FATHER KOENIG'S NERVE TONIC

Helpless Condition. 7

Mrs. Clan Roloff writes from Buffalo, N. Y., Sept. 2, 1907: My son was 7 years of age when he was afflicted with St. Vitus dance, which put him in a pitiful and helpless condition. After the use of the first bottle of Pastor Koenig's Nerve Tonic his condition improved and after using three more bottles he was not afflicted for a time of 5 years. Then he had another spell but not severe at all and having taken another bottle he has not been bothered since. I therefore recommend this Tonic to anyone who is molested with this sickness. Everyone who had seen my boy before and after taking the Tonic would make the same statement that I have made.

Mr. Geo. W Sloan of Petoskey, Mich., writes on March 6, 1906. I was restless, could not sleep and my lower limbs were so weak that they would give way and I would drop down. I then took 2 bottles of Pastor Koenig's Nerve Tonic and now I can get around as well as ever and sleep all night.

FREE A Valuable Book on Nervous Diseases and a Sample bottle to any address. Poor patients also get the medicine free. Prepared by the Rev. Father Koenig, of Fort Wayne, Ind., since 1876, and now by the

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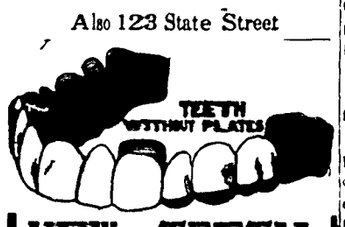

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Notice to Creditors.

PURSUANT to an order of Hon. Selden S. Brown Surrogate of the County of Monroe, notice is hereby given according to law, to all persons having claims or demands against Margaret M O'Neill, late of the city of Rochester County of Monroe, State of New York, deceased, to present the same with the vouchers thereof to the undersigned as such administratrix at No 225 226 Powers Block, Rochester, N. Y., on or before the 10th day of July, 1909.

MARY A O'NEILL
Administratrix.

Murphy Keenan & Keenan, Attorneys for Administratrix, No 225-226 Powers Block Rochester, N. Y

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St. Anthony's Mission

In the Diocese of Northampton,
Fakenham, Norfolk.

THANKS! A THOUSAND GRATEFUL THANKS TO ALL OUR BENEFACTORS.

Through the generosity of the Catholic public we have been enabled to secure a magnificent site for Church, Presbytery and Schools.

We have already built the Presbytery and Sacristy, the latter of which we are using for a Temporary Church until sufficient funds are in hand to build the Church. On no account will our good Bishop allow us to go into debt. Personally, I am glad, because to go into debt would mean ruin to this poor Mission, and would undo all the good that I have been struggling so hard to perform.

I have no diocesan grant, remember, and no endowment except hope.

Not a great kind of endowment, you will say, good reader! But wait and see. I am by no means discouraged Much has been accomplished in the past, and—much more is about to be accomplished.

I have hope in you, good reader. I greatly hope that you will help us to bring this glorious work, so nobly begun, to a successful and speedy issue, that you, in your zeal for the progress of Our Holy Faith, will extend a helping hand to me.

This Mission is the sole outpost o Catholicism in a division of th County of Norfolk measuring 35 b 20 miles My people are poor an scattered, consequently the weekly offerings are necessarily very small. We must have outside help for the present I am most grateful to those who have helped us, and trust they will continue their charity.

To those who have not helped, I would say "For the sake of the cause give something, if only a little" It is easier and the more pleasant to give than to beg. Speed the glad hour when I need no longer plead for a permanent home for the blessed sacrament.

Address —Father H W Gray, Catholic Mission, Fakenham, Norfolk, England

P S—I will gratefully and promptly acknowledge the smallest donation, and send with my acknowledgment a beautiful picture of the Sacred Heart and our Holy Patron, St Anthony of Padua.

EPISCOPAL AUTHORITY.

Dear Father Gray:—You have duly accounted for the alms which you have received, and you have placed them securely in the names of Diocesan trustees. Your efforts have gone far towards providing what is necessary for the establishment of a Permanent Mission at Fakenham. I authorize you to continue to solicit alms for this object until, in my judgment, it has been fully attained.

Yours faithfully in Christ.

F W. KEATING,
Bishop of Northampton

Help Us To Save the Negro.

For twenty-five years the Josephite Fathers have labored among the negroes of the state of Virginia Already nine Mission Stations have been established These are supported by Saint Joseph's Mission House. Others are badly needed to reach our unfortunate colored brethren We appeal to the generosity of the faithful to come to our aid in this glorious apostolate St. Anthony's Union has been established to support the priests who so generously devote their lives to the salvation of this people There are 400,000 negroes in the state of Virginia, but only 2,000 of them are Catholics; the others are ignorant of the blessings that Christ bequeathed to mankind through His church. Our desire and efforts are to erect a new mission each year. Each mission station costs $2,500 to erect. Will you join St. Anthony's Union, and help in the salvation of the souls that cost the blood of Jesus Christ to save?

"Of all things the most divine is to co-operate in the salvation of souls."—St. Cyril of Jerusalem.

Send a donation to Rev. Charles Hannigan, St. Joseph's Mission House, Box 842, Richmond, Va.

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Of Interest to Women

Present Unrest Among Women—The Mating Instinct Between the Ages of 17 & 19—A Far Finer Set of Tactics Evolve "Young Ladies" in their Twenties Says The Delineator.

I think there is little doubt that this world-old statute that the man alone shall woo has more to do with keeping down the mental and moral tone of woman, with cultivating her ignoble talents for deceit and intrigue, than any of the other forces which she finds arrayed against her, says The Delineator It is not the softening influence of the matrimonial and maternal states that works so many miracles, but the abrupt removal of the necessity to practice a demoralizing self-control, to appear something that she is not, to still much ugly anger and resentment. I have known many girls, plentifully endowed with good looks and charm, to confess that they have "lain awake nights scheming how to get that man," only in nine cases out of ten, to find him, later on, quite unworth the trouble.

We are all familiar with the selfishness the shyness, the lack of real frankness, in what might be called the Threshold Girl anywhere between seventeen and nineteen. This is nothing worse than the mating instinct driving her blindly until she has learned to play her part with taste and tact. During that period she gropes about in her still childish brain for those qualities that will enable her to hold at least her own in the great game, and she is the more befuddled because of that curious tradition that a girl must seem other than she is

Of course, with only this old standard of feminity, and being still fluid and plastic, the poor things more often than not model themselves upon some favorite heroine of romance, and are only knocked into shape by those indefatigable partners, Life and Time Some of our Western girls, it is true, have a disposition to rush at a man with both arms outstretched—one sees it constantly among the second class hordes traveling in Europe; and this, I infer, is the primitive impulse of almost primitive tribes to get what they want in the shortest possible time But even these girls, when they are walking more thoughtfully in their twenties, when they are "young ladies," evolve a far finer set of tactics, they lose the savagery of adolescence, and cultivate those qualities which, when persisted in long enough, make them more than a match for any man.

OPERATIC STAR WEDS AGAIN.

Nordica.

Madam Lillian Nordica, the famous American songbird has astonished her profession by marrying again.

She was recently wedded in London to J. W. Young, a famous capitalist of New York and Paris. Her marriage will not interfere with her operatic career, as she has signed contracts which bind her to long tours for several years to come.

A Thirteen-Inch Waist.

Mlle. Polaire, a popular singer of the Paris stage, has been painted and photographed as the woman with the smallest waist in the world. She is 5 feet 4 inches tall, and her waist measures eactly 13 inches. For her height this is at least 7 inches short of a moderate measure. A woman with a 20-inch waist is proud of it. There are vastly fewer 20-inch waists than waists measuring 25 inches. But what advantage does Mlle Polaire enjoy at present? Her little waist is distinctly unfashionable. If she goes out laced tight she is looked upon by her sisters either as a crank or a freak. The directoire style has done away with the tight waist for the time being, and there is no immediate reason for this French woman with the waspish figure to plume herself on it.

To Become Sylphlike.

If that part of the feminine world which is striving to attain sylphlike proportions, would adopt the Japanese method of gaining them they would surely be assured of success. The mothers of the Mikado's realm consider a fat bride a disgrace, and so for weeks before the wedding they deal out daily to their obedient daughters three teaspoonfuls of rice and one glass of hot water, and on the bridal day the maidens are led forth as willowy and slender as heart could desire.

Notes and Comment

Of Interest to Women Readers

KEEP SCISSORS IN CASE.

Design for Ornamental and Useful Contrivance.

Good scissors should always be kept in a case, and as many of them are sold without cases, such a little ornamental one as we show here will be found useful. Its size and shape must, in a great measure, depend on the scissors it is intended for; and

this can easily be ascertained by tracing 'round them when they are laid flat down

Two pieces of cardboard are covered with silk that has been painted or embroidered with some pretty little design, line each with plain silk and bind the edge with narrow ribbon or else work round in buttonhole, forming tiny scallops. Narrow sarcenet ribbon is then seamed to each edge to form a border that separates the two sides.

THE WAY TO ENCOURAGE YOUR HUSBAND WHO IS STRUGGLING FOR A LIVING.

Do not hesitate to remind him every few days that you have nothing decent to wear—never have had since you were married.

Ask him, every little while, "Why is it we never have anything like other people; never go anywhere?"

Do not fail to tell him now and then that he has been hard up for money ever since you were married

Do not forget to twit him with the fact that he took you out of a comfortable home and buried you in an obscure, out-of-the-way place, and that he never has time to go anywhere with you.

Do not forget to remind your husband often that your children do not dress as other children do, that the girls should take music lessons from the best teachers, and that they should have a first-class piano and other things to correspond.

Do not encourage your children to wear their clothes a long time, and never try to make them over. When a garment begins to show wear, to get a little out of date, just cast it aside and get a new one. New clothes look so much fresher and smarter than old ones, and one feels so much better in them.

Do not try to economize too much. You know it is the liberal soul that gets fat. Be generous with your husband's money.—Success Magazine.

A Woman's Nature Story.

Mrs William Holbrook of Harpswell, Me., is the owner of a cat which was whipped by robins, and Mrs. Thomas Welsh of the same town has a cat that "permits deserted chickens to nestle in her fur to keep warm." Mrs. Holbrook says her cat, called Jim Blaine, tried to catch a young robin on the lawn, and that the parent birds called a score of robins to their assistance. The birds were fighting mad, and two of them chased Jim Blaine into the house. Mrs. Holbrook took the cat and put it out on the porch, and the robins formed a line between the fledglings and the porch and in bird language dared Jim Blaine to come on. Jim refused the call to combat. Mrs. Welsh's cat made friends with the fluffy, cheeping chicks after her kittens had been taken from her. The cat and the chickens have been photographed together.

Wedding Ring Finger.

The idea that the wedding ring should be worn on the third finger of the left hand because "a nerve connects this finger with the heart" is of Roman origin, but, oddly enough, is not continued on the Continent as in England, for in France, Belgium and Germany, and most other European nations, the 'engagement ring" finger is the third finger of the left hand, while the "wedding ring" finger is the third finger of the right hand.

CALIFORNIA FRUIT ROT.

Disease Baffles Plant Doctors—Government to Assist.

A dreadful plant disease has arisen to trouble California fruit growers, and Professor R. E. Smith, assistant professor in plant pathology, has been asked to cure the ill. He has announced that the Government at Washington would co-operate with the Agriculture College here in an attempt to wipe out the lemon brown rot, a disease which is threatening the destruction of the entire lemon growing industry of California

The brown rot in lemons constitutes a new problem for plant pathologists, its character differing radically from any fungus or parasitic growth known to those who make the expert study of such diseases a specialty. Its effects thus far have been to partly paralyze the lemon growing business, nearly 50 per cent of the crop last year having been spoiled by the brown rot. The disease spreads a brown mold on the surface of the fruit, which eventually shrivels the lemon, making it unfit for use.

Three years ago the first sign of the brown rot appeared in the lemon orchards of Southern California. It spread and attacked nearly every orchard in the State. It is a pest not known in other countries.

Profesor Smith and his assistants have four plant diseases to which they are devoting especial attention, these being the walnut blight, which is receiving study at the hands of A. M. West, Government expert, at Whittier, in Southern California, pear blight, lemon brown rot and sweet potato blight. The Legislature has appropriated $50,000 for this purpose.

NEGROES AS FIGHTERS.

Many Champions, but No Winner of World's Heavyweight Title.

Whatever may be the final decision on the color line in pugilism—the fact remains that no negro heavyweight ever held the championship of the world. Probably the only fighter of his race who came near to such a distinction was Peter Jackson. But John L. Sullivan, who then wore the crown, blocked Jackson's ambition by refusing to give him a battle. There have been instances where colored scrappers have fought for the championship of England. This happened many years ago, though. Of late whatever glories the negro has attained in the prize ring, were won in America.

Among the smaller brigade the negroes may be said to have been very conspicuous. Three have held the world's title at their various weights. George Dixon was the bantam and featherweight champion of the world for nearly ten years, and only relinquished his laurels to Terry McGovern when it was evident that the noted negro was on the decline. Joe Gans, has been on top for a number of years and Joe Walcott has never been directly beaten for his belt of welterweight champion. Walcott may now be considered out of the hunt because of an injury to one of his hands, which he received in a shooting scrape about a year ago. Walcott had ambitions to become the heavyweight leader. He tried his skill against Joe Choynski as a starter and triumphed, knocking the Hebrew out in a short fight. Walcott felt very proud of his feat and some facetious sporting writer dubbed him "Joe the Giant Killer.—N. Y. Times.

Laziness in Holland.

The man who is too lazy to work keeps out of Holland if he is wise, or makes his escape as soon as he discovers that there at least a means has been found to make him work. When a prisoner or pauper refuses to work he is lowered into a cistorn, which is provided with a pump at the bottom. A stream of water is turned on and the idler is left to his own devices. The capacity of the pump is but slightly in excess of the stream flowing into the tank, and to keep his head above water he must keep pumping.

As a rule, he spends some little time before he finds that the water is slowly creeping upon him. He is not urged to go to work, but presently he takes his place at the handle and begins the task. By working quickly he is able to clear out the water after a short time, but he has to keep at work if he wishes to keep dry feet. There have been occasions when a stubborn offender has refused to pump and has quietly floated upon the water until fished out by the keeper, but this simply doubles his task, and he is not taken from the water until he is able to keep afloat no longer.

Fate of Men Who Shot a Spy.

"While with the British army in South Africa," said Major Barchard, an attache of the British Consulate, "I was allotted on one occasion the stern task of commanding a firing party of ten men who executed a Boer officer who had broken his parole and afterward been condemned as a spy. He had assumed the uniform of an English soldier and penetrated our lines after having levanted when on his parole.

"Every member of that firing party has come to fatal or serious grief since that Friday morning when in the gray dawn we shot the spy. Sudden death or a bad accident has befallen each one.

"My turn has come, as you see. And the soldier who had fought in half-dozen campaigns pointed to his left arm, which was in splints, having been fractured in a street accident.

COMMERCIAL [illegible]

Special Types of [illegible] Other Arctic [illegible]

First and foremost she will be a powerful steamer, carrying an engine power which the size of her hull will contain. All previous arctic ships have been sailing vessels with only accessory or auxiliary steam power. The sail power of the new steamer will be auxiliary only.

Second, she is the first purely fore-and-aft-rigged vessel yet built for arctic work. None of the others have been able to get away entirely from the old-time square-rig. The rig will be three-masted schooner, and her sail area about three-fourths of the sail area of the famous Maine schooner of the same size of hull. In hull model the ship differs from other arctic ships in several points.

The rake of her stem is much more pronounced than in any previous ship of her class. Her forefoot is more rounding, and her bows are more wedge-shaped. This increase in the rake of the stem not only makes her effective as an ice breaker, but is necessitated by her unusual engine power, the incline of the stem acting as a buffer to her impact against the ice.

The pronounced wedge shape has been given to her bows because the greater portion of her work will be that of slowly and laboriously squeezing her way through and between fields and fragments of heavy ice, and the sharper her bow, the more effective will be her engine power.—Harper's Weekly.

EARTH RISES LIKE DOUGH.

Action of Moisture on Mineral Matter Nearly Wrecks School.

A natural phenomenon recently caused considerable damage to the State Normal School Building of Los Angeles, and there was also great apprehension until the real cause of the disturbance was learned.

For some time past the centre of the building has been slowly rising, being thrust upward by some mysterious agency. It has caused the floors to bulge, doors and windows to be racked to a degree to prevent opening and shutting, and finally the walls of the building began to crack. The building frequently quivered as though from light earthquake shocks, and pupils and teachers were in a chronic state of nervousness.

State Superintendent of Public Instruction Kirk investigated the trouble, and digging down underneath the centre of the building he found great masses of swelling earth, caused by the crystallization of ferrous sulphate.

The building stands over a great body of mineral matter—gypsum, iron, aluminum, salt, sulphur and other minerals. The chemical combinations brought about by moisture penetrating the mass are what has caused the disturbance. Many tons of the earth have been taken out, and iron and stone supports introduced.

Resting the Heart.

"Rest your heart now and then during the day," said an instructor in gymnastics.

"But the heart can't be rested," a pupil objected. "It works incessantly from birth to death."

"It rests the heart to lie down," said the instructor. "Every night's sleep of nine hours saves the heart the lifting of 32,400 ounces of blood. Considerable rest there, eh?

"When we lie down, you see, the heart's action becomes slower—slower by ten strokes a minute. Thus in an hour 600 strokes are saved, and in nine hours 5,400 strokes. Each stroke pumps [illegible] ounces of blood, and therefore, in nine hours the heart is saved the labor of pumping 32,400 ounces.

"The heart often requires a rest."—Philadelphia Bulletin.

Money Hotel Cashiers Dislike.

"It is a curious habit, the great American public has of wanting the kind of money that hotel cashiers dislike and have the least of," said one of those useful functionaries.

"Many are the times each day that I am called upon by ladies especially, for 50 cent pieces. Quarters won't answer, they want half dollars, though why that particular coin I've never been able to understand. No cashier cares to keep halves on hand, but always maintains a good stock of quarters and dimes for the reason of their greater convenience. Many of the guests also beg for $1 notes, despite the fact that of all forms of currency they are the most objectionable. We never take them voluntarily and pay them out as fast as they come in."

Modern Financial Banking.

The newer plan of using deposited funds not so much for the discounting of the regular commercial paper of customers as for the promotion of more or less speculative enterprises has come into use in answer to a natural demand and is doubtless capable of being employed to the great advantage of general business as well as that of individuals. But the greater profits possible in this kind of banking business necessarily involve greater risks, and these should not be incurred without the provision of extreme precautions. These precautions are to be sought primarily in the integrity and exceptional ability of those who secondarily in a proper system of governmental examination and control.—Providence (R. I.) Journal.