Woman's World

SNOWSHOES FOR HORSES.

Mrs. George Westinghouse Provides Protection For Helpless Equines.

From the royal household of the king of Wurttemburg at Stuttgart there came recently a cable order for a full set of horse overshoes to be furnished for the stables of the king. The cable went to Pittsburg, the explanation being Mrs. George Westinghouse's interest in the horse overshoes. A representative of Mr Westinghouse turned the message over to a manufacturer of those overshoes.

Mrs. Westinghouse some time ago gave to the Humane society of Pittsburg a supply of overshoes to keep horses from slipping on the ice and snow. A newspaper notice to this effect appears to have reached the king.

Mrs. Westinghouse is accredited with not having made the manufacture of the horse overshoe possible, she supplied funds for an inventor who had an idea for fastening chains under the frog of each horseshoe giving the

MRS. GEORGE WESTINGHOUSE, THE HORSE'S FRIEND.

horse a rough hold on the ice of slippery streets. Mrs. George Westinghouse was before her marriage, which took place about a year ago, Miss Violet Brocklebank, the pretty daughter of Sir Thomas and Lady Brocklebank of Ireton Hall, Cumberland, England. The meeting of the young couple was very romantic, taking place in the machine shops of the great Westinghouse works. Miss Brocklebank and her mother while visiting friends in Pittsburg one day went through the shops with young George Westinghouse, who was working as a day laborer in his father's establishment, as their guide. To quote Miss Violet, he was "perfectly stunning in his overalls." At the time the English visitors had no idea that their guide was the son of the great inventor. Several months later George Westinghouse went to England and became one of a week end party at Ireton Hall. It was then that Miss Brocklebank found out that the "stunning man" at the Pittsburg machine shop and the rich Mr Westinghouse were one and the same person. Not many months elapsed after the meeting before the manor house saw a fine old fashioned country wedding, and you may easily guess who was the bride. A sister of Mrs. Westinghouse is one of the most famous woman whips in England. And it was she who drove Mr. and Mrs Westinghouse in a four-in-hand to the station, six miles distant from Ireton Hall, when they started on their honeymoon.

When the Ocean Breezes Blow.

If you are thinking of going abroad, be sure to have in your steamer trunk a hood like the one illustrated. You will find it not only useful when

HOOD FOR WEAR ON THE PROMENADE DECK.

you are enjoying the comfort that your deck chair affords, but for protection against the winds when you are taking your constitutional. On a pretty girl this hood, after the style of a monk's headgear, is very fetching.

Not to Be Called Plain.

"There's one thing we will have to change if these ladies who wish to vote have their way," said Senator Sorghum.

"What is that?"

"We'll have to quit talking about the wisdom of the plain people."—Washington Star.

Points for Mothers

The question to what extent parents should deny themselves in order to provide their children with luxuries is always a debatable one and yet it has to be faced at some time or other by every father and mother of a family.

It has been contended with a great deal of truth that many of life's failures are the direct result of overindulgence on the parents part. It very often happens that children who have had their every wish gratified at the expense of the real people prove not only a grave menace to their own safety and well being but to the world at large or at least that part of it through which they move.

What however you parents can give the children you bring into the world is a very large part of your sympathy consideration and love. Instead of *blessing them* with material gifts bestow upon them the precious benefits of your wisdom affection and advice. Lay yourself out to study their temperaments make yourself acquainted with their weaknesses and their virtues strengthen the one encourage the other. And perhaps a greater gift still, let your own life be to them the perfect example a life of endless control, of moderation, unselfishness and devotion. How much better how far more blessed than denying yourself worldly luxuries in order that they may derive passing pleasures from the gifts you give them.

Stories That Frighten Children.

There are some stories on the order of "Jack the Giant Killer" which it were quite as well not to admit to the nursery. Unless the story is of a soothing nature it should not be related just before the child goes to bed. This is not a good time for stories especially with sensitive children. The stories are apt to awaken the imagination and leave the brain too active, with the result that sleep is slow to come and likely to be restless and disturbed.

Stories that arouse fear should be avoided. However, what will fright on one child will not affect another. To the child who has never experienced the sensation of fear stories seldom awaken that emotion but if, on the other hand, the child has been frightened it is necessary to be careful not to stimulate that emotion, for there is no other that has such a blighting effect on a child.

Another point to be considered is the ending of the story. This should always be pleasant.

The Mother and the Boy.

A boy's heart is full and overflowing. He needs some one who will listen to his confidences. If he is repelled and finds himself alone he becomes fretful, indolent or worse. His affairs are not "nonsense." A good mother never says "Run away, I am busy." She listens and encourages. Important discoveries may be made in these outpourings. She gives sympathy, enters into his feelings and sees things from his point of view. If he tells her of something which proves that he is at fault she does not reprimand him at the time because this will check further confidences. She gives her attention quietly, tells him she is glad he has confided in her and that she will talk of it again with him. If a mother has insight she can solve many problems. She is interested in her boy's sports, collections, his school and companions. The choice of his companions should not be left to chance. It is well if they are from families known to his parents.

Let the Children Sleep.

"Insufficient sleep," says a physician, "is one of the crying evils of the day. Work and pleasure encroach upon the hours of rest, and body and mind deteriorate in consequence. Even the children have their hours of sleep shortened and suffer all their lives in consequence. A child of ten or eleven rarely gets more than eight or nine hours' sleep, whereas it should have ten or eleven. Up to twenty at least nine hours of sleep are needed, and an average adult needs eight. There may be an occasional Napoleon who can get along with four hours' sleep a night, but if you happen to belong to that class nature will tell you by waking you up at the proper time, and you don't need to interfere."

Don't Startle Children.

One very common cause of nervousness in children is the delight which nurses and even mothers take in making some sudden noise close to the child's ear. Nothing could be more harmful. Baby starts, all his little nerves are set quivering, his heart beats rapidly, and when this excitement subsides it leaves the brain abnormally active, while the body is languid and weakened. The next time a loud noise startles him these symptoms are even more pronounced, and so it goes on until baby becomes a little bundle of nerves, frightened by the least sound, and instead of his brain and faculties developing they are being permanently weakened by such injudicious treatment.

AND SO WE FEED THEM.

Americans Depend on Ice Cream, Not Wit, to Entertain Their Friends.

Was it not Emerson who said, "We dare not trust our wit for making our house pleasant to our friends and so we buy ice cream?"

Rather a striking comment, isn't it, both upon our own mental resourcefulness and the mental caliber of our friends? We bid them to our houses, we imagine that we are worth coming to see, but when they get there our hearts fail us, and so we feed them.

Ice cream is a convenient cloak for all social doubts and fears.

"When in doubt give them something to eat" is the rule that governs the treatment of the stranger within your gates.

And the stranger takes kindly to the idea. How his face brightens at the mention of refreshments!

What of his hostess. Wife of her home? How goes the day with her and hers? It hadn't occurred to him to wonder. But in the slang of the day "she had awfully good eats."

And if we who stay at home and ask our friends to come and see us openly confess our inability to entertain our friends by our own wit as Emerson says and fall back on the "ice cream" our guests just as openly show their appreciation of the substitute we offer.

They very frankly announce their intention of dropping in in time for refreshments. If shopping seems more important than the friend a party they wear their best hats to the shops and tuck a clean pair of white gloves in their hand bags and drop in to the parlor on their way home. They get there in time for Refreshments with a capital R.

Only sometimes there is a joke on the society free lunches as was the case when a certain woman gave a coffee and bridge and one of her guests mistook it for an afternoon bridge.

She arrived at about 4 o'clock or after with the blind statement on her lips.

"You know I don't play bridge very well anyhow so I just came in for refreshments."

Alas for her! The refreshments were all. She had better read her card more carefully in the future so that whatever happens whether she sees her friends or not she will not miss their "ice cream."

In Quaint Attire.

A charming little dress is seen in the illustration for the small girl. It is of old fashioned sprigged muslin white with bunches of pink and green

PICTURESQUE DRESS FOR SMALL GIRL.

dowers. The little skirt is full, with a deep hem at the bottom. The baby waist is fitted into a shaped yoke about the low neck, and the sleeves are short puffs. A dresden ribbon sash completes this pretty costume.

View of Self Sacrifice.

A question which frequently arises in social relations is to what extent should one sacrifice oneself to oblige one's friends. More than half the social pleasures entail a sacrifice on somebody's part. Money has to be spared that can ill be afforded, people whom one doesn't like have to be met, and health has to be disregarded in order to keep an engagement.

The life of the average woman seems to demand of each successive day just a little more of her time and consequently of her vitality, and when she adds to her own burdens those of other people by filling in a place at the last moment or by doing any one of the multitudinous other little things that oblige socially she is on the road to destruction and had better learn to say "No" before she has to go to a sanitarium. Every social leader has on her list some of these tried and true mortals whom she can coax into working overtime. For this reason her dinners are never clouded by a vacant place; her entertainments are always a success. But the woman upon whom she leans pays for it all, even though she has her good time.

WOMEN TELLERS.

Why They Supplanted Men In a New York Bank.

An embroidery hoop is not exactly what one would expect to see on the other side of a bank teller's window but that is precisely what one is likely to see any day of the week if one goes to get a check cashed or to make a deposit at the Maiden Lane Savings bank, Maiden lane and Broadway New York. The hoop has been there for the last five years, and it has never been observed that business suffered in consequence.

There are times when there is no line of depositors at the windows, and during such intervals there is no reason why shining moments should not be improved.

As a matter of fact the bank employs women tellers. Miss Sadie Clare has been paying teller for five years, while Miss Marie McCusky has served as receiving teller for an equal period and the president, Louis Windmiller said that he had never had occasion to regret this departure from precedent. The bank was obliged to economize, he explained, and had engaged the women because it could not afford to pay the wages usually demanded by men but the women had been found to do the work just as well as their predecessors.

"We have had no cause for complaint in five years," Mr Windmiller said "and that can hardly be said of the men who were employed previously. The women are always pleasant and always ready to answer questions and there never has been any occasion to apply to their bondsmen to make up shortages. They have become experts in the identification of signatures and no discrepancy ever escapes them."

Mr Windmiller doesn't believe in votes for women, but says he believes in giving credit where it is due.

HOUSEHOLD HELPS.

In selecting spoons for kitchen use it is a wise plan to get those with holes in the handle. They may be hung up and thus kept accessible.

Having several pairs of shoes and never wearing the same pair more than one or two days at a time will rest the leather and make it last better.

A stain in a raincoat can be removed by washing it in strong hot suds made of pure white soap to which a little borax and a little ammonia have been added.

The colored bedspreads which were in such favor for summer cottages last season are being utilized both as spreads for the schoolgirl beds and for delicate covers to throw over couches.

When books become badly soiled on the edges if not gilt edged, close the book tightly and erase the marks with an ink eraser. This will cut off the rough edges and all soil marks and leave the book quite clean.

Japanned ware should be washed with a sponge dampened in warm water and dried immediately with a soft cloth. Obstinate spots can quickly be removed by rubbing with a woolen cloth dipped in sweet oil.

Everyday Logic.

Have you ever invited two people in order to make them acquainted? Have you ever raged inwardly because the whole affair was such a failure?

Neither woman would talk on any subject save herself and both sat in the midst of long silences staring at each other and then just as you had given up hope another woman dropped in casually a woman who was in great demand everywhere.

All of a sudden you found out the reason why. She took those two human icicles in hand, and the first thing you knew she had them talking to each other and then to her.

Well, that is the secret of the average woman's popularity.

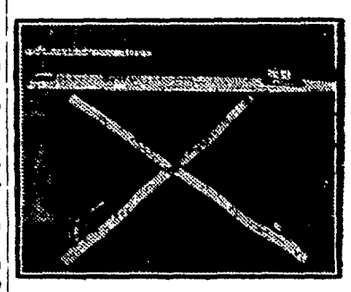
She fits into any surroundings. She is at home with all sorts of people. She makes them feel thoroughly at ease and brings out the best in them. That is why they love to have her around.

It is no fun to sit and listen to a woman who glitters at the expense of every one else.

But the woman who says just enough to make us respond on the subjects we know most about in our best vein is the one we simply adore, and we can't be in her company too much.

A Labor Lift.

The woman who does her own ironing will welcome this latest invention to lighten her labors. As you see, it is an ironing board that may be folded



THE NEWEST IRONING TABLE.

and put in the cupboard when the day's work is over. For small kitchens and apartment kitchenettes this contrivance is especially good. There is a second small board raised slightly higher than the big board for ironing sleeves and shirt bosoms.

Care of Gas Stove.

If you use a gas stove never leave it with anything that might boil over. It is quite possible for soup or milk boiling over to put out the gas flame, and the escaping gas will fill the room, and should some one come in with a light an explosion must follow.

Milady's Mirror

Don't wear false hair, but if you must wear it use your own combings. If you haven't any combings and must buy false hair be sure to have it fumigated and disinfected before wearing it or you might meet with a fate similar to that of a young Chicago girl who supplemented her rather limited crown of glory with a very handsome and very expensive coronet braid. The young woman's hair what she had of it was quite black and the braid which she purchased had the glossiness of a raven's wing and matched her hair to perfection. After she had worn it a short while she noticed a peculiar numbness to her head or rather in her scalp. All sensation of feeling seemed to be lost even to the extent of insensibility when pricked with a hairpin. This numbness soon spread to her shoulders, breast and arms.

Finally a physician was consulted who pronounced the affliction a genuine case of leprosy. The family was at a loss to account for the manner in which the disease was contracted. After awhile however the false braid was thought of and its history investigated when it was discovered that the hair had come from the head of a leprous Chinaman and that the glossy black locks had been the means of conveying the disease despite the fact that the young woman's father was a man of wealth she was taken to the leper colony in New York state.

Proportions of Beauty.

If a woman be five feet five inches in height her extended arms should measure from tip of middle finger just five feet five inches exactly her own height. A woman of this height should measure twenty four inches round the waist and thirty four inches about the bust.

The upper arm should measure thirteen inches and the wrist six. The calf of the leg should measure fourteen and a half inches, the thigh twenty five and the ankle eight. From her thighs to the ground she should measure just what she measures from the thighs to the top of the head.

The distance from the elbow to the middle finger should be the same as the distance from the elbow to the middle of the chest.

From the top of the head to the chin should be just the same length as the foot and there should be the same distance between the chin and the armpits.

The length of her hand should be just one-tenth of her height and her feet just a seventh and the diameter of her chest a fifth.

"Goose Walking" the Latest.

"Goose walking" develops the muscles of the legs and exercises those of the abdomen. Raise one knee as high as possible, stretch out the lower leg straight in front with toe pointed and place it on the ground. This is done with each foot alternately to three counts. For a vigorous exercise to stimulate the whole body extend the arms out to the side in a straight line from the shoulder. Keeping the arm stiff move it around in a small circle rapidly and put as much strength into the exercise as possible. Simple as it may sound, it is really very strenuous and should not be continued too long. Exercising should be taken only where there is an abundance of fresh air. If done at home, throw all the windows up, though the themometer be at zero.

To Beautify the Eyes.

Judiciously apply a little "makeup" to heighten the effect of size or brilliancy.

Rub the eyebrows upward with the finger tips, as do the women of southern Spain, in order to give an effect of piquancy.

Arrange the hair so that the expression of the eyes may be heightened.

Have the beauty doctor furnish the eye with a long and sweeping set of lashes.

Stimulate the growth of the lashes.

To Make Rouge.

A good rouge is made by mixing a quarter of a dram of powdered carmine with one ounce of French chalk powdered. When these two are blended they are slowly worked into half a dram of oil of almonds. This requires much time and patience, for the mixture must be even. Lumps are pressed through coarse muslin, repeating this until none is left.

For Good Looking Eyebrows.

A drop of almond oil, warmed, put on the eyebrows with a fine brush will make them more lustrous and generally look better. This may be done during the day, and there will be no appearance of greasiness by warming the oil, thus thinning it, so a small quantity works better than a larger one.

Cure For Double Chin.

A double chin, they say, can be removed by rubbing the neck vigorously with the closed fist and applying a great deal of ice cold water.

Young Folks

ALEXANDER THE GREAT.

The Conqueror Taught Justice By an Oriental Potentate.

Alexander the Great, being on a visit to an oriental potentate, learned how justice was administered there. Two persons came into court and invited the king's decision on the following point: The one had bought a mound of rubbish from the other and on exploring it found it contained a treasure. He therefore wished to return it to the owner, but the owner refused to accept it. What was there to be done? Now, the decision was that, as it happened that one of the two persons had a son and the other a daughter they should be united in marriage and the treasure should be given to both of them as a dowry.

Alexander, in some surprise, pointed out that in his country the matter would have been differently settled. Both would have been put to death and the government would have appropriated the treasure. The potentate then asked whether there were cattle in his country and whether the sun shone there and the rain fell. Being answered in the affirmative, he remarked that he thought Providence had meant the rain and sunshine for the cattle only, for human beings of such inhuman disposition hardly deserved these heavenly boons.

Some Queer Things.

Tomatoes were grown in England as early as the year 1600, but until about 1750 no one dared eat them for fear of bringing on palsy.

There are certain districts in Russia where the peasants believe that any one eating a cucumber will be bewitched.

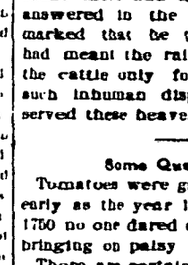
In Munich if a boy has an attack of the colic they lay him on his back and iron him the same as they would a sheet. This is supposed to iron the pain out of him by way of his back.

In Finland if a boy or girl under fifteen years old dreams of seeing a black cat they must go barefooted for the next week, no matter whether it is winter or summer.

Should a Chinese boy under sixteen years old commit a theft his father is condemned by law to suffer the loss of an arm. After the boy is over sixteen they take off one of his own arms.—Philadelphia Record.

To Engrave an Egg.

Write on the eggshell in beeswax or varnish or even with tallow. Plunge the egg into a glass of strong vinegar. When over the shell is not protected by the covering material it is decomposed and the design stands out in relief. There is no difficulty in this experiment. Two or three hours will be sufficient to bring out the tracing.



The Toad.

He has the power to drink with his skin.

Even if emaciated his skin will take up enough water to make him appear fat.

He is most useful in the garden, catching the insects.

His skin secretes an acrid humor, so a dog seldom bites one the second time.

Like the frog, he begins his life as a tadpole.

Authorities unite in saying that he has been known to live thirty-five to forty years.

It is not true that he can exist imbedded in stone unless there be a fissure.

He has no use for the "secondhand man" or the pawnbroker, as he invariably swallows his castoff coat.

Overheard in the Library.

"I should think you'd get tired," said the ceiling to the picture molding.

"Tired!" said the molding. "Why?"

"Why, you're running around the room all day long," explained the ceiling.

"I wish you'd be my friend," said the register to the screen.

"Never!" retorted the screen. "I'll never be the friend of anything that blows hot and cold the way you do."—Philadelphia Ledger.

Not a Familiar Landscape.

A drawing teacher put a landscape on the blackboard. "What would you name that?" she asked, expecting the children to recognize it. To her surprise one small girl answered, "Home."

"Why should you call it home, Elizabeth?" asked the teacher. "Because," explained the girl, "there's no place like it."

A Vain Little Kitty.

I'm only a tiny, wee kitty,
And I'm black, just as black as can be,
But my mother says that I'm pretty,
The prettiest she ever did see.

She says that my coat is so silky
And, oh, my four little paws
Are just the dearest and softest,
For I haven't begun to grow claws.

Some day when my ma goes out walking
And nurse is all burdened with cares
I'm going to steal from the nursery
And eat up that mouse on the stairs.

Dear me, I wish I wasn't so pretty,
But just ugly yellow or gray,
For then I could go out and catch birdies,
Like that common old cat 'cross the way.
—Philadelphia Ledger.

ROCHESTER