

Woman's World



Mrs. W. K. Vanderbilt, Sr.

Opening of Mrs. W. K. Vanderbilt's Hygienic Tenements.

Through the generosity of Mrs. W. K. Vanderbilt, Sr., 284 apartments were recently opened in New York city providing homes for persons with tubercular tendencies. These apartments are to be rented at nominal prices—five planning the humane enterprise Mrs. Vanderbilt desired that persons of limited means who might be in delicate health should enjoy the benefits of a trip to a high priced sanatorium without leaving home.

For the purpose of educating tenants as to the most hygienic and economic methods of furnishing their homes an apartment of five rooms and bath, furnished in a manner approved by sanitary medical authorities, will be available for inspection at all times. It is expected that the four buildings will shelter about 2,000 persons when all the suits have been taken. In addition to giving delicate members of a family a chance to regain their health, one of the chief advantages of the plan will be that families will not be broken up, as is generally the case when illness forces the ailing one to seek a more beneficial atmosphere.

Overlooking the East river, with its ever changing and interesting panorama, the four buildings are situated on the new John Jay park, one of the most desirable locations imaginable. The buildings are separated by generous courts in order that there shall be free and unobstructed circulation of air at all times. The structures are of modern fireproof construction, and not having been designed to produce income in the ordinary commercial sense, no expense has been spared to make them sanitary and healthful. As all the staircases are exterior, each apartment is a unit, this arrangement securing greater privacy and quiet for the patients.

The entire roof space is given over to gardens and playgrounds, covered and uncovered, and it is believed that this feature will appeal to all the tenants.

Sweet Smelling Pillows.

With persons of sensitive nerves pillows of dried leaves and herbs have been known to charm back the sleep that no physician's formula could bring. There is a restful quality to the pillow filled with balsam fir needles (if it be not fir twigs and stems which is better) to almost everybody. The mere pungency of the crushed evergreen suggests great, quiet forest grown mountain sides and green stillness. Less known are pillows stuffed with dried hops, with their old world aroma and definite soporific quality. To a delicate elderly person who has had a country childhood these will bring back memories of quaint little rooms and the falling of soft summer rains.

To those who like these perfumes pillows filled with dried rose leaves, with lavender, with dried sweet clover sprigs, with the leaves of sweet fern or dried fronds of real brake fern, or even a more fragrant filling, well mingled with pure powdered starch, will bring unspeakable relief, not only by their associations, but by their own kindly potency. But before such pillows are selected for presents the preference of prospective recipients in the matter of perfumes should be ascertained, else the gift may be absent of its magic.

Don'ts for Women.

Miss "Don'ts" for clubwomen appear in the year-book of the New Jersey State Federation of Women's Clubs. They are:

- Don't shop Saturday afternoons.
- Don't shop after 5 p. m.
- Don't wear willow plumes (made by sweatshop child labor).
- Don't wear cigars. They mean the destruction of mother birds.
- Don't wear long hatpins. They are dangerous to others.
- Don't dress too elaborately for club affairs. We want women in club work who cannot afford to dress elaborately.
- Don't be too critical in small things or large. Remember your own mistakes when you are doing things; therefore be helpful.
- Don't work for frills, but for solid results.
- Don't be undignified or try to get results because of your sex.

Good Form

Women and Change.

The surest way to convince the opponents of women in politics or business is to be so tactful, so gracious, so ultra feminine that the fiercest critic is silenced.

This does not mean playing up one's sex to reap the benefits of a man and demand favors as a woman. When a woman takes her part in the world of affairs she must be strictly business. She has a big handicap of prejudice to overcome even after all these years.

There is an unfounded belief that the capable woman rarely has charm. Men and the domestic women like to think that the deer of deeds loses her charm in the doing. So they cite every case of bad manners in the woman of affairs, never heeding the worse manners of women in sports or the lack of manners in women who never go out.

The woman who is going to make a success of it these days must have good manners. There are exceptions, but the woman who would win respect for herself or make business for her firm will have an easier time of it for personal charm.

If the suffragists are wise they will let all women work for the cause, but permit only those women to plead for it who have a good appearance, a soft voice and a suave manner.

An unfortunate manner neutralizes the good a woman does. We give our love to the Helena Richards of the world rather than to the iron women, capable but forbidding. Yet the iron women often crave the attention they would have if their manners were better.

The capable woman need not grow slack in her work because she leads, not drives; because she is soft of voice, suave of tongue, kindly of heart and gracious to all. The reason most of the workers are otherwise than suave is that the turn of life gets the upper hand. They let their nerves go and good breeding follows.

It is easier to be snappy and domineering when there is much to do than to keep cool and agreeable. The agreeable woman does not have her capacity for getting work out of others lessened because she is good tempered in the process. Especially where one works with men it pays to be agreeable. The woman who would win her point in her new office as school director, for instance—may have to fight for it, but her iron hand must be well gloved and her strong will in masquerade, while she leads her way by suave suggestion.

Right Form For Dinner Invitations.

The following is the proper form for a formal dinner invitation.

Mr. and Mrs. John R. Everett request the pleasure of your company at dinner on _____ at _____ o'clock.

The blanks are to be filled in with the name or names of the invited guests, the date and the hour.

An invitation to luncheon is in almost the same wording:

Mrs. Thomas Russell requests the pleasure of Mrs. Palmer's company at luncheon on Monday, May 4, at 1:30 o'clock.

The name of the guest and the town and date are filled in, as in the dinner invitation. For a musicale the same form may be used, but the at home card is preferred:

Mrs. Sutherland At Home Tuesday evening, May the first, at nine o'clock.

This card may be ordered of the stationer, leaving the date, hour and form of entertainment to be filled in in writing, or it may be entirely engraved. Women who entertain a good deal always keep a supply of these cards on hand. Visiting cards are used for teas or small afternoon musicals:

Mrs. John Smith, Tuesday, May 4, 5 P. street.

Points to Remember.

When the luncheon guests are ladies exclusively the hostess leads the way to the dining room, where places are chosen at will or fixed by dainty plates, favors with the names inscribed on each side.

Many hostesses prepare for an informal musical and literary program following luncheon.

The hostess driving with another woman in a closed carriage allows her guest to take the choice of seats by giving her precedence in entering the carriage.

Eat Right.

Indigestion is anything but conducive to good looks or a clear skin. Avoid overeating, which is bad for the skin as well as the body. Proper diet is absolutely essential to a good complexion. Eat nourishing, well cooked food and drink plenty of water between meals. See that proper elimination takes place each day. Eat sparingly of pastry and confectionery.

Bathing For Beauty.

For a very dry skin the Greek bath is most soothing. Mix seven ounces of pure olive oil with one ounce of lavender water and rub it well into the body after the hot bath while the body is still warm.

SPRING COSTUME



A YOUTHFUL LITTLE SUIT.

This charmingly youthful little suit is of a purple-and-white mixture, and the tunic skirt shows a muslin under-thing of white raitine. The jacket is a twenty-six inch affair and of straight youthful line. It has the high front closing and one side lapel. The front is slightly cut away in the new rounded line, and the little embroidered arrows, imitating darts, are very novel. Trimmings of large cloth bow, buttons and imitation ivory buttons of ball form add chic to the suit.

Little Things That Count.

Business woman should not ask favors of her employer. The employer soon begins to feel that there are other things which are of a great deal more importance to the employee than her work.

It is the little things which make or do not make the business woman a success. One of the first things to be learned by a young woman is that of being attractive and showing an interest in the work she is taking up and is not interested alone in the salary she will receive.

It certainly does not pay a business woman to tell of her great ability and merits. Time will show the sterling qualities she possesses—a nothing else can. Above all things, there is nothing more disgusting than to hear girls continually talking of the opposite sex. Don't do it, girls.

Clothes are another thing which is not given enough of the right kind of thought. The young woman, accompanied by a friend, will go into a store and try on a garment. The friend will begin something like this:

"Oh, how pretty you look in that!" or "That is certainly nifty on you!" and this will be repeated a few times or something similar until a garment is bought, and often the purchaser is not satisfied, but thinks if the garment makes her look so beautiful she should not do without it. Always look for something practical, durable and becoming and decide just what you want before going into a store and don't say anything else. Always pick for something which will look "beauty" as well in six months after you buy it as it does the first day.

Then the way clothes are taken care of is as important as, if not more important than, the buying. Always keep dresses, skirts and coats in hangars when not being worn and have a steam iron brush them and always keep them brushed well. It is an excellent plan to have a cleaning woman on hand in a bottle and have over each garment every night when taking it off and not let the spots accumulate.

After a season for a certain weight of clothing is ever taken a big box label is put all at that weight into this box. It is well to have three or four big boxes, one for summer clothing, fall, winter and spring clothing.

The Fad of a Princess.

Princess Patricia has that rare and rather dangerous talent for caricature which may be described as satire of the pencil, and lately she has been amusing her family circle with something daring "take-offs" of them selves. She represents the Duke of Devonshire (her father) in a violent rage wearing the uniform of a field marshal and calling out "Where's my horse?" This sketch is framed and hung up in the billiard room at Balmoral. The princess colors her sketches and gives them a dainty and dashing finish which makes them excellent pictures apart from their value as portraits. Just occasionally, of course, she is managed to get into trouble with them. What caricaturist does not?

SEMI-PAVLOV



SEMI-PAVLOV AND PATRIOTIC FAVORITE.

A pretty table set for a valentine luncheon has a centerpiece formed of a bowl of flowers, the small, fragrant pink roses which because of their short stems are less expensive than most kinds. In the arrangement two are thrust vertically. A pink ribbon is tied around the bowl, with a big bow at one end, and from the center of narrow strips of pink ribbon are suspended, where they are attached to a place card, if the luncheon is a small one, four valentines. If large, they are used for lighting, shaded with fancy pink shades.

If possible have original sketches in ink on the place cards. If they must be made of blue card board, cut heart shape, with the name and an appropriate verse printed on them. They should be made to look like valentines as much as possible. A tiny pink envelope addressed to each guest might be found at the place with a valentine inside. If the place cards are place cards why more fun and interest will result if the valentines are tucked away at each place also. The heart shaped valentine illustrated is provided with a cardboard back so that it may be used as a dinner or luncheon place card. The patriotic candle shades are especially made for Washington's birthday parties and are in the form of cherry tree trunks with openings at the top for the tall candles.

Ribbon Trimmings.

A list of what may be expected in hat trimmings may be gleaned from the chic model pictured. This is a beautiful and smart model.

It is said that ribbon of soft and beautiful colorings and combinations of coverings will adorn the smartest of the early spring hats.

Not a Bad Prospect.

Some of the business of Cabinet Home had "Sally's" built up by themselves, as well as some pieces of dress goods corresponding to the change of style and coloring. If a woman followed suit there would be fewer atrocious collars.

A little about special underwear, but it does not seem to do. A lot of one-half bodices with thin, fine, Greek style or the Russian saguareotype design could not fail to be a convincing proof of ourselves as others see.

The greatest beauty cannot afford to trifle with her hairdressing. It is only the plain woman who boldly defies looks to be in the style.

New Fancy Work.

A new and engaging set of fancy work is the crocheting of chain mesh bags in gold, silver or other metal threads. The top of the bag is finished in a shell or picot stitch, and if a very elaborate affair is desired the same decoration is used at the sides and lower edge. It is doubtful, however, if the extra frills are an improvement. The finished product is lined with satin and drawn up by a cord and passed through a ring and other fancy work. Little things are revived in the same way, and those who have become adept in the art are never at a loss for gifts.

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Cookery Points

Never to Forget an Important Point.

An important lesson which every girl should learn is to be careful in the use of food. The way to be careful is to eat only what is good for you. Do not eat anything that is not fresh and clean. Do not eat anything that is not properly cooked. Do not eat anything that is not properly stored. Do not eat anything that is not properly prepared.

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