

# Woman's World

Maxine Elliott's Protege—Newsboy Whom She Will Educate.



MAXINE ELLIOTT AND HER PROTEGE.

"Rusty" McGillan, a New York newsboy, is going to have all he wants to eat, wear good clothes and receive an expensive education, all because he worships Maxine Elliott.

When Miss Elliott was playing at her own theater in Thirty-ninth street, New York city, last season her carriage door was opened every night when she arrived at the theater by a well-mannered little fellow, who doffed his ragged cap politely and tendered her all the evening papers, neatly folded. He refused persistently to take payment for the papers, and Miss Elliott would reward his gallantry with a nod and a smile.

The night Miss Elliott opened her theatrical season last fall she was met by the same boy with his armful of papers, who acted as though it was the most natural thing in the world that he should be at his post. So quiet and dignified courtesy on the part of a ragged little newsboy touched Miss Elliott's heart, and she has made arrangements for his schooling at the Shattuck Military academy at Faribault, Minn. She picked this institution because of its excellence and for the further reason that the boy has an aunt living in St. Paul, near enough to Faribault so that she can look after him.

The favored lad is thirteen years of age and is called "Rusty" by his newsboy comrades because of his dark red locks. He was born in Boston and came to New York city two years ago upon the death of his mother.

Preventing Colds in Spring. Many a severe cold could be avoided, says Margaret Mixture, at this season if on coming indoors a woman would drink a cup of hot milk.

The object in drinking this is to start the blood circulating after it has become sluggish from the cold. Warm food will draw the blood to the stomach and send it later through the proper channels if digestion is what it should be. Milk is nourishing and at the same time soothing to nerves which have been overstimulated by cold. If a little salt is added the drink may be less unpalatable for those who do not care for milk.

To think that any kind of food may be eaten when one is cold is a mistake, for the digestive organs are not in normal condition at such a time and will not do their work properly. Therefore discretion should be exercised, and if milk is not taken soup is an excellent substitute. The object is to take food that is easy to assimilate and warm.

Few persons realize that when the body is cold vitality is lowered and that only those who are very strong should rely wholly upon reaction for warmth. Any one who is not strong is weakened by such reaction, and it is to reduce this strain that immediate action should be taken to restore warmth.

Colds which make one feel ill are likely to be caught when a person is fatigued, as vitality is then too low to throw off the chill and illness may result. Indigestion is another cause of cold, and it is always well to resort to a good cathartic when the first symptoms of cold are noticed.

Such attacks as the ones mentioned are caused by germs, as a rule, and if the liver is made to perform its functions there is a good chance of the germs being thrown off. The dose should be taken at night, and if possible the patient should stay in bed on the following day. This is a thirty-day cannot take, and to those extra precaution, such as sitting simple food and protecting the feet from dampness and cold, should be taken.

### Visiting Dressmaker.

When the visiting dressmaker comes to you remember that she is not a machine, capable of grinding out work with no wear upon her being. Insist upon the worker taking a rest two or three times a day. Take up to the sewing room a plate of fruit during a short intermission. Ask her to leave the scene of hostilities and walk with you to the end of the garden or street.

Make life worth living for this woman, whose lot is not the easiest. Why, the fact that you hire her to come implies that you cannot stand the pressure and strain of a sewing sledge. The visiting dressmaker has feelings and is entitled to a respectable and civil consideration of them. It is an evidence of a lack of good breeding to disregard the rights of a woman who is giving you the full value of her monetary compensation. It is always gratifying to know that you have lightened a burden by a little kind thought.

## Cookery

### Points

Rhubarb is at its best at this time of the year, and this product of the garden has many uses not only for the table, but for medicinal purposes, says Marion Nell Harris. The part used the most is the foot stalk of the leaves. The roots take up many acids and are astringent; hence the value of the dried roots as a medicine. Rhubarb is a powerful stomachic. When merely placed in the mouth and left unchewed there is a rush of the saliva from the glands to deal with the quantity of acid in the mouth. This is excellent in cases where the digestive fluids need stimulation. Any food taken will be absorbed through the pouring out of digestive fluids. Though a vegetable, rhubarb is used in every respect as a fruit. Baked stewed, so that the acids are tart in it, the stalk acts as a laxative and to rheumatism, for it neutralizes the uric acid that causes these things. It is also a specific for the complexion. There are many ways of preparing it for the table, and the following recipes ought to be pleasing:

**Rhubarb Sponge.**  
Line a mold with slices of sponge cake, pressed firmly around the inside. Fill up the mold with stewed rhubarb, not too moist, sprinkle with sugar, covering the top with more slices of cake, cover with a plate and press down with a weight for a few hours, when the juice of the rhubarb will be absorbed by the cake. Turn out very carefully, decorate with little pieces of angelica and serve with a nice custard.

**Compote of Rhubarb.**  
Wipe the rhubarb with a damp cloth and cut it into lengths of four or five inches. Put into a saucepan five pounds of sugar with two pints of water. Bring quickly to boiling point and strain, and then beat with the strap in quite thick. Then add the rhubarb and simmer gently till soft. Lift each length carefully and lay it on a glass dish. Then toss the strap a few minutes longer. Lay it cool. Then add a few drops of red coloring and pour over the rhubarb. Serve with cream and lady fingers.

**Cookies for School Children.**  
Hungry school children love oatmeal cookies when they are just right. If mealy and dry they will have none of them; if candied, crisp and sweet they are eaten to the last crumb. Here is a recipe:

Cream together smoothly three-quarters of a cup of butter and one cup of brown sugar. Add to this half a cup of cream or milk and two eggs that have had the whites and yolks beaten separately and very stiff. Beat the whole carefully together and then stir in two cups of rolled oats. Beat again vigorously, and then add one cup of well sifted whole wheat flour.

Add a level teaspoonful of soda, one of salt and one each of cinnamon, cloves, nutmeg and a pinch of black pepper. Beat again and then drop from a large spoon on buttered tin and bake in a fairly quick oven.

**The Window Shelf.**  
The homemaker who has once learned the comfort of a shelf outside her kitchen window will never again be without one. Where there are outside shutters this should be low enough not to the sill to enable them to close easily.

The shelf may be just a plain board, wide enough for pots and bowls, or in an exposed position there should be a two inch rim around the edge.

For occasional use a shallow box nailed to the window in such a way that the inside of the box faces the kitchen is useful to put articles of food in that will overflow the refrigerator. The top and sides of box keep snow, rain and dust from the provisions, yet a low temperature can be maintained. This could not be used with outside shutters.

### Matrimony Tarts.

Matrimony tarts is the odd name to an apple dessert of which there are many varieties. This particular apple tart or pudding calls for one dozen apples, a quarter pound of currants pickled, washed and dried; two ounces of candied peel chopped fine, a little grated nutmeg, some sifted sugar and put paste.

Parse, core and quarter the apples. Put them into a saucepan with a little water and stew them to a pulp, stirring frequently. Then add the currants, the chopped peel, sugar to taste and nutmeg.

Line a pudding dish with puff paste; pour the fruit, when it has cooled a little, into it, cover with crust, press the edges together all around, make a hole in the center and bake.

### "Tried and True Layer Cake."

Cream one and three-quarter cups of sugar with one-half cup of butter, add three eggs and beat the batter hard. Stir in a cup of sour milk into which a generous pinch of baking soda has been beaten. Last of all whip in lightly three cups of flour that has been sifted with two teaspoonful of baking powder. Bake in three layers and put together with any kind of icing of filling.

## THE LATEST VOGUE

A Charming Frock For May—Summer—Girl.



GOVE ONE STREET BARRINGTON.

There are several features about the frock shown illustrated that are worth noting. As you may see, most of the costume is made of wide flannel in violet embroidery combined with a light tan of the finest, shirred quality. The bill in case there is no blouse is cut square at the neck and carried out almost entirely with the flannel work, imitations of violaceous lace and the lawn filling in the intricacies.

The main drape is of the shirred, edged at the bottom with a ruffle of the narrow Val lace. Under this drape the skirt is elaborately trimmed with alternate bands of violet embroidery, flanked on each side with Valenciennes lace insertion and stripes of uncut lawn. The elbow sleeves are of the combined materials.

## THROUGH THE CUSTOM HOUSE

First Aid to Fellow Travelers to Their Native Land.

Under the head of "Advice to Travelers" a writer in the Woman's Home Companion offers some suggestions for smoothing the rough road which returning Americans must travel.

"Keep all receipts bills for goods bought on the other side," says he, "and present them to the inspector when asking to have your baggage examined." The figures on the bill are a verification of the statement of cost contained in your declaration. Both act as guides for the inspector, whose work necessitates his making a rough approximation of the value of an article on sight.

"If you have no receipts bills and if you think your declaration is very much out of the way as to the cost of an article, this it will be his duty to increase the value to an amount he thinks is fair and just. If you are dissatisfied with the value he places on the goods you may demand a re-examination.

"This demand, however, must be made immediately. The re-examination will be made then and there if possible. If it is not possible, then the article in question must be left in the custody of the customs officials and an application must be made to the collector for a re-examination. Remember, however, you cannot have a re-examination made after you have once taken the goods out of the customs custody.

"What has been said here applies to residents of the United States who have taken a short vacation abroad and have brought back with them small things for their own use or as souvenirs. It does not take into consideration things brought into the country for other people or for sale. Where the intention is to sell anything brought in that fact should be stated in the declaration.

### Why Pick Postage Stamps?

Do the people who fear at the cautious ones as "cranks" who refuse to stick a postage stamp know that there is a defined disease known as "the postage stamp tongue?"

This is an acute inflammation of the tongue, directly traced to the germs to be found on the gummed side of stamps or envelopes.

Other and more serious diseases have been caused by this habit that in no universal and seems so harmless. One throat specialist in a hospital declares that many chronic affections of the throat are found among persons who have had their tongues of livehood the stamping and stamping of envelopes.

Bad skin diseases have been known to follow this habit, and it has even caused pulmonary trouble.

It is, after all, but a habit and a bad one. It takes no more time and is quite as easy to maintain the stamp with a damp sponge or rag.

### Keeping the Pantry Clean.

Nothing is so unsightly in a pantry or closet as a number of tin lids picked loosely in a shelf. One woman has overcome this effect by nailing a narrow strip of wood to cleats above ten inches under her high pot shelf in the pantry.

If the space thus made the lids are slipped. They handle prevent slipping and they can be had at a woman's shop. The woman according to some, hanging in the pantry, does not mean one's health.

## BEDROOM FIXTURES.

Pages and Pictures Used This Season.



PIQUE CUREAN WITH STRIPED BORDER.

There are fascinating styles for the great rooms of the summer cottage this season, and pique is the fabric that is freshening the market and most inexpensive of them. For bedroom covers, pillowcases, couch covers, curtains and bedspreads pique is being extensively used.

A hot rose colored pique is chosen in white, and upon its surface is placed a design in coralberry, wild rose or chrysanthemum. The illustration shows a charming hanging of white pique with a border of pink roses. But to come back to the design, the colors used are supposed to be lustrous and may be applied with a brush after the design is stamped or drawn delicately upon the pique.

Both of colors mixed with turquoise and stretch dye will wash with ordinary care in a weak lather of white soap and lukewarm water. The added caution necessary in the washing material is stretched straight upon the line and allowed to dry dry.

Most of these bedroom fixtures are neatly hemmed, since the decorative line in the color work solely.

### Making a Paper Hat.

In these days of fancy party costumes a girl should know how to make an effective hat. For each paper into two inch strips the length of the sheet. Take three strands and plait closely into a smooth and even braid.

Cover a wire frame with three strands and lace under part of braid with plain crepe paper or white muslin. Make a bunch of paper, low, narrow, popper or coronation and arrange them on the hat with a band of dark green tulle or black plaid paper to represent velvet.

### To Whiten Kerchiefs.

Handkerchiefs which have become discolored through careless washing may be whitened by dissolving some pipe clay in warm water and leaving them to soak in the solution all night. Next day wash and boil the handkerchiefs in the usual manner, and they will be wonderfully improved in appearance.

### For the Home Dressmaker.

Skirts made by the amateur dressmaker have an unpleasant trick of drooping at the back after being worn a little time. This can be remedied by stitching a piece of tape down the back seam before wearing the skirt.

### The Useful Tea-Whisk.

The tea wagon illustration is a recent importation from England. It is a useful little vehicle that lightens the labor of serving a clock tea. A function that in the well-regulated English household is never omitted. It wheels quite noiselessly on rubber tires, and the top is formed of a glass.



It may, convenient above of holding cups, bread and butter are also provided.

The American woman has little use for a tea wagon, for the "clock" is not an everyday function, as it is in the mother country. But a less expensive wagon built along the same lines in the home may be very useful to her in carrying away the remains of the daily meals. It might have many steps to add from the kitchen might be made. If she has little wagon to wheel about and the clock wagon, for single women, look for beautiful, for women, in every household, ready for all days and seasons.

## Good Form

This is the highest type of good form, and it is a virtue that only comes to those who have a high sense of duty.

A woman of tact is one who sees that the story told to her is not to be taken as a personal reflection. She is essentially polite and kind, and she considers the feelings of others.

A woman of tact is the one who is courteous to old people, who laughs with the young and who makes her own agreeable to all seasons in all conditions of life.

A woman of tact is one who makes her good morning a pleasant greeting, her visit a bright spot in the day and her goodbye a hope that she may come again.

A woman of tact is one who does not judge people by their clothes or their riches, but who considers the merits of their character.

A woman of tact is one who is not a hypocrite, but who is sincere in all her words and actions. She is not a hypocrite, but who is sincere in all her words and actions.

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