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**Cookery Points**

**Giving a Luncheon.**  
An important point to remember all ways in entertaining is that it is not nearly as important to serve many courses or much in each course as to serve everything very prettily and take infinite pains in the garnishing of the different dishes and the way that they are passed and served.

Here is a suitable menu. Grapefruit cut in halves, the fruit scooped out carefully, the tough membrane removed and the fruit flavored with lemon juice and powdered sugar and a little marmalade. If you wish, and put back into the halves with a few candied cherries used for decoration on top of each half. This course should be ice cold, and each half should rest on a plate with a dolly and be eaten with an orange spoon or tea spoon.

For a second course have bouillon in cups, but do not have croutons, they are not enrage at a luncheon. It would be superfluous to have the orange juice, oysters and bouillon. Orange juice by itself would be rather an unusual course, and it would not be advisable, and oysters on the half shell are seldom seen now at a luncheon. The grapefruit will not cost any more than the other two courses and is exactly the thing for the first course. Creamed salmon in ramekins served individually will be correct for the fish and third course, and brown bread sandwiches, the bread cut very thin and the sandwiches in fancy shapes will be a good addition.

Halves of broiled chicken served on toast with currant jelly, potato croquettes and green peas or French string beans will be all right for the substantial course, but it would not do at all to have chops afterward. Omit that course altogether; the birds are enough for the meat course.

Roman punch may come after the birds, served individually in punch glasses or ice molds. Waldorf salad served in apples, with cream cheese, heated crackers and bar-bi-due jelly will make a good salad course.

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Do not pass olives with it. If they are served they should be a separate course, coming between the bouillon and fish. They should be passed with radishes, celery stalks and salted nuts.

Strawberry shortcake would be a better dessert than ice cream, or you might serve a frozen pudding with a sauce if you prefer it to strawberry shortcake. As a final course have bonbons and fruit and serve coffee in demitasses in the parlor after luncheon.

Chocolate passed in cups with whipped cream on top would be correct if it is liked. The chocolate cups and saucers should be removed when the table is cleared for dessert. If an additional course is desired have between the fish and fowl fried sweet breads with green peas and have some other vegetable with the birds.

The oyster fork may be put on the oyster plate or at the left of the cover at the head of the other forks, put a little mustard, or laid regularly by the fork. The knives are always put on the right of the cover. With this menu above you will need only one knife for the birds and a small silver knife for the salad course, for the cheese and bar-bi-due. Have the table prettily decorated with spring flowers and bonbons and decorations to match.

**Lobster Novelties.**  
The hostess who is tired of plain lobster salad, lobster fared or lobster Newburg will find a pleasant change in lobster cocktail as a first course, in fried lobster for a fish course and in creamed lobster on toast as main dish for a family lunch as well as a fish course.

For the cocktail cut the meat of boiled lobster into good sized pieces—about half the size of an oyster—and serve in a sauce made of a tablespoonful each of Worcestershire sauce, tomato ketchup and lemon juice, flavored lightly with cayenne, a drop or two of tarragon, salt and a teaspoonful of fresh grated horseradish.

Mix the lobster in this sauce and let it stand on the ice until well chilled. Serve in glasses like the oyster cocktail. Instead of the ketchup a pleasant change is made by using chili sauce or Oscar sauce in the dressing.

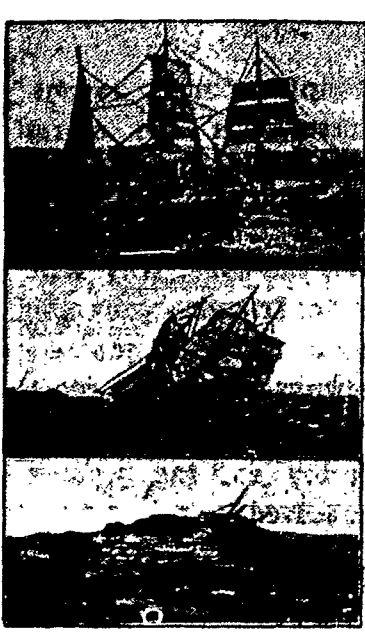
Cut as big and shapely pieces as you can get for the fried lobster, which is first boiled. Dip in eggs and bread-crumbs, fry in boiling fat just before serving and drain on brown paper. Serve with a hollandaise sauce, to which are added chopped olives and a little onion juice, or with a sauce tartare mixed with fresh peas.

Dice boiled lobster that is to be served on toast and marinate in a little lemon juice for a few minutes. In the meantime make a rich cream dressing or white sauce, highly seasoned with cayenne and a few drops of onion. Add the lobster to the hot sauce. Let it simmer only for five minutes and serve at once on hot buttered toast.

**Celery Toast.**  
Cream a tablespoonful of butter, one of flour and one-half teaspoonful salt and add three cups of milk. Cook until it thickens and then add one-half cupful of chopped celery which has been cooked until tender. Four over squares of buttered toast and serve hot.

**For the Children**

A Ship Photographed While She Was Sinking.



The illustrations shown above are reproductions of the remarkable photographs taken of the three masted sailing ship Arden Craig as she was found drifting off the Solly Isles, which are situated twenty five miles southwest of Land's End, the extreme southwest point of England, says Popular Mechanics. The first photograph was taken just after the deck became awash, the second as she heeled over for the final plunge and the third a moment or two after she went down. Several hundred people witnessed the sinking from the shore.

**The Particolored Bear.**  
The particolored bear, (*Ailuropus melanoleucus*) is so rare an animal that it deserves more than passing notice. This particular specimen was acquired by W. N. Ferguson, a missionary in Szechuan, from a Tibetan hunter. Its habitat is the dwarf bamboo and rhododendron forests which clothe the hills at an altitude of from 9,000 to 11,000 feet in this part of China. It is a vegetable feeder. The soles of the feet are hairy, and, though very bearlike in appearance, it has been named the great panda by Sir Hay Yankester, as the structure of the skull and skeleton shows it to be closely related to the Himalayan panda or wah. It has never been obtained by a European sportsman and was originally discovered in 1869 by Père David in the mountains of west Tibet. The panda, a very handsomely colored little beast, is the only old world representative of the raccoon.

**On the Cars.**  
Here is something that may amuse you some time when you are in the trolley car or elevated train and are beginning to feel tired. Compare the advertisements in the car with the people who are sitting beneath them. The contrast is often very funny. For instance, you may see an elderly gentleman below an advertisement for babies food, or a baby beneath a shaving soap advertisement, or a very bald person sitting unconsciously beneath a hair tonic sign, or a tramp beneath a soap advertisement. It is fun, too, to read from one advertisement on to the next, as though they belonged together. You may read, for instance, that a certain breakfast food is excellent for the hair or that condensed soup frequently applied will make your garments look like new.

**Queer African Town.**  
The town of Abu Hamed is located where caravans quit the river Nile and begin their journey across the desert. Merchants leave their merchandise there and load up again with goods that other merchants have left there for them. There is nothing unusual in this, the strange part being that no storerooms or depots are used for the protection of these goods, often of priceless value. The curious story about Abu Hamed is that goods left under the monument dedicated to St. Abu Hamed are safe. Here they remain in the sand beneath the monument for months or years. No one will molest them. They are considered to be under the protection of the saint himself. There has never been known an instance of loss or theft of any goods.

**Tree City.**  
I know a little city on a green and sunny hill. Where a hundred tiny families have homes. Its byways are uncrowded, its leafy lanes and there no noisy railroad ever comes. The homes are high and airy. They hang and rock and sway. Whichever way the summer breeze blows. They have no doors or windows, no roof to blow away. But leafy awnings shade the babes below. The fathers and the mothers all earn their daily bread. And bring it to the little ones who cry. They do not ride or motor; they do not fly; instead They choose the very latest mode—they fly.

The happy little citizens who live so high and sing and sing and sing the whole day long. For the peaceful, quiet city is a green and leafy town. And the dwellers there are birds, whose life is song.  
—St. Nicholas.

**FOR THE CHILDREN**

**Bedtime.**  
I rather like to go to bed When I am by the sea, For mother draws the curtains up And takes me on her knee. "Just see," she says, "how every night The boats have bedtime too! Old Mother Sea upon her knee Rocks them as I rock you."

And then I saw upon the waves The boats had rocked to sleep, While down the beach I thought I saw The sandman slowly creep. "And what is that, O mother, please, That stands there straight and tall? The lighthouse, dear, that shines so clear? 'Tis the candle in the hall!" —Youth's Companion.

**Foolscap Paper.**  
Many boys and girls wonder why a sheet of paper of a certain size, on which many of them write their examinations, should be called foolscap. It was originally so named because it bore a water mark representing a fool's cap and bells.

The reason for this is as follows: When Charles I. found himself in financial difficulties he disposed of certain privileges in order to increase his income. Among the privileges he sold was that of manufacturing paper. The exclusive right to do this he let to certain parties, who, having a monopoly of the trade, charged exorbitant prices. At that time the law required that all English paper bear the royal arms.

The parliament which met under Cromwell derided and made fun of this law. Among other humiliations to the royal memory, it gave orders that a fool's cap and bells take the place of the royal arms. The journals, which were written on the size paper now known as foolscap, bore a very decided water mark of this sort. When the "rump parliament" broke up the name given to this size of paper remained and is still with us in the foolscap used by children for "examination papers."

**Oil and Water.**  
Drop a small portion of oil into water agitated by the wind, it will spread itself with the most amazing swiftness over the surface. The oil, though it is only a teaspoonful, will produce an instant calm over several square yards of surface. This should be done on the windward side of the pond or river, when you will see the oil spread to almost half an acre in size, making it appear as smooth as glass.

The remarkable circumstance in this experiment is the sudden wide and forcible spread of a single drop of oil on water, for if a drop of oil be placed on a highly polished marble table or a glass laid horizontally the drop remains in place, spreading scarcely at all, but when dropped on water spreads instantly many feet round, becoming so thin as to produce the prismatic colors for a considerable space, and beyond them so much thinner as to be invisible, except in its effect in smoothing the waves. A repulsion of its particles takes place as soon as it touches the water, so strongly as to affect bodies on its surface, such as straws, chips, leaves, etc., forcing them to retreat from the drop, leaving a perfectly smooth space.

**Chestnut Burs.**  
Chestnut burs are brave defenders of the young nuts that hide within the prickly prison that they form about them. Animals cannot get within them; boys hesitate to handle them. But when the nuts are fully ripe and ready the burs open and out fall the nuts smooth and glossy and well formed. When young the burs are bright green and pretty. As the nut forms and grows inside the bur gets more and more stiff and prickly until late in the fall, when it bursts open into four parts. One, two and even three nuts fall out of the soft beds where they have been protected by the prickly chestnut bur. Afterward the bur becomes a dingy brown in color and hard and stiff and more unpleasant than ever to handle.

**Conundrums.**  
What motive had the inventor of railroads in view? A locomotive. Why should a compliment from a chicken be an insult? Because it would be fowl language. What insect does a blacksmith manufacture? He makes the fire-fly. How many of your relations live on your prosperity? Ten cents (tenants). What three acts comprise the chief business of a woman's life? Attract, contract and detract. What did Adam first plant in the garden of Eden? His foot.

**Herd of Reindeer.**  
Few people in this country are aware that just across the line from Alaska, at the edge of the Rocky mountains in the British possessions, there are vast herds of wild reindeer. There is a reason for this situation, however, which makes it pretty clear. For the past two years these reindeer have been imported from Siberia. This is also the reason why the reindeer are getting so scarce in Siberia. The Indians in the far north eat the reindeer meat, which is one of their main articles of food.

**A Magnetic Island.**  
There is a remarkable magnetic island in the Baltic sea, known as Boerholm. It is so formed on magnetic rocks, and they so affect the compass that navigators when in their vicinity have to rely upon stationary objects for steering routes. One submerged rock is so charged with magnetism that the compass on a vessel passing over it dips perpendicularly downward.

**PURE FOOD LABELS.**

They Were Used in Palestine as Early as the Year 150 B. C.

Professor George A. Reisner of Harvard University discovered among some specimens of earliest Hebrew writing in the excavations of the city of Samaria, in Palestine, a most interesting record of the first pure food laws in history. He also found ancient writings dealing with the first instance on record of the keeping of wines in a government warehouse under bond.

Dating back to the period of King Ahab, 850 B. C., these inscriptions are considered to be one of the greatest finds of the Harvard Palestinian expeditions which delved into the city of Ahab and Omri for three years. They found labels on wine and oil jars. These mention the year in which the wine was laid down in the cellars of the palace storehouse, and they state the vineyard from which the wine came, important facts that are recognized equally well by vintners today.

On the oil jars the label runs: "A jar of pure oil" with the mention of the district from which the oil came. The bits of pottery on which the descriptions were written were not parts of the jars, but were evidently intended to be attached to the necks of the receptacles, just as are labels or seals at the present time.—New York World.

**WOOL, SILK AND LINEN.**

**Tests That Will Determine the Quality of the Fabrics.**

If you wish to find out whether the material sold to you is all wool or all silk it is really so simple a matter that you can do it at home. Boil your sample of silk or wool in the entire sample is consumed in the boiling your material is what it pretends to be; if there is a residue that residue is cotton. The caustic solution consumes the animal fibers.

If you wish to find out whether the silk that seems to be heavy silk is weighed with mineral burn the sample and the ash will show you how much mineral weighting there is. The pure silk will be wholly consumed.

In buying or selling linen goods of no sewing or stitching, dip your sample into concentrated sulphuric acid for two minutes and wash it out carefully. The cotton will have been consumed, the linen will have resisted the action of the acid. This test is one that should be made with precaution, as vitriol is not a thing to be tampered with.—Mary Heaton Vorse in Success Magazine.

**Right and Wrong Exercise.**  
The word "exercise" covers a multitude of sins. It is a very loose term used for any form of physical exertion, be it sweeping out a factory, walking home from the office or lifting dumbbells. To say "Exercise is beneficial" is a very inaccurate remark and a very dangerous belief. It is necessary to distinguish between right and wrong exercise. As often as not big muscles in arms, chest or legs are developed, for they actually shorten life unless the vital organs are proportionately developed to take care of them. Men are constantly waiting out their hearts and arteries with some form of violent work they call "exercise." If continued they would die of arteriosclerosis. A pretty good general rule for these men to go by is to take no form of exercise after they are grown up that they cannot keep on with until they are old men.—J. Edmund Thompson in National Magazine.

**Needed the Money Badly.**  
A newspaper man of Washington was approached one morning by a friend who wanted to borrow \$3. The newspaper man, assuming an expression of great sorrow, pulled 20 cents out of his pocket and remarked: "I'm sorry, old man, but you've struck me just before pay day, and I'm broke."

Having made this crafty excuse, he, mentally speaking, planned a gold medal on himself for having evaded the prospective borrower.

"When is your pay day?" asked the friend.

"Tomorrow afternoon," replied the newspaper man.

"All right," said the friend. "I'll come around then."

And he did.—Popular Magazine.

**Merely a Test Case.**  
A burly negro came to the doctor of a West African missionary settlement, dragging his reluctant wife with him. "Doctor, pull one of my wife's teeth out," said he.

The doctor examined the woman's mouth and found only sound teeth.

"Oh, that makes no difference," said the interested negro. "Pull one anyway. If it doesn't hurt her too much then you can pull my tooth that is aching."—Success Magazine.

**The Borrowing Neighbor.**  
"Say, John, yer haven't been over ter my home since my birthday gatherin', jest a year ago termore."

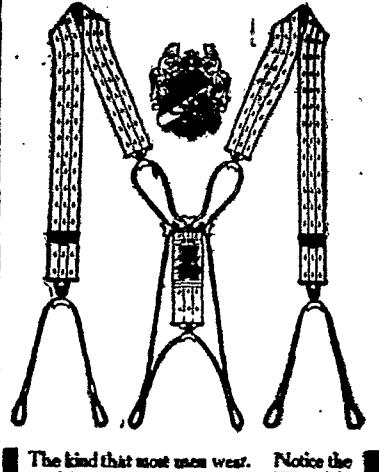
"It ain't that I have hard feelin's agin' you, but you have so confounded many things what belongs ter me that when I come it kind o' makes me homesick."—Pittsburg Times.

**Mistaken Identity.**  
Walking down St. James' street, Lord Chelmsford was accosted by a stranger, who exclaimed, "Mr. Bloch, I believe."

"If you believe that, sir, you'll believe anything," replied the ex-chancellor as he passed on.—A Book About Lawyers.—By Jefferson.

There is a caution which many defect itself; there are many crises in our life when safety lies in courage.

**SHIRLEY PRESIDENT SUSPENDERS**

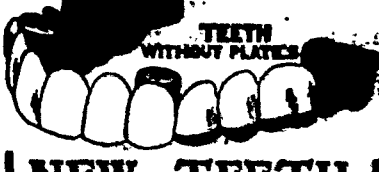


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