

A LAUNDRY EXPERIENCE

OF

1880.....32 YEARS.....1912

Our President Mr. J. E. Kelso, celebrated Wednesday, his 32d year in our laundry.

Our success has been due to his laundry knowledge which results in our giving you perfect work, prompt and efficient service and long-lived linen.

'Phone 899 To-Day

KELSO LAUNDRY CO.

497 State Street



Remedies For Red Hands.
When red hands refuse to yield to conscientious external applications you may be sure the cause of the trouble is not with the skin, but has its beginning in some sub-luteral disorder as indicated by definite eruptions.

Unmistakable warning is always given when the blood is sluggish. Hands and feet have that peculiar sensation we call "going to sleep." There is a feeling of numbness occasioned by the slightest pressure on the blood vessels or the least bit of inactivity. A good tonic will sometimes correct the trouble by enriching and giving substance to the blood, but the best and in fact the only absolutely reliable remedy is that bane of the luxurious woman's existence—exercise.

When you say exercise to the beauty seeker the chances are she immediately begins to lose interest.

"Yes," she says, "I know perfectly well that walking and riding and boating and swimming and all the rest of them are destined to make one a moving beauty, but I don't care for them in the least. I want to grow lovely sitting still."

Which is a very old and a very human plaint after all. Like the king who sought to win all the knowledge of the world by reason of his sovereignly, this seeker of the easy path must realize sooner or later that there is no royal road to cultivate beauty.

It is a matter of patience and endurance pure and simple, but the reward is worthy of the endeavor.

And so the red hands that refuse to yield to lotions must have a treatment of rapid walking, rubbing, anything that will quicken circulation. Find the exact condition of the heart by consulting a physician, and if there is any valvular trouble, with that organ exercised is the certain cure.

As an added precaution use only soft water to bathe the hands. If it is hard add a pinch of borax and dry the hands well before going into the open air.

To Make Liquid Powder.
Women of refinement have discovered the value of a facial powder which freshens the skin and which at

the same time possesses the much desired quality we may call stick-tativity.

Spormax is the foundation of the new beauty adjunct, and its devotees declare it is invaluable.

The great trouble with most powders is their fleeting nature. One may look quite fresh and well complexioned before the dressing table mirror, but by the time the first block is traversed all the beautiful creaminess has disappeared. The problem of an effective and at the same time lasting powder is a constantly recurring one to a number of women.

The new remedy is so simple the wonder is it did not come to light sooner. Take four ounces of spormax, dissolve it in a half pint of water, and add two teaspoonfuls of glycerine. A bit of a face-scent makes it more agreeable to some. Bottle the solution carefully, shake it well before using, and apply with a soft linen cloth. If the end doesn't justify the means your case will be a rare exception to the rule.

Spormax action clears the skin of mites and blemishes, takes away the muddy yellow tint so unbecoming and so indicative of neglect and replaces it with a fresh glow and an improved and finer texture. It takes the place of both a nourishing cream and a powder. Best of all on our list, it states so its popularity is an unassailable fact.

A Manicure Tip.
Instead of always cleansing the tips of the fingers with water and soap, try using cold cream now and then. There is nothing so beneficial to both the texture and the shapeliness of even well-kept fingernails. When the surface of the nail appears rough or ridged, soak the finger tips in warm sweet almond oil for five minutes every night. The oil should be tepid in temperature, and the same bath may be used many times. Vasoline is really more effective than cream in nourishing the nail structure. Apply it with the fingers after the oil bath, being careful to rub it carefully into every crevice at the side and base of the nails. Rub with a piece of chamois to drive in the grease, and then with the flat end of the orange wood stick push back the flesh and cuticle from the base of the nail. Clip ragged edges of the cuticle with sharp manicure scissors, but do not trim the cuticle itself. Rub in the vasoline and make a second application.

Fashion Says Blonds Must Go.
The color of hair considered the "smartest" this winter is chestnut brown—quite dark under a hat, but with a touch of gold in the sunshine. A woman with natural blond hair

never wishes to have it artificially darkened.

The craze for red hair has disappeared.

The smart New York woman this winter must look very innocent and girlish.

Washington society has given these reds official sanction. They follow the scientific declaration of a Paris savant that blonds are disappearing in the course of evolution and that three generations hence the blond type will be practically extinct.

How a Wild Horse Breaks.
Rufus Steele, in Mustangs, Busters and Outlaws of the Nevada Wild Horse Country, in the American Magazine, tells of the capture of a wild horse. It is no sport for a cowboy. But busters are trained to the game from childhood.

A young man, a cowboy, was in the part of the start. He knew edge of what he must be a heritage from his ancestors, for all horses are, and all American wild horses are sprung from horses that were captured men. He is a descendant of a man who tames straight horses and wild. When he and you are high in the air he reaches his back and stiffens his body to keep upright. Thus he comes back to earth. The sensation to the rider is as if his spinal column had been struck by a pile driver. The impression is not analyzed at the time, for the horse goes into the air again immediately. He swings to right or left, or he changes ends completely while in the air, and you come down facing southward or northward, you are facing northward when you ascended.

Curious Way of Catching Fish.
Indians of Brazil have a peculiar method of catching fish. A woman takes the milk of a cow and uses the milk of the woman's own man. She then pours the milk into a large jar. She then pours the milk into a large jar. She then pours the milk into a large jar.

Changes in Word Meanings.
Many common words have once had a meaning very different from the one we now give them. "Silly" once meant blessed. "Thou silly babe," the poet writes. "Fool me foolish." A "fond father" was a foolish father. Milton writes: "Dost God exact day labor light denied? I fondly ask."

Fastening For Health.
Thousands of years before it was practiced as a religious rite fasting was practiced as a health measure in Egypt, India and China. "Contemporary to Cleopatra" was Asclepiades, a Greek physician, who strongly advocated this idea, and 1,000 years after his day Ibn Sina, philosopher and medical sage, argued the virtues of temporary abstinence on the ground that it came easier than constant moderation.

The Silent Moon.
Dead silence reigns on the moon. A thousand cannons might be fired and a thousand drums beaten upon that airless world, but no sound could come from them. Lips might quiver and tongues essay to speak, but no action of theirs could break the utter silence of the lunar scene.

Disappointed.
"So you advise me not to sue?" said the client.
"I do," said the lawyer.
"Well," returned the disappointed client, "it seems strange that when a man pays for advice he can't get the kind he wants."—Chicago Post.

Willie's Question.
"Pa."
"Yes, Willie."
"Pa, how is it that my hair has grown longer than yours when yours has grown longer than mine?"

Her Dear Friend.
"Jack is blind in love with you."
"How do you know?"
"He told me he didn't think you looked a day over twenty-nine."—Tolado Blade.

Thought Reading.
"Can I see you apart for a moment?"
"You mean alone, don't you?"
"Exactly; I want the loan of a liver."
—London Bystander.

When China Was Good.
During the reigns of Yao and Chun in 2200 B. C. virtue pervaded China, and crime was unknown, while prosperity abounded.

He who is most slow in making a promise is the most faithful in its performance.—Rousseau.

WASHINGTONIAN NEW YEAR.
Recipes For Reception a la George and Martha.

To hold a New Year's reception a la George and Martha Washington the drawing room should be arranged to look like that of a century ago. Let holly and mistletoe festoon doors and arches and be massed with pine and hemlock and other evergreens knotted with cherry colored ribbons.

The gowns and headdresses of the ladies invited to attend may be copied from old fashioned prints or reproductions of portraits of his arctic belles. The old brooches, the powdered hair and complexion patches will transform the appearance of modern beauties and belles in a manner truly wonderful. A few lines pencilled on the face will aid in suggesting the appearance of the individual whose personality is to be represented. Every guest should be at liberty to select the character most pleasing to himself or herself. Of course this choice should preclude the characters of Washington and his wife, which belong to the host and the hostess. If they have a son and daughter, Jack and Nelly Custis should be represented by their son and daughter.

The minuet will, of course, be the first dance, and it should be led by the host and hostess in the costumes of Washington and his wife. If other than buffet refreshments are served, the host takes to the dining room the most distinguished lady present—that is, the one whose position in the society of the time represented was most important. The hostess takes the most distinguished gentlemen to the dining room. The selection, of course, will be largely influenced by personal feeling.

In the center of the dining room is placed a handsome decoration representing a chime of bells bearing a silver star and the figures denoting the date of the new year should be placed on a bank of green or of flowers. Ribbons streamers, red, white and blue should extend to the edge of the supper table, where waxen cherubs, such as are made for decorations on the top of a Christmas tree, perch among the little cluster of flowers intended as souvenirs for guests. A knot of red white and blue ribbon should tie the flowers intended for the ladies. If individual menus are prepared each may be given a personal significance by being inscribed with a verse relative to the flight of time. Any dictionary of quotations will supply the lines.

The dining room ought to be lighted entirely with wax candles in handsome candleabra.

Rhetoric and Logic.—It is the same instruction which has prevailed for centuries, and one who goes into the great court where the circles of students are sitting at the feet of their Gamaliels looks upon a scene preserved from the middle ages, "a perfect specimen, living, breathing and entire."—Argonaut.

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