphate, soda, soap-suds, and follow this up with soothing drinks of plenty of sweet oil.

Oxalic acid should be treated with an emetic followed by lime-water, chalk and water or magnesia, but not by potash or soda, then give soothing drinks. Should a child drink acetate give an emetic, followed by digitalis. Keep the bowels open and stimulate with a little brandy and water.

Should the poison be alcohol, after the emetic apply ice to the head and stimulate the respiration by raising the arms above the head, then lowering them quickly. Keep repeating this frequently.

For alkaline poisoning, such as ammonia, caustic potash, Paris green, "rough on rats," give vinegar or lemon juice followed by soothing drinks. In severe cases give an emetic, followed by baking soda and water, followed by white of egg and sweet oil. Give a big dose of castor oil to empty the bowels.

Belladonna, give an emetic, followed by tannic acid. Apply cold water or ice to the head, give coffee, stimulants and warmth if needed.

Corrosive sublimate, emetic, followed by the white of an egg and milk, tannic acid and castor oil.

Opium, including laudanum, morphine, paregoric, soothing syrups or any medicine that has the drug in it, give an emetic. This is not always of force, if not, give permanganate of potash in doses of four or five grains, strong coffee, atropine, and keep the patient awake by applying ice to the head and back and by artificial respiration and walking.

When Baby Begins to Walk.

The business of walking requires development of strength and obedience to the will. The baby muscles are not accustomed to just this kind of order, and they do not readily respond. Neither have they supported such great weight as is now demanded of them. It is well to bathe in salt water night and morning to relax the legs of a baby who is learning to walk and to rub and knead the muscles working toward the body.

The clothing must be loose, with nothing tight around thighs or hips. The bones and flesh of the little child are very soft and if the legs are crowded out of the natural position in any manner by the tight clothing the bones will adjust themselves to the pressure and grow crooked. Women having the care of children should keep this in mind.

Don't Restrict Your Daughter's Development.

The mother who really has her daughter's interest at heart will allow the girl some opportunity to develop naturally. There is nothing so blighting to a girl's individuality as to be ruled in every way by her mother's preferences. There are mothers who considered their taste so infallible that the daughters have gone through life dressed like frumps, and other mothers who considered their judgment so infallible that they have made decisions which have ruined their daughters' happiness, and still other mothers whose love of power has made wrackings of the daughters who might otherwise have been strong.

The Clever Child.

It should never be forgotten that the happier a child is the cleverer he will be. This is not only because in a state of happiness the mind is free and at liberty for the exercise of its faculties, but also because the action of the brain is stronger when the frame is in a state of hilarity, the ideas are more clear, impressions of outward objects are more vivid, and the memory will not let them slip.—Harriet Martineau.

UNDERBRIM HALO.

The Rose Hat Pretty For Debutante.



OLD ROSE VELVET MODEL.

This halo hat is particularly attractive when worn by a debutante, but soon to the woman past her first youth who attempts to wear one.

The brim of the halo consists of one or more layers of tulle sewed above or below the brim of a large hat. In this instance tulle in three shades of old rose is used under the brim of an old rose hat. A parasite in pale yellow tulle sweeps from under the brim over the shoulders of the wearer. No trimming appears on the top of the model.

Why Little Women Fascinate.

Little women appear to fascinate men more than big ones do. Perhaps it is because they look up to men and so appeal to their vanity. They are less independent by nature and more confiding. A little woman always strikes a man as being more or less helpless and dependent if he is a manly man to shield her if necessary and to take her part.

Little women are more dainty than big ones and have prettier hands and feet. A five and a half glove appeals to the masculine heart where a six and three-quarter glove utterly fails.

New Chameleon Velvets.

The chameleon velvets are another novelty of the season which are finding a warm reception. Not in this favor to be withheld. When they come in such delightful color combinations as royal blue and velvet old gold and pearl, or green and copper and blue and violet and others just as artistic. Lace and ribbon enter largely into the fashioning of the frocks of this material.

Gown of Great Distinction.

The combination of two rich materials produces an effect of great distinction, even when the lines are very simple. This elaborate tailored costume shows old gold velvet combined with muleskin, the ball buttons being of amber.

The peasant one piece sleeve and the rolling director collar are noteworthy.



OLD GOLD VELVET AND MULESKIN.

Boots of black satin with amber buttons and Louis heels accompany this costume.

Footwear fashion decrees that all boots shall be buttoned this season and that these buttons on dress gowns shall correspond with the button trimming on the costume. Even in the case when expensive buttons, such as rhinestone, lapis lazuli and, as in this instance, amber are used is this true.

Valuable Sewing Hints.

Beautiful buttonholes may be made of any material, no matter how thin, if they are first marked and before they are cut out are stretched along each side on the machine. Cut between the two rows of stitching and there will be a good foundation for the buttonhole stitches, with no danger of raveling. This makes the working of any buttonhole much easier and greatly adds to its durability.

IT'S DIFFERENT.

Something Quite Unique In Winter Street Suits.



BLACK AND WHITE COSTUME.

There are in Paris formal tailored costumes, not about tailored costumes and what are called demitails, which partake of the characteristics of both styles.

The smart suit illustrated is a bit more elegant than a simple trotting suit yet it is not luxurious enough in style or material to be a carriage costume.

The coat is made of black serge with trimmings of Persian lamb and ornaments of black braid. The skirt is of black and white plaid cloth, is built on straight lines and is trimmed with a wide band of fur.

A black hat, white gloves and patent leather boots complete a stunning suit.

Woman Publisher Now in the Field.

A woman publisher has her quiet private office on the first floor of one of the august old brownstone houses on a cross street just off Fifth Avenue, New York. The books of her clients are reviewed as professional and not amateur literary efforts, and she prints only those that come up to her own standard. Needless to say, many books receive her imprint which other houses have "turned down," but, on the other hand she can "turn down" also.

In this way authors need not feel that their books are privately printed with as little discrimination as by a job printer. As the authors receive more than 50 per cent profit they can also feel that the publication of their ideas is not an idle indulgence of personal vanity. Several recent novels are in their second edition, and a series of essays has taken a standard place in pedagogy.

A look on dolls that have had his tort of great pretense is now under way at the woman publisher's suggestion and a too bulky set of illustrated stories for children is being broken up into series. To meet of greater promptness the exigencies of the present, the recent hypoco congress and the like are to make a monthly appearance.

Helpful Hints.

If you will include a steel crochet needle in the implements for use in the sewing room you will have some thing as good as any patent ripper ever invented. Simply catch the hook under the thread in the stitches or buttonings and pull them out in double quick time.

When a hole is worn in your carpet rug whip over the edges of the hole with yarn matching the colors in the rug. Then glue with yarn, fill in the hole with very tight crocheted-stitches using a plain stitch. Then over this work little loops of yarn that will correspond to the loops in the weave of the carpet itself.

Instead of using a wooden "egg" darning try putting a worn stocking over your own shoe ties. Then you will be able to see exactly how the darned places will be on your foot and can make it loose or tight as necessity requires.

The New Fur Coats.

The new fur coats fit just a little more neatly than the straighter lined garments of last season did. They do not really define the figure, but they certainly suggest it, and, though it is still the fashion to have a straight and young girlish back, the front of one's figure may hint at a few womanly curves without dying in the face of fashion.

Milady's Mirror

How to Keep Young.

How often we hear men and women bewailing the fact that they are no longer young! They speak of youth wistfully as some elusive thing which has vanished like a summer cloud or with incredulity, as if it were a state totally foreign and irreconcilable to their present one, like being an inhabitant of Mars or a three headed man. They do not seem to realize that what makes people young and keeps them so is a perspective of actual years—it is the capacity for retaining youthful ideals.

The man who regards his son's aspirations with cynicism has stopped growing and is becoming old. The woman who sternly and coldly condemns friends' merry frolics and the follies of impetuous girlhood is losing that very thing which should keep her young—her fresh her sympathies and her optimistic spirit.

The elderly men who remain vital and alive are those who keep their hopes and desires and ambitions before them and not behind and who will always keep them so if they live to be 100. The women who keep the charm of youth are those who have a buoyant spirit, an interest in the world, about them and a high idealism. There is no such thing as dropping back and behind the procession if one's mind is continually pushing forward and onward. What we call the spirit of youth is in reality a sanguine and courageous attitude toward life, and there is no more reason why this attitude should be confined to those below a certain age than there is that we should have false teeth at forty.

The girl who when she gets married ceases to make any effort whatever, mentally, socially or physically, to do better than she did before she was married, reaches even middle age, and then a rigid and narrow groove, measuring and mapped to follow up the idea on a larger scale. The old and the young are not so different as they seem. The old is enabled to send copies to some of his friends, Mr. Dobson, soon saw that his idea was a happy one, for the delight of those who had received his cards was far greater than if he had sent them gifts. Thus he came to us this card greeting, now as most as indispensable to the Christmas season as evergreen trees and mysterious packages tied in red ribbons and with a spray of holly to bid us a "Merry Christmas."

Beauty Tips.

Enlarged pores can be contracted by applications of alcohol. Just before retiring massage the hands well with a good cold cream and without wiping away any remaining portion slip on the loose gloves. Pottier and ringworm are caused by imperfect digestion and should be cured by proper diet. Local applications of iodine will give temporary relief.

An excellent tonic for the hair is made of one ounce of best castor oil or sweet oil, two ounces of bay rum and two of French Brandy. Scent with rose geranium. People suffering from indigestion should eat a very light breakfast. A raw egg separated and beaten light with a little cream or milk added is often sufficient and easily digested. Scrub is the most sanitary material for face cloths. This cloth is porous and free from lint, allowing a free circulation of air. It also admits of quick and effective washing and drying so that it can be cleaned after every face bath.

The best kind of exercise is the kind that makes you forget that you are exercising in other words, play, says a physician. It is a good scheme to have some more or less strenuous game for a hobby golf or bowling or tennis or archery anything that appeals to you and affords exercise with interest. But this is not saying that systematic exercise is not a good thing too.

Electric Sleep.

Sleep that by means of electricity can be turned on and off at will is the latest cure for insomnia. It is the invention of a German doctor, who says that he has experimented with it on rabbits and dogs with great success.

An electric current of a new kind is applied to the base of the brain, and the patient, he says, instantly falls asleep and remains so until the current is switched off, when he wakes up in a quite normal condition and much refreshed.

For the Eyebrows.

The eyebrows are apt to grow shaggy or sparse with increasing years, but their bow shape might have been preserved indefinitely had their owner been careful to brush them daily with a soft toothbrush kept for the purpose.

A Good Shampoo.

To make a good shampoo boil castle soap shaved to a powder—about two heaping tablespoonfuls—in a little water, putting in about two tablespoonfuls of washing soda.

For the Children

Christmas Dolls In Up to Date Costumes.



Photo by American Press Association.

The girls and perhaps boys, too, for that matter, who are planning to make Christmas gifts of dolls to their young friends will find a hint as to dress the follies of impetuous girlhood is losing that very thing which should keep her young—her fresh her sympathies and her optimistic spirit.

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Holiday Cards.

Christmas and New Year's cards, like a good many other things, might be said to have been discovered by accident. Their originator was a Mr. Dobson, who in 1844 made a little sketch reaches even middle age, and then a rigid and narrow groove, measuring and mapped to follow up the idea on a larger scale. The old and the young are not so different as they seem. The old is enabled to send copies to some of his friends, Mr. Dobson, soon saw that his idea was a happy one, for the delight of those who had received his cards was far greater than if he had sent them gifts. Thus he came to us this card greeting, now as most as indispensable to the Christmas season as evergreen trees and mysterious packages tied in red ribbons and with a spray of holly to bid us a "Merry Christmas."

A Christmas Game.

Christmas candles is a good game to play at this season of the year, but must only be done with mother's permission and then only when there is a grownup person to supervise the play. A tiny Christmas tree with lighted candles is set on a table at a convenient height. Each child in turn is blindfolded and stationed with his back to the tree and about a foot from it. He is then told to take three steps forward, turn around three times, then walk four steps and blow as hard as he can. The one who blows out the most candles receives a prize.

Card Games at Christmas.

Many still play cards at Christmas, who seldom think of doing so at other times, quite unconscious that they are maintaining an ancient custom. A prohibitory statute of Henry VII. forbade card playing save during the Yuletide holidays, and long after the law itself had become obsolete the practice it had promoted was continued. At the beginning of the eighteenth century that model squire, Sir Roger de Coverley was accustomed to send "a string of bag's puddings and a pack of cards" to every poor family in the parish.

Dickens' Christmas Greetings.

A merry Christmas to us all, my dears. "God bless us," "God bless every one," said Tiny Tim the last of all.

"Yo ho my boys," said Fezziwig. "No more work tonight, Christmas eve, Dick! Christmas, Ebenezer!" Christmas time I have always thought of as a good time—a kind, for giving, charitable, pleasant time. Hello! A great deal of steam! The pudding was out of the copper!

Christmas in France.

Christmas in France is not a special day for family meetings and merry-making. It is essentially a religious festival.

Christmas Secrets.

Upstairs and downstairs, In every nook and corner We find surprises everywhere As did we Jacky Horner.

Christmas pies and Christmas cake Nestle in the cupboard What a find all these would make For dear old Mother Hubbard!

Every time the doorbell rings, My, what a commotion Children only gush at it. But can have no notion

'Tis underneath the couch there lies Many a bulky package. But 'twould spoil a fine surprise Should we break the packages.

We must never, never peep (Children, all take warning), Or we may have cause to weep On a Christmas morning.

Secrecy about us lies, All the nooks and corners Hold for us as fine surprises As little Jacky Horner's!

ROXBOROUGH