

**Of Interest to Women**

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Fashionable Women Ably with Precious Stones, More Gems Worn Than Ever Before Striking Egyptian Ornaments of a Boston Woman Who Married a British M. P.

Never before was elaborate and beautiful jewelry so much worn by English women as it is this season in London. The rich English woman has always been ably with diamonds on certain occasions such as court functions and gala nights at the opera, but hitherto she has not worn a diamond tiara at a small dinner and has been gullible of any gems in the daytime. More than that she has smiled in scornful fashion at the lover American sisters have for wearing chains, rings and pins of precious stones before the sun has set.

This season, however, she has changed her ideas. Jewelry in the daytime is in good form and diamond stars are worn at the smallest evening affairs. Even dresses are delicately traced with jewels. Moonstones, topazes and amethysts are mingled with crystals and sewn upon net to outline a corsage or border a tunic.



Egyptian Jewelry.  
When a coronal of diamonds a collar of the same stones with large blocks of emeralds and rubies inset and a rope of pearls are added to this toilet the effect is dazzling.

In fact, no jewelry has been too bizarre for wear this year. The ornate modern Egyptian work which suits only the most opulent style of life is seen everywhere.

The finest specimens of Egyptian jewelry seen lately are owned by a Boston woman who married an English M. P. As he was interested himself in the Egyptian question some officials of that country as a compliment to him presented his wife with some exquisite examples of native jewelry. She put them carefully away as being far too garish. This season she took them out and has worn them with long clinging gowns of dull shades, which set off the ornate quality of the work.

One chain is of pearls and turquoise, with a large pendant composed of a mosaic of precious stones arranged with small regard to color. A bracelet which encircle the inevitable scarab. A bracelet is of heavy gold of the brightest kind. In the center is a deep blue sapphire with fan-shaped setting of diamonds.

**Eyelashes Turning Gray**  
Dear Dr.—Will you please tell me how to prevent my eyelashes from turning gray and falling out, and also how to make them grow longer and thicker? I am only seventeen.  
H. B.

I cannot think that your eyelashes are turning gray when you are only seventeen. Trim the very points of the lashes with a pair of sharp scissors. It is difficult to do this for oneself. Then, with the eyes closed, apply to the roots some vasoline, which should be made soft by heating it a little so it can be more easily applied. Do this at night. It will make the lashes grow longer and thick and will darken them somewhat from what you say it may be that the unhealthy condition of the lashes is due to some eye trouble such as inflammation of the lids or eye strain, and that you need glasses. You would better have your eyes examined by an oculist.  
Dr. Eleanor Rogers.

**Handkerchief Worth a Fortune.**  
The most beautiful and at the same time the most valuable handkerchief in the world is said to belong to the Queen of Italy. According to a Paris contemporary her majesty, as a young girl, had a passion for collecting lace, and she still follows her hobby. The handkerchief in question is an example of the earliest Venetian point lace, dating toward the end of the fifteenth century, about the time the art was introduced into the city of the doges. The piece, in spite of its great age, is in perfect preservation, and it is valued at \$4,000, although it is stated that two American millionaires have offered three times that sum for it but in vain.—London Globe.

**Common Beverages.**  
Water is the only really necessary drink. Other beverages add variety by way of being more pleasant or more stimulating. The stimulating effect of tea is due to the caffeine as well as to warmth. The grateful taste and aroma are due to certain volatile substances brought out by infusion. Caffeine gives to coffee its stimulating character. Cocoa is more of a food than either coffee or tea, for in it are proteins, fats and carbohydrates.

**Notes and Comment**

Of Interest to Women Readers

**IDEAS FOR LUNCHEON TABLE**

Delicious Meal Served by One Hostess that Can Be Very Easily Duplicated

Stuffed potatoes are prepared from baked potatoes by cutting them in half so as not to injure the skins, removing the pulp and mixing it with butter, salt, pepper (sometimes adding grated cheese). One hostess who has toured around the world and eaten in every tongue served this ideal menu at a luncheon:

- Cold Soup (Consomme)
- Escalloped Cauliflower.
- Baking Powder Biscuit
- Broiled Chicken, Butter and Lemon Sauce
- Mashed Potatoes
- Asparagus and Lettuce Salad
- Cake with Strawberry Sauce
- Coffee

The cold soup was served in cups the cauliflower in tinnings. The salad was especially pretty. The asparagus tips were passed through a ring of pimento Spanish pepper in oil. On one side of the plate was a little roselle of lettuce. French dressing was served.

The dessert was a slice of pound cake over which was poured a sauce made of the strawberries prepared as for shortcake and sweetened with creamed butter and sugar flavored with vanilla. The hostess cut the cake and poured the sauce over it at table so it had no chance to become soaked and soggy.

At a daily Sunday evening tea the menu was cold consomme a fruit salad, toasted crackers and cream cheese and ice cream served in individual forms, and wafers. The fruit salad was served on a tall compote. Around the edge slices of apple stood up. In the center was a combination of grape fruit orange pineapple and berries.

**When Going on a Journey**  
When starting on a journey be sure to look over your possessions and see if you have:

- A small workbag or housewife completely furnished with small sewing materials, thimble, needles, pins, scissors, black and white thread and sewing silk, darning cotton, hooks and buttons.
- A fruit or pen knife.
- A fountain pen, lead pencil, writing paper, envelopes and a tablet as well as a portfolio to hold these epistolary articles.
- Brush and comb in a neat case.
- Whisk broom and other brush.
- Address book with your own name and address written on the first page.
- A bottle of smelling salts (avenol), a bottle of Jamaica ginger, sweet spirits of ammonia, soda mint tablets, and a small collapsible drinking cup.
- A hot water bag.
- Tooth brush and powder, toilet lancet, or cold cream in tubes.
- A hand mirror that will hang up.
- A rubber-lined sponge bag filled with wash cloths and sponge.
- A tiny hair pillow to use in case of headache.
- A box of crystallized ginger, and a package of sweet chocolate, no bonbons.
- Talcum powder in a sifting can so no puff will be required.
- A dark colored silk or woolen wrap.
- If you wear laced boots or ties, be sure to carry extra strings and ribbons for them. And provide your selves, men and women with a plentiful supply of neat neckwear. These things are imperative for future comfort.

**Hints for the Home.**  
If you are ironing with the patent handle irons and using a gas range, it is a good idea to put a tin cover on top of the iron as it sits on the range. The cover keeps the heat from escaping and your iron with its help will get hot much quicker. On a gas-sized blaze two irons of this kind covered with a tin or copper cover will heat as soon as one.

To prevent making a great dust in sweeping use moist sawdust on bare floors. If the floor is carpeted moisten a newspaper, tear it into small pieces and scatter over the floor. The carpet will look much brighter than if swept in the ordinary way.

In serving oyster or clam cocktails, instead of putting them in glasses, try serving them from the shells. In the center of the plate place a green pepper hollowed out and filled with the condiments. Each oyster is dipped into it before being eaten.

**Fairy Cakes.**  
Mix together one cup of butter, two cups of strained honey, a little ginger, half a nutmeg, grated, a little grated rind of lemon and two table-spoonsful of flour. Dissolve a heaping teaspoonful of baking powder in a cup of water, pour into the mixture and add sifted flour until it is stiff enough to roll out. It should be baked in a sheet like gingerbread, and may be eaten hot or cold.

**Remember in removing stains that all alkali stains can be removed by a weak solution of citric acid, while acid stains can be removed with ammonia.**

**Helpful Beauty Hints**

Correct Sitting Posture Develops The Figure—The Proper Way to Sit in a Chair and Its Practice—How to Prevent Wrinkles—About Warts—Avoid Chemical Lotions.

The ungraceful way many women sit is frequently the cause of ungainly figures, for unless the weight is properly poised the lower organs are thrown out of gear and shapeliness is impossible.

To avoid ruining the figure every woman should regard her spine as an upright post, the shoulders being a cross piece. And this structure she must guard so it will not bend, and as soon as a bend is permitted the balance is destroyed.

Sitting in a chair seems a simple matter, yet rarely is it done properly. Do not now mean crossed feet and other ungraceful positions but the set that the spine is usually bent at the woman who is reading this is at the moment if she (do not push her back into the seat—not her shoulders, but at the end of her spine as it meets the chair back. If she has a limp, this sitting straight posture is a task has been removed.

The best position does not mean or present a good figure. It means the correct sitting posture. Sit in a chair three times a day. For this I would use a chair with a straight back and get on to it by sliding forward a step and pushing back until the spine about three inches from the tip of the chair back. Then with the shoulders and back a portion is attained which is best for a proportion and can be held almost easily. When he is accomplished the danger of protruding abdomen and large hips is entirely removed.

Besides this straight spine more or less expansion should be cultivated. This is difficult for an older woman yet worth an effort. One can exercise in ways repeatedly to make the elbows touch each other behind the back.

The longer one sits and the more strength put into the muscular exertion the better will the figure become. Incidentally one must take care to stand straight while exercising in this way or she will simply increase any stooped shoulders.

Another good and by no means difficult movement is to straighten the arms out at the sides and without bending the elbows put them back as far as they can be made to go.

Deep breathing has much to do with having a good figure. If the chest is flat and contracted as must be if the lungs are not filled a woman cannot make a good appearance.

It is astonishing that with wearing night gowns and a slip many women are so stout. They are not so stout as they look. They are fat because of the way they sit. They sit in a chair with their feet crossed and their backs bent forward. This position is not only ungraceful but it is also unwholesome. It is a strain on the lungs and the heart and it is a strain on the spine.

**To Prevent Wrinkles.**  
A French beauty of mature age claims that wrinkles can be prevented for many years by washing with barley water night and morning. It is made as follows: Boil three ounces of pearl barley in a pint of water until the gluten is extracted, strain and add 25 drops of tincture of benzoin if wrinkles have already appeared and are not too deep this pomade applied every other night will improve them.

Hebe Pomade: Juice of 100 bulbs, 60 grams, Honey 15 grams, White wax 30 grams, Rose water, 12 grams. Melt the wax and honey together, add the Hebe Juice to the rose water, and stir slowly into the honey and wax.

Note that the above calls for grams and not grains.

**Massage and Wrinkles.**  
Massage has often created wrinkles where they did not at all exist, on account of being incorrectly applied, but it has more often helped to make them vanish, when used with a good nourishing cream, provided it is applied crosswise, and not up and down in the wrinkles, moving the fingers in the opposite directions from that in which the wrinkles run.

**To Be Shunned.**  
Lotions containing borax, benzoin, alcohol or any kind of astringents must be shunned absolutely by the woman of delicate complexion, but are quite permissible for those with oily, coarse skin. Steaming or applications of water heated to the boiling point are also among the "don'ts" for tender, dry skins, making them look like parchment, dried out and sallow.

**HOUSE INVESTORIES.**

Convenient Booklets Issued by the Insurance Companies.

Of the simpler schemes of the insurance agents who are always feverishly trying to hold old business and to attract new one of the most successful is the issuing of a blank book for use as a residence inventory.

This is usually a neatly prepared booklet of 12 pages, says System. On the inside of the front cover is a notice of what to do in case of fire instructions for making an inventory and appraisal and on the opposite page are lines for the dates of the original inventory and three revisions.

On the inside of the back cover are printed general instructions for placing insurance, how to give a notice for additional insurance and what to do in case of removal of property. The twelve pages of the book are devoted to a room and are ruled to show the number of articles inventoried, and a memorandum of each article itself, date of purchase, cost and description.

These inventories cost from six to seven cents apiece if they are got up in attractive style and therefore they should not be carelessly mailed.

**Convicted by a Thermometer.**  
In connection with the death of Dr. Whiteaw of Kirkintilloch, Scotland, an interesting story is told of an early career. Being engaged upon a night he was walking along with the messenger when he was set upon and knocked down in a lonely part of the road.

His pockets were rifled and he was left lying on the road, severely injured. One of the articles stolen was a clinical thermometer with which he had that evening taken the temperature of a patient. He remembered the temperature registered, also that he had not shaken down the mercury before putting the thermometer back in his pocket and he communicated these facts to the police.

Some time afterward a thermometer registering the identical temperature was discovered on a pawnshop in Glasgow and by the means of the police were enabled to track the doctor's assailants and to arrest them.

**Orientation.**  
Orientation means that strange baffling power by which many birds and animals find their way home in the dark. Fishes traverse worlds of water back to their spawning grounds, cats tied in a sack and taken over distances of many leagues find their way home again, horses after a weary voyage of a hundred miles away from home have found their old places. In no end of similar cases the return path was found by other powers than sight and hearing. In some cases the eyes are set so far back in the head that they can see only rearward, according to some their swift way by scent organs of sense in the head or snout.

**Chivalry in Lower Animals.**  
In rough and tumble competition like Peary's and Cook's, even the fiercest lower animals sometimes show a chivalrous compassion. Tip, with his own eyes saw a wet dog rat put into a cage and kept for days with a mate and found a mongoose animal which cut a rat's throat like a pair of scissors. The wretched rat made a crouching pitiful oblation and the pair thereafter had no disposition to injure or kill this miserable prey. During the several days, however, perhaps a dozen husky rats were put in with the mongooses for the amusement of the ship's company and were instantly killed.—New York Press.

**Europe's Onerous Burden.**  
In foreign lands the question of armament is discussed in conjunction with treasury deficits. In Germany increased taxation is grumbled at; Japan has lately curtailed her military expenditures for lack of revenues, while in England an almost certain falling off of \$25,000,000 in revenue is foreseen, and a demand for at least \$50,000,000 new expenditure has been created by the enactment of service legislation coupled with the institution of old age pension.

**Scientists Aiding Rivalry.**  
Science in its motives, philanthropic and results is almost identical with religion and as a rule, has not only been amiable toward rivalry but has often encouraged it for the common good. Many rival eminent scientists are constantly assisting one another outside the commercial science.

**Life and Licensed Anarchy.**  
In all things below the range of genius it is foolish to talk in universal terms. Whim is just enough good for the small matters of every day, and life has large areas of licensed anarchy where truth cannot reach as far as your next door neighbor.—Frank Moore Colby.

**Glass Bonnets.**  
A Venetian glass manufacturer is said to be making and selling bonnets by the thousand. The glass cloth of which they are made has the same shimmer and brilliancy of color as silk, and is impervious to water.

**Forgetting.**  
If some people were to think twice before speaking they would probably forget what they wanted to say.—Chicago News.

**A Profanation.**  
Guest—Mercy! What's that awful profanity downstairs?  
Hostess—My husband has come in late and fallen over the new Persian prayer-rug.

**WHY THE BIG TREES ARE BIG.**

Heavy Rainfall Gives Quick Germination and Steady Growth.

The magnificent forests of Douglas fir in Washington—it is called Washington fir there and Oregon fir (its commercial name) in Oregon—do not have an equal anywhere else in the world. This is not surprising if we take into account the rainfall, which in the Puget Sound country is about fifty-three inches, while up in the higher Cascades near Seattle it is 100 inches and even reaches 150 inches.

Under such climatic conditions the seeds of trees germinate readily and all trees continue to make a vigorous growth. These great forests, says Horticulture, are due to the climatic conditions of the region.

On the east slope of the Cascades the rainfall is much less, and here the bull pine is found, interspersed with beautiful white pines, which sometimes reaches a height of 200 feet and a diameter of 6 feet, although there are many trees over 100 feet high and 3 or 4 feet in diameter. The tree resembles our Eastern white pine, but is more slender and with slender spreading or somewhat drooping branches.

**Valuable Chinese Medicine.**  
Curious experiences occasionally come to administrators of even so prosaic a department as the customs. A Sydney correspondent tells of one which recently befell Mr. N. Colston, Los Myster, the Federal Assistant Comptroller General. Above the mantel piece in his office is nailed a sun dried lizard. It had been imported by an enterprising Chinese merchant who desired Mr. Lockyer to take part in a note of it and instruct his officers as to its nature and the amount of duty chargeable on similar consignments in bulk. The Chinaman explained that dried lizard was a very important item in the pharmacopoeia of the Celestial Empire and when ground to powder possessed medicinal properties of untold value. The officers of the department were at a loss to know how to classify the article, their only apparently being between drug preserved food and prohibited venison. Mr. Lockyer cut the Gordian knot by classifying the medicine lizard as unenumerated and admitting it duty free.

**New 12-Cent Stamp.**  
A new twelve-cent postage stamp is to be provided by the Post Office Department to meet the changed conditions resulting from the increase of the fee for registering letters and parcels from 8 to 10 cents.

Acting Postmaster General Stewart has requested the Secretary of the Treasury to authorize the preparation of such a stamp.

The new stamp will ultimately result in the discontinuance of the thirteen-cent stamp. The latter was calculated to cover the cost of the eight-cent registry fee and the 5 cents in international postage rate. The fifteen-cent stamp will serve this purpose for the registry fee has been increased from 8 to 10 cents. The proposed twelve-cent registry fee and the two-cent postage rate in this country and for King and Germany. The twelve-cent stamp was discontinued some years ago. It bore the head of Washington.

**Valuable Common Land.**  
No fewer than 1,500 towns and villages in Germany still own and have owned down from the middle ages so much common land that their inhabitants pay neither rates nor taxes. Five hundred of these townships and villages derive so great a rental from their lands that they are able, in addition, to pay every citizen, on New Year's day a bonus of from \$25 to \$100 as his share of the surplus revenues.

**One of Fashion's Follies.**  
A lady came on an odd-looking bag the other day in one of the fashionable London shops. It was in expensive leather and seemed too large for an ordinary hand bag, also it had a curious opening cut at one side, itwards the top. "Ladies use it for carrying their little dogs," the salesman explained.

**Early Showed Greatness.**  
Andrew Jackson was a marvel of precocity. He carried a flintlock musket as a soldier of the revolutionary army at the age of 14. At 23 he was appointed by Washington district attorney of Tennessee. He was a United States Senator at 30. He did not reach the presidency until he was 62. Sunday Magazine.

**Intellect and the Body.**  
Men of stupendous intellect too often have little bodily powers, for, according to the law of the balancing and conservation of energies, all power here goes to the brain, and little is left for physical use and conventional display, and, indeed, genius has too often lacked even self-control.

**To Take Place of Salt-peter.**  
By the aid of electric-chemical production of manures containing atmospheric nitrogen, Germany expects soon to largely decrease its importation of salt-peter from Chile.

**A Suggestion.**  
I cannot think but that the world would be better and brighter if our teachers would dwell on the Duty of Happiness as well as the Happiness of Duty. Sir John Lubbock.

**The Servant Question.**  
"That woman seems to have a lot of trouble with her help." "Yes, she passes her life on the doorstep, either welcoming an angel or dismissing a fiend!"—Life.

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