

Woman's World

Helen Frick, Heiress, Very Rich, Though Simple in Her Tastes.



HELEN FRICK, DAUGHTER OF PITTSBURGH MILLIONAIRE.

Less is known about Helen Frick, the Pittsburgh heiress, than about almost any other rich girl, says the *New Idea Woman's Magazine*. Her portrait has been painted by a great artist, but the picture is jealously guarded by the family. It portrays a typical American girl with broad forehead, wide apart hazel eyes, a wealth of reddish brown hair which waves naturally and a softly curved mouth. Only the nose and chin suggest the firmness of her character. She does not resemble her mother in the least, her only brother, Henry Frick, Jr., taking after that parent in looks. Helen is a great chum of her mother as well as of her big brother. Mrs. Frick is in no sense of the word a society woman. The home life of the family has been ideal, never having been touched by a breath of those odious scandals which seem to cling to the homes of some of the rich.

There has never been any garish show of wealth in the Frick home nor any parade of philanthropies. Helen Frick is just as femininely human as any other young woman of her age. She is fond of pretty clothes and likes to plan and shop for them herself. Most of her gowns are made right in New York, for, like the rest of the family, she cares little for Europe or its products, although she has, of course, traveled extensively abroad. But shopping is not the unalloyed pleasure to her that it is to other girls, because of the fact that when she starts on such an errand she is obliged to take two detectives in plain clothes along with her. She has objected strenuously to this infringement on her personal liberty. But on this one point she has never been able to out-general her father.

Therefore when Helen Frick goes to buy lace for a gown or a pair of dainty slippers she is obliged to do so with a pair of detectives looking on. And, as she has so often said, "that spoils half the fun."

The Policeman's. The policeman is now to be reckoned with. Kansas City has a woman in police uniform in one of its theaters, and the experiment has proved successful. Miss Lillian Dornan was formerly a schoolteacher in Iowa. Her success in managing unruly boys led eventually to her appointment as special policeman of the Century theater. During a fire in an adjoining building she cleared the house in a manner so orderly and thoroughly, afterward stopping traffic in the street to give the fire apparatus room, that the city authorities bestowed upon her a police officer's commission.

Furniture Covering. If you do not wish to go to the expense of having covers for your furniture made by the upholsterer try the expedient of planning on summer covers.

Out pieces the exact size of chair or section of sofa, allowing enough to turn in a hem all around edge if it be not bound with wash braids. Fasten the pieces in place with big headed white pins placed as close as upholsterers' tacks. The pins are ornamental and form a trimming. If less contrast is desired get pins of gilt or color of braid.

Thunderstorms and Milk. The popular belief that thunderstorms sour milk seems to be pretty thoroughly exploded. Experiment has shown that milk deprived of lactic organisms is not affected by climatic conditions, and if milk is kept cold it does not sour in thundery weather. The apparent connection between thunderstorms and sour milk is probably due to the sultry conditions preceding the storm.

Successful Women. Miss Catherine M. Cook, state superintendent of public instruction for Colorado, and Mrs. Sarah Platt Decker took the leading parts in the laying of the cornerstone of the first building erected in Colorado to be devoted exclusively to the development of household art and women's work. The building is the gift of Senator Guggenheim to the Colorado Agricultural College.

Good Form



The girl who is popular is she who makes a study of the things that are better left unsaid. One need not be aggressive in speech to be a social failure.

On those things that mean to a true brain, yet make us squirm. Sometimes thoughtlessness is at fault again a too hasty tongue—often lack of fine feeling. There is nothing for instance in an nouncing you have been invited to a certain luncheon or dinner yet when that announcement makes another woman realize she is a fill up far better would it be to say nothing about it. You may think it shows how popular is your guest to remark the number of things that are being given in her honor. Tell of this entertaining to a friend who feels she should do like wise but is prevented by poverty. It is one of the things far better left unsaid.

If you are the hostess who has achieved at much trouble two tables of bridge or a simple family dinner for a friend's house guest don't you feel when that friend announces that she was compelled to turn down an elaborate luncheon for your invitation that the information might with better taste have been suppressed? Better unsaid is the gloomy greeting to an imaginative friend. "How pale you look! Have you been sick?" To the average fat woman far better unsaid are discussions on flesh daintiness, big hips and double chin. The hundredth woman may not be sensitive, but the ninety nine secretly resent being asked, "How much do you weigh now?" or "Aren't you stout er than the last time we met?"

The Notes to Write. A girl need not be a brilliant writer to send out pleasing wedding notes. What is needed is sincere gratitude, gracefully but not gushingly expressed. Overpraise is almost as annoying as indifference.

Never be guilty of a set form. Your friends are sure to compare notes and laugh over ready letter writer efforts. Aim to give the individual touch. Introduce the few words that make the sender realize that she is really being thanked, not a job lot of gifts. It is customary to include your fiancé in thanking for a wedding present. Though the gift comes to the girl, it is actually for both and should be acknowledged.

It is also the custom to let your friends in and see your presents. This is particularly necessary when there is to be no reception and you are to live out of town. Set hours may be mentioned if you do not wish to be bothered with a run of visitors. Many brides write notes to their own friends and work a substitute for the friends of their husbands. This is a great mistake, since strangers have often no other way to judge the bride than by her note of thanks.

The Chaperon Question. Is the chaperon growing less necessary? Is it always necessary for a party of young people to have a chaperon? asks an anxious mother.

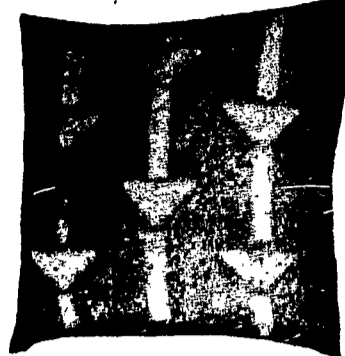
The good fellowship which prevails among young men and young women at the present time has lessened the importance of the chaperon. At all times a chaperon is considered best form, and no matter how well a party of young people may know one another the presence of a chaperon gives dignity to whatever good time they may have on hand and also safety in case of an unforeseen disaster as an older woman presumably has her wits about her in an emergency and can decide what is best to be done. Well bred girls and men would not for an instant think of going off on any expedition unless a chaperon accompanied them.

On Good Breeding. A great part of our education is sympathetic and social. Boys and girls who have been brought up with well informed and superior people show in their manners an inestimable grace. Fuller says that "William, Earl of Nassau, was a subject from the king of Spain every time he took off his hat." You cannot have one well bred man without a whole society of such. They keep each other up to any high point. Especially women; it requires a great many cultivated women—salons of bright, elegant, reading women, accustomed to ease and refinement, to spectacles, pictures, sculpture, poetry and to elegant society—in order that you should have one Mme. de Staël—Emerson.

A Vacation Hint. Young girls who land unaccompanied by escort of any kind at an out of town resort, as it is sometimes necessary for business women to do, need to be careful of the acquaintances they make. If some perfectly unknown man is assiduous in his attentions the unprotected girl should make a point of sitting under the wing of some elderly woman guest at the same house until the man has proved his worth.

WOOD BLOCK PRINTING.

Charming Effects Gained From This Work.



DESIGN WITH WOOD BLOCK DESIGN

Curtains, porch and bungalow pillows, portieres, couch covers, table runners, bags of all sorts, in fact, anything that can be stretched can just as successfully be printed by the wood block process.

A little practice will soon teach the worker what to estimate and what to keep to make a well balanced, harmonious design suitable for this charming craft.

Sailboat Girls Like to Pose. Woman's place in the sailboat is a problem now agitating amateur sailors. The mariners who take their summer vacation as their only opportunity to sail the tricky catboats have found that most of their accidents have been due to the recklessness of their women passengers. It seems to be an inveterate feminine longing to pose about the decks after the manner of girls on magazine covers. The woman who sits on the cabin top is the hardest to deal with. Whenever the boom, jibes the swing of it is likely to knock her into the water. Now it has been discovered that the place for women on catboats is in the cockpit, but this will probably kill sailing as a pastime for women, because it keeps them almost completely hidden.

A Woman's Plan. Mrs. Ellen H. Richards' proposition for what she calls a "household budget" is a very practical one. It is a list of all the things that are used in the household, and one sometimes can purchase for less than half the original price a stock that in the beginning of the season was prohibitive.

Now's the Time to Buy Lingerie Gowns. This is the season of the year to buy a lingerie gown cheap. The shops are all marking down their best models, and one sometimes can purchase for less than half the original price a frock that in the beginning of the season was prohibitive.

Then if one does not care for ready made clothes there is at present the

Do It Now. If you are one of those people who keep putting off doing little tasks about the house until they are piled up mountain high, try the following plan.

Get a notebook and write down in it a list of all the various things you have been meaning to do but never have time to—such as sending off a recipe to a friend, returning the song you borrowed or mending the hole in the curtains. When the list is completed set aside the first afternoon or evening you can possibly spare and work off as many as you can. As soon as you have finished one score it off with a pencil, and you will be surprised to find what a pleasant sensation it is to see the list growing smaller.

Very likely you will clear the things off so quickly that you will be looking round for other things to do.

Of course some people have taught themselves to do things just the moment they are noticed or as soon after as they can possibly manage it and don't need reminders, but the notebook will help those who have not acquired the "do it now" habit.

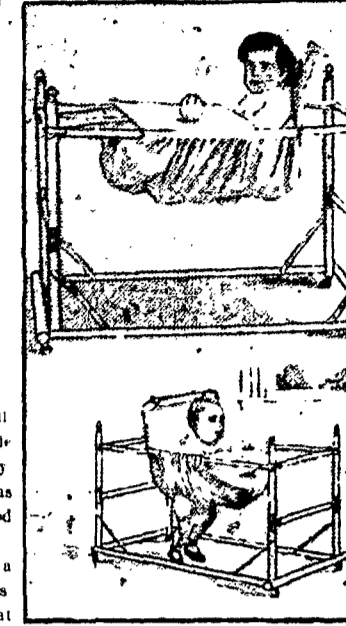


IT'S FRENCH, BUT MAY BE EASILY COPIED

opportunity of obtaining at greatly reduced rates pieces of lace and lovely lengths of insertion and flouncings. The lingerie gown illustrated is a French creation; but, as you see, it may be copied at small cost. The materials used are all over eyelid embroidery flouncings. The skirt consists of two deep pieces of the flouncing put together with a wide insertion of val lace. At the bottom of the skirt, under the scalloped edge of the flounce, is a scanty ruffle of the valenciennes lace. The peasant bodice is formed of eyelid and lace. Outlining the round neck is a plait of black velvet.

COMFORT FOR BABY.

A New Crib the Mothers Will Approve.



THE NEW CRIB.

The up to date mother, you say, doesn't approve of cribs—she thinks the motion of rocking upsetting to the little one's nervous system? Well, the crib hasn't gone out of commission yet, even if she does not approve of this form of bed, and the latest invention in cribs is mighty apt to win over the most stubborn and critic.

It is the most hygienic thing so far made in this line. The framework is of iron painted white. The sleeping quarter is suspended from the frame work and made of strong white duck canvas. At will this crib may be turned into a walking chair or a chair in which baby may safely sit surrounded with toys while mother works or reads. The price of the crib is only \$4.50.

A Daughter's Part at Home. One of the sweetest things a girl can do is to receive friends graciously, particularly at home. In one's own house a cordial manner is peculiarly fitting. Do not stand off in the middle of the room and bow coldly and formally to the friend who has called. Walk over to meet her, give her your hand and say pleasantly that you are very glad to see her again. A daughter's part is to assist her mother in every way on occasion. Apart from and more important than that, her manner to a guest who drops in for an hour or a day is the manner of a daughter to her father and mother. The father returns to his home after a wearying day at business. He is tired in body and mind, says *Women's Life*. Coming back as his last duty turns in the home door he throws off care he is so joyful at the thought of the dear ones he will meet after hours of absence.

His young daughter, in a pretty gown, with the bloom and freshness only girlhood wears, should be ready to give him the attention he loves the best, the hearty word to help her mother and the rest in letting her father see how much he is loved at home. Men give up a great deal for their families their time their strength, the knowledge they have gained in life's experiences. They spend everything freely for their home's sake and the home should pay its debt in much but spoken love.

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A Stork Shower. The women friends of a young matron and expectant mother arranged for her a stork shower which was both useful and pretty. Each friend undertook to contribute some useful article for the little expected newcomer, putting her pocketbook in the selection. The arrangement of the shower was extremely pretty. Four stuffed cranes (which pass muster for storks) were secured in a Japanese shop. They were represented as flying and were depended from the ceiling toward the four corners of the room. Pink and pale blue ribbons were swung from one bird's bill to another, diagonally arranged so that they crossed, and to these various pretty things were pinned.

The phrase that "troubles never come singly" was originated by a married man.

Cookery Points



These are a very popular summer dish and not at all difficult to prepare. The apple jelly is simply meat jelly, beef, veal or chicken seasoned highly with salt, pepper, celery salt and lemon juice and thickened with gelatine. For eggs or chicken veal or chicken stock is used. For tongue or other dark meats beef stock is required. The stock is seasoned with vegetables, peppercorn and cloves during its cooking. Then it is strained, and to every two quarts of the stock a box of gelatin that has been softened in cold water is added together with the whites and shells of two eggs. Then it is boiled hard a few moments until the eggs have entangled the floating particles of scum. Then strain through a cloth. If not perfectly clear, repeat the straining. Add the lemon juice and pour into an oblong granite pan just enough of the liquid to cover the bottom and let it stiffen. When cold, poach a dozen eggs one by one in rapidly boiling salted water to which a tablespoonful of vinegar has been added. To do this in the French way, which wraps the white around the yolk like a cocoon, give the water a hard stir before dropping in the egg. This gives it a rotary motion. Now drop the egg in carefully at the center of the greatest oblation and after a moment's revolving lift the pan to the back of the stove for the egg to cook through. Repeat this process until all are cooked. Now arrange on the stiffened aspic an inch or two apart and turn the rest of the aspic, which has been kept over warm water to prevent its stiffening, over the eggs. The whole layer should be about two inches in depth. When the jelly hardens it is cut in squares or rounds with an egg in the center of each, and is served on lettuce leaves with a garnish of pimientos.

An Old Colonial Cake. An old colonial recipe for yellow loaf cake said to come originally from the family of George Washington, calls for one cupful of butter, two and a half cupfuls of granulated sugar, six eggs, a cupful of thin cream or rich milk, one even teaspoonful of soda, two of cream of tartar, four cupfuls of pastry flour and one cupful of seeded raisins. Cream the butter and sugar then stir in the yolks of the eggs. Add the cream of tartar to the flour and sift them together several times. Add the soda to the milk and mix the mixture into the butter, sugar and yolks. Then beat the whole into the flour and cream of tartar. When smooth add the raisins and finally fold the whites of the eggs whipped to a very stiff froth through the batter. Do not stir the cake after the whites are added. Butter a large tin pan and fill it half full. After it has baked and becomes cold ice it with a heavy snow white icing that will contrast prettily with the yellow of the cake. Citron sliced in thin strips may be used instead of raisins or in combination with them.

This confection may be used as a birthday cake and is very attractive for the purpose.

Cooking Green Peas. It is very easy to ruin fresh green peas by cooking them in too much water, says Cornelia Bedford. This is a frequent fault. For a quart of peas measured after shelling put into a saucepan a large tablespoonful of butter, a half teaspoonful each of salt and sugar and a dash of pepper. When melted add the peas, cover and shake over the hottest part of the fire for five minutes, add three tablespoonfuls of water and draw to one side where they will cook more slowly. Unless old they should be done in half an hour. Add a spoonful or two more of water if in danger of burning, the quantity depending upon their juiciness. They should be almost dry when dish.

Pineapple Jam. Peel and grate as many pineapples as are desired, remembering that the sugar leaf pine is best for the purpose. Weigh and allow an equal weight of sugar. Let the sugar and pineapple heat gradually for twenty minutes, then simmer steadily after the syrup reaches the boiling point for nearly an hour, or until it becomes a clear amber jelly that thickens as it cools. If extremely juicy some of the liquor may be strained from the fruit and canned separately to be used in the punch bowl.

Stuffed Peppers. Cut slice from top and remove seeds. Fill with a forcemeat of chopped English walnuts and hot boiled rice with tomato, butter, salt and pepper. Stand them in a baking pan with a little hot salted water and cook slowly for nearly an hour.

iced Cocoa. To every two cupfuls of cocoa made in the usual manner add half a cupful of whipped cream. Beat it into the cocoa, sweeten to taste and let it stand until cold. Serve in glasses partly filled with cracked ice.

For the Children

Richest Boys In the World.



Marshall and Henry Field, grandsons of the late Marshall Field of Chicago, are probably the richest boys in the world. They are the chief heirs to the \$100,000,000 left by the great Chicago merchant. Still they are not happy. Since last fall they have been at Eton college, England, but they have become homesick and threaten to run away to sea or something else dreadful unless allowed to return to America. So they will be allowed to spend their vacation in the land of the free. They like the ways of American boys much better than those of the Eton lads, although their companions are mostly sons of titled fathers. The eldest of the two boys, Marshall Field 3d, is destined to head the great mercantile institution founded by his namesake and grandfather and is being educated with that future in view.

Putnam's Wolf Den. Everybody in the country is familiar with the story of how Israel Putnam in his youthful days crawled into a den and killed a fierce she wolf that had been ravaging the neighboring sheepfolds 150 years ago.

All admirers of the deed and its heroic deer will be glad to know that the den and its surroundings are to be converted into a public park. The historic den is among high hills in a rugged country some miles from the village of Pomfret, Vt. and is situated at the base of the mountain.

The cavern with the woodland all about it, is on the farm of Phoebe Ann Clapp of Pomfret, and it remains exactly as it was a century and a half ago, except that hundreds of visitors there who came from all parts of the Union, have chiseled their names in the rough rocks about its mouth. The entrance to the cavern is about two feet in diameter. The passageway slants downward at first for about fifty feet further, ascends an easy slope and ends in a narrow chamber—the ancient home of the wolf the ceiling of which is less than four feet high.

A Good Puzzle. Here is a puzzle which you may try to see what you can do with. Tie a string about a yard long to a door key and take the string in the right hand. Hold it so the key will clear the door four or five inches. If you hold the string steady enough it will begin to swing back and forth in a straight line. Let another person take your left hand in his and the motion of the key will change from the pendulum like swing to a circular swing. If a third person will place his hand on the shoulder of the second person the key will stop. Just try the above and then solve the puzzle.

Gorilla—A Game. A kind of tag, in which the pursuer is called the gorilla. The other players howl and make any kind of noise, but the gorilla must keep perfectly quiet. As soon as he touches any player he begins to howl, while the one touched becomes gorilla and stops howling. The players know who is gorilla by his silence and can thus avoid him.

A Riddle. A man and a goose once went up in a balloon together. The balloon burst, and they landed on a church steeple. How could the man get "down"? Answer—Pluck the goose.

Childhood's Castles in the Air. Gently, no pushing; there's room there to sit. All three, without grumbling, One in front, two behind—well you see—And mamma to hold you from tumbling. Rock, rock, old rocking chair! You'll last us a long time with care. And still without talking Of us four any one From rocking and talking. This is what we call fun.

Shall we call this a boat out at sea. We four sailors rowing! Can you fancy it well? As for me, I feel the salt wind blowing Up, up and down, lay boat, On the top of a wave we float. Down we go with a rush. Far off I see a strand, Glimmer. Our boat we'll push, Ashore in Fairyland.

The fairy people come running To meet us down on the sand, Each holding out toward us the very thing We've long wished for, held in his hand. Up, up again, one wave more, Holds us back from the fairy shore. Let's pull all together; Then with it up we'll climb To the always fine weather That makes up fairy time.