

# Woman's World

A Possible Mistress of the White House



**Mrs. J. C. Burdick.**  
**Mrs. Joseph W. Folk.**  
Should Joseph W. Folk succeed William Howard Taft as president of the United States his wife will prove a gracious chatelaine of the executive mansion.  
Mrs. Folk is a delightfully cultured woman of southern birth, Tennessee being her native state. Although she is not strictly speaking a society woman, the gubernatorial mansion during her husband's administration as governor of Missouri was the scene of much charming hospitality.  
Like Mrs. Taft, Mrs. Folk is an accomplished musician, and her tastes are decidedly literary.

**Woman and the Home.**  
A house without a woman is accounted to very little. It may be a magnificent place or a heritage or a makeshift, but it cannot be a home. Woman is forever the center of home, and home is forever the center of things. Christy looks back toward the home at Nazareth, and reverent painters portray the holy child in his mother's arms for countless shrines to enthroned. National glory rests upon the pillars of the home. Business gathers its millions only to adorn these homes in the end, and each dollar at the bottom strives for his dream, too, of a happiness between four walls with wife and child.  
Woman at present, however, is tempted to decenter herself. The temptations of the earth and the glory of the stars seem to be called for her choice. She desires to work for him, to go, and to prove herself in industry outside the house. All this is well enough if she realizes in time that home is better still. But the modern world is full of decentered women who either cannot get back to the center of things or have lost the wish to do so. Even if they marry they do not want to be "led down" to home and children. And it is perfectly possible in the first part of their lives to remain out from the center and still lead life worth while.

But after thirty years or so the decentered woman must lose by it. She is not the soul of anything. She is not vitally necessary anywhere. Her life is essentially shallow. The home without a woman in it, the woman who is not making a home for others—these mean life without a center, life gone away. If it cannot be lived it is not enough. If it can be lived it is not the worst and bitterest kind of mistake.—Harper's Bazar

**Hot and Bag Match This Season.**  
Small hats and huge band bags—this is the mandate of fashion for fall, and some of the smart little helmet hats to be worn with tailored suits of checked and moiré are shown in the



**When Worn Well.**  
More Man—What are those hats made in front of the mirror? Well, Clerk—those are reproductions of the various candidates. A woman doesn't think of wearing anything except from a pattern, you know.

# Milady's Mirror

**The Perfect Woman.**  
Not in character, but in physique. Here are her measurements: Height, five feet three inches to five feet seven inches; weight, 125 to 140 pounds.  
A plumb line dropped from the tip of her nose falls at a point one inch in front of her great toe. Her shoulders and her hips touch a straight vertical line. Her waist tapers so as to touch at each end a line drawn from the outer third of her collar bone to her hips; bust, twenty-eight to thirty-six inches; hips, six to ten inches more than her bust; waist, twenty-two to twenty-eight inches.

Her upper arm ends at her waist line, so that she can rest her elbow on a table while standing erect, and her forearm extends so as to permit her fingers to touch a point just below the middle of her thigh. Her neck and her thigh are of the same circumference, and so are the calf of her leg and her upper arm.  
Her legs are about one-half her height, or as long as a line drawn from her chin to her finger tips. From her waist to her feet she measures about a foot more than from her waist to the crown of her head.  
Nose twelve to fourteen inches; head on a line with the central plane of her body. The size of her glove is just twice the size of her shoe.  
Those of us who do not measure up to these requirements may console ourselves by reflecting that perfect beauty grows very monotonous.

**For Dull Complexions.**  
Women who are dull in coloring should never surround themselves with brilliant shades. They will only accentuate the point which they wish to conceal. A dull jewel is never combined with a beautiful brilliant. The contrast is too great to show off either to any advantage. Women of this type should wear a jewelry from the jeweler, surrounding themselves only with such hues as will harmonize with their own indifferent coloring.  
It must not be supposed, however, that the wardrobe will be unattractive because it must be selected from the somber shades. There are a great many colors of the softer tones which are very beautiful.  
A soft gray can always be worn to advantage by dull women, as it throws whatever color they may have into high relief.  
The subdued pinks and purples are also attractive, as is that pinkish brown shade called ash or rose. This is almost any tone except the most brilliant tints, such as electric, Yale blue, etc., can be worn by women who belong to this class.

For evening wear lavender, pink in the lights, rose, yellow combined with some deeper tone such as gold or blue, which will give it brilliancy. A blue and a very soft shade of rose are the colors which should be selected. Those to be avoided are browns in all most any tint, green in all its variations, red and black and white.

**Powder Puffs.**  
If lip pencils are used it should be with discretion, and the blending should be perfect.  
Use an application of cold cream to remove the dust and grime from a dry skin and a soft cloth dipped in alcohol to cleanse an oily skin.  
Place sachet bags of a favorite scent in bureau, dressing table, boxes, chest and drawers. The perfume thus given will be subtle and delicate.  
File the nails a trifle each morning to keep them in shape, one or two strokes being sufficient to keep them in order if this plan is pursued.  
An excellent heliotrope toilet water is made of half a pint of extract of rose, three ounces of extract of neroli, a pint of tincture of vanilla and seven drops of oil of bitter almonds.  
A tiny bag of tinted or Dolly Varden ribbon lined with chamomile and holding a small powder puff can be tucked into the waist. It proves very handy when shopping or on a pleasure trip.  
It is no longer considered good form to shape nails in accentuated points or otherwise render them conspicuous. Bring them to a well rounded oval in the center, and do not polish them too highly.

**Smile to Be Pretty.**  
Do you know that beauty's greatest adjunct is a smile? This outward expression of inward pleasure is the cure for all frown lines and shadows. Like a magic iron it smooths away the traceries of trouble and worry, leaving a serene expression touched with the high lights of happiness.  
The persistent patron of the beauty counters need not think she can attain charms by external applications alone. Without the aid of the smile and the kindly thought the "cream" so ardently recommended by their expeditors will work no wonders. Reliable remedies, aided and abetted by a real smile, will keep the face youthful and charming always. Before its refreshing influence age fees as mist before the sun, and youth peers out from between the rose curtains of faded cheeks.  
Do not be afraid to smile—and keep on smiling. Beauty, like happiness, is a radiant power emanating from the heart, so that the woman with the smile is always beautiful.

# MME. PAQUIN'S GOWN.

Worn by the Great French Dressmaker.



PAQUIN MODEL IN BROADCLOTH

This strikingly handsome three piece costume was designed by and made for Mme. Paquin, the head of the great Parisian dressmaking establishment that bears her name. The skirt wraps the figure just about as closely as possible and does not bespeak increasing width in skirts. The narrow bodice, with ornamental scraps of navy blue cloth piped at equal distances to form in-b and a half stripes. Over this is posed the tunic, which opens at the left side to reveal the striped petticoat. On the corner of the tunic is a large motif in soutache, together with ball buttons in white pearl placed in double lines along the edge.

**Dancing School Wrap.**  
Very much on the order of a Red Riding Hood cape the little wrap shown in the illustration, which is especially designed for wear over the delicate



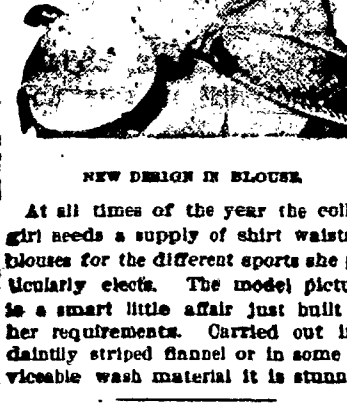
CAPE OF BROADCLOTH

the dancing school dress. The hood is a fine protection against the wintery winds. Broadcloth or any rather heavy material is suitable for the cape, with a pretty silk lining for the hood.

**A Georgia Woman Invents.**  
Mrs. Gertrude Smith of Virginia, Ga., has recently invented two kitchen devices which will be of great good to housekeepers. One of these is a coffee and tea strainer, the other a percolator, and both may be used with the ordinary teapot or coffee pot.  
The two new inventions save money as well as time, the inventor claims, and Mrs. Smith is being besieged by inventors and manufacturers for the right of sale of her useful articles.  
Mrs. Smith's invention, which indicates a practical interest in household affairs at this time when women are so generally charged with carelessness in this direction, is most refreshing, and she has been invited by the Atlanta committee to exhibit her inventions in the women's department of the Appalachian exposition, which will be held in Knoxville, Tenn., early in September.

# COLLEGE ELUCSE.

Just What's Needed For Athletic Sports.



NEW DESIGN IN BLOUSE

At all times of the year the college girl needs a supply of shirt waists or blouses for the different sports she particularly elects. The model pictured is a smart little affair just built for her requirements. Carried out in a daintily striped flannel or in some serviceable wash material it is stunning.

**Harmful Styles in Women's Dress.**  
The following extract is clipped from a recent editorial in the Ladies' Home Journal, and "pity 'tis, 'tis true." The men's position of deference toward women is changing admits of no question. It is noticeable on every hand. But let women quietly ponder and ask "Why is it?" and they will find that the insidious loss of respect is based on the little things that men have always associated with them and that women are losing sight of—the feminine foolishness that are sadly growing on modern girls and women. Small in themselves, yet, but now it is one small thing, and then it is another, and after awhile the whole mass of small things becomes a formidable mass, and gradually the estimation that has received a succession of constant little jars is found to have become weakened. Believe it or not as women may, that is where the danger stands today in America, and it is a position neither pleasant nor desirable. Women are pulling themselves down slowly, but none the less surely, in the eyes of men by their growing tendency to place the emphasis on the things that are not worth while. The women who represent the best of American womanhood recognize this condition and deplore it just as much as do the men, and it is a grievous pity that the sensible portion of American women have not more insistence on that larger majority of the sex who are today playing with their greatest source of protection, the respect of men.

**Shrinking Wash Goods.**  
Keep your material in the shape it comes as when bought, opened only enough to lie easily in the tub to cover the goods and leave sufficient length of time to be thoroughly shrunk. Then lay a broom across the tub and carefully hang the material on it still folded. Thus it will drain in the tub and dry. On removal the goods will be as pressed and smooth as when bought. A little salt in the water will also set the color at the same time.

**Picturesque Evening Frock.**  
The season's evening frocks all make for picturesque effects, and the costume in the cut is a charming example of this mode. It is girlish, though quaint and effective in treatment. The



FROCK OF CHEIFFON AND LACE

material used is pale blue chiffon over satin of the same shade. The band of black velvet across the front of the skirt is a novel feature, held in place, as it is, with an exquisite pink silk

# Points for Mothers

**Dr. Wiley's Advice.**  
Children under ten years of age should not eat at the same time with the adults.  
If mothers knew the enormous advantage to be derived from such a procedure they would welcome the idea. Children would then eat food especially suited to children. Things would be cooked, and they would have before them just what they should eat.  
As it is they see the food before them that is eaten by the grownups, and they demand it, cry for it, coax for it or cajole by any other method that the little one is heir to, and the fond parent is too often prone to say, "Oh, let him have it this once." And there you are. You know the rest—the little fevered brow, the colic pains, etc.

But if with a bit of extra work the little ones were permitted to have only that which is recognized as good for them their stomachs would be larger than their stomachs, and the resulting food of all concerned.  
Berries are very plentiful and are very good food, only they ought not to be served to children unless the seeds are extracted. That is, they may be cooked and the pulp and juice only given to the children. Seeds are indigestible, and there is a possibility that they may lodge in the appendix.  
The truth of the matter is that all foods at this time of the year are nourishing if prepared properly. The great mistake made is that we do not take time to prepare them. Especially in this bad for the child. Nice cut of tea children, perhaps, do not know how to chew their food properly. They swallow it as soon as possible, and thus chunks of fresh food are given to the digestive organs, which are unable to cope with them. Especially is this the case with uncooked fruits.  
I would put a ban on nearly all uncooked fruits for children. They probably cause more trouble than anything else, and kill on account of improper mastication. But if fruits are cooked it is another matter. It is, too, an easy matter for nature has intended the summer season to be one of vegetables and fruits, and it should be taken advantage of.  
In regard to infants I have one thing to say. Last and always, and that is a strict diet of pure milk, preferably mother's; if not this, then some healthy animal's.  
Milk for the babe is the one great food principle intended by nature, and nothing can take its place. But especially in the hot weather great care must be taken to guard the condition under which this milk is finally made ready for consumption. Very often there is a great mistake in quitting the milk diet for children. I would suggest that under the age of three years milk should be the child's chief form of food.

**Children's Dresses.**  
Every mother desires to see her little girl dressed attractively. She can accomplish this by making their frocks herself or with the help of a seamstress. Materials can be bought for such small price now that every young miss should be provided with one or two new dresses to begin the school year and to carry her over to the winter season, when cloth frocks are needed.  
One pretty little model is made of pink dotted lawn trimmed with bands of white eyelet insertion. It is a one piece model, closing at the left side and having a square neck. The neck is finished with a band of the insertion, which continues down the side of the front, where the dress opens, and is used for a belt and cuffs.  
An embroidered guimpe with long sleeves is worn with it if desired. Another frock of blue and green plaid has a plain blue gingham yoke cut square and trimmed with rows of white cotton soutache braid. Cuffs and a belt are the same. The material is laid in three box plaits in front and also in the back, which fall straight to the hem. The sleeves are short and slightly full, giving plenty of play for the little arms.  
A frock of blue and white polka dotted percale has a shaped bib yoke of plain blue, which extends over the shoulders and is edged about with two rows of white linen braid. Deep shaggy cuffs trim the long full sleeves. The hem of the skirt is formed with a five inch band of pink rib with the top edged with braid. The bodice is quite plainly cut and joins the box plaited skirt with a narrow belt of plain chambray braid. A shirred guimpe having a high collar is worn with this dainty and suitable frock.  
From any one of these three models choose a new dress for your little girl.

**Amusing the Kiddies.**  
A mother who likes to see her little ones and lambs in the home interested in some occupation told them the other day that she would give a quart to each child who discovered for her or herself the pecking in which the following birds were mentioned: The dove, sparrow, swallow, stork, pelican, raven, hawk and eagle. Of course it was not allowed to use the conventional. After the birds were "discovered" another told all the stories she knew about them, and the children had started to talk also, and the day, which was a rainy day, was one of the happiest of the vacation.

# FATHER KIDNEY'S NERVE TONIC

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