


**FATHER KOENIG'S NERVE TONIC**



Helpless Condition.

Mr. C. S. Koenig writes from Buffalo, N. Y., Aug. 2, 1911: "My son was 2 years of age when he was afflicted with St. Anthony's Mission. After the use of the first bottle of Father Koening's Nerve Tonic he was able to walk and to play like a healthy child. He was not afflicted for a time of a year. Then he had another spell but not severe at all and having taken another bottle he has not been troubled since. I therefore recommend this Tonic to anyone who is afflicted with this disease. Everyone who had used my bottle before and after taking the Tonic would make the same statement that I have made."

My Geo. W. Sloan of Paterbury, Mich., writes on March 2, 1911: "I was restless, could not sleep and my love little boy was not well. When I took a bottle of Father Koening's Nerve Tonic and more I can get around as well as ever and sleep all night."

**FREE** A Valuable Book on Nervous Diseases and a Sample Bottle to any address. Please mention you got the medicine free. Prepared by Dr. Wm. J. Koening, of Fort Wayne, Ind., since 1876, and now by his son, **Wm. J. KOENIG MED. CO., Chicago, Ill.** 1001 L Street, Chicago, Ill.

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**St. Anthony's Mission**  
In the Diocese of Northampton,  
Fakenham, Norfolk.

THANKS A THOUSAND GRATEFUL, YET THANKS TO ALL OUR BENEFACTORS. Through the generosity of the Catholic public we have been enabled to secure a magnificent site for Church, Presbytery and Schools. We have already built the Presbytery and Sacristy, the latter of which we are using for a Temporary Church until sufficient funds are in hand to build the Church. On no account will our good Bishop allow us to go into debt. Personally, I am glad, because to go into debt would mean ruin to this poor Mission, and would undo all the good that I have been struggling so hard to perform. I have no diocesan grant, remember, and no endowment except hope. Not a great kind of endowment, you will say, good reader! But wait and see, I am by no means discouraged. Much has been accomplished in the past, and—much more is about to be accomplished.

I have hope in you, good reader. I greatly hope that you will help us to bring this glorious work, so nobly begun, to a successful and speedy issue, that you, in your zeal for the progress of Our Holy Faith, will extend a helping hand to me.

This Mission is the sole outpost of Catholicism in a division of the County of Norfolk measuring 35 by 20 miles. My people are poor and scattered, consequently the weekly offerings are necessarily very small. We must have outside help for the present. I am most grateful to those who have helped us, and trust they will continue their charity.

To those who have not helped, I would say "For the sake of a little—It is easier and the more pleasant to give than to beg. Speed the glad hour when I need no longer plead for a permanent home for the blessed sacrament."

Address—Father H. W. Gray, Catholic Mission, Fakenham, Norfolk, England.

P. S.—I will gratefully and promptly acknowledge the smallest donation, and send with my acknowledgments a beautiful picture of the Sacred Heart and our Holy Patron, St. Anthony of Padua.

EPISCOPAL AUTHORITY.  
Dear Father Gray—You have duly accounted for the alms which you have received, and you have placed them securely in the names of Diocesan trustees. Your efforts have gone far towards providing what is necessary for the establishment of a permanent Mission at Fakenham. I authorize you to continue to solicit alms for this object until, in my judgment, it has been fully attained. Yours faithfully in Christ,  
F. W. KEATING,  
Bishop of Northampton

Help Us To Save the Negro.

For twenty-five years the Josephite Fathers have labored among the negroes of the state of Virginia. Altogether nine Mission Stations have been established. These are supported by Saint Joseph's Mission House. Others are badly needed to reach our unfortunate colored brethren. We appeal to the generosity of the faithful to come to our aid in this glorious apostolate. St. Anthony's Union has been established to support the priests who so generously devote their lives to the salvation of this people. There are 400,000 negroes in the state of Virginia, but only 2,000 of them are Catholics; the others are ignorant of the blessings that Christ bequeathed to mankind through His church. Our desire and efforts are to erect a new mission each year. Each mission station costs \$2,500 to erect. Will you join St. Anthony's Union, and help in the salvation of the souls that cost the blood of Jesus Christ to save?

"Of all things the most divine is to co-operate in the salvation of souls."—St. Cyril of Jerusalem.

Send a donation to Rev. Charles Hannagan, St. Joseph's Mission House, Box 842, Richmond, Va.

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**Notice to Creditors.**

PURSUANT to an order of Hon. Selden B. Brown, Surrogate of the County of Monroe, in and for the State of New York, do hereby give notice to all persons having claims or demands against Margaret E. Conroy, late of the County of Rochester, deceased, to present the same with the vouchers therefor to the undersigned such administration as may be directed by the Court, on or before the 15th day of July, 1911.

MARIA O'NEILL,  
Administratrix.

Murphy Keenan & Keenan, Attorneys for Administratrix, No. 225-226 Powers Block, Rochester, N. Y.

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**Of Interest to Women**

Presses Urgent Among Women—  
The Making Instant Between the  
Ages of 17 & 19—A Fair Firm Set  
of Tactics Evolve "Young Ladies" in  
their Twenties Says The Delineator.

I think there is little doubt that this world-old statute that the man alone shall woo has more to do with keeping down the mental and moral tone of woman, with cultivating her ignoble talents for deceit and intrigue, than any of the other forces which she finds arrayed against her, says The Delineator. It is not the softening influence of the matrimonial and maternal states that works so many miracles, but the abrupt removal of the necessity to practice a demoralizing self-control to appear something that she is not, to still much ugly anger and resentment. I have known many girls, plentifully endowed with good looks and charm, to confess that they have "lain awake nights scheming how to get that man," only in nine cases out of ten, to find him, later on, quite unworthy the trouble.

We are all familiar with the selfishness, the shyness, the lack of real frankness, in what might be called the Threshold Girl anywhere between seventeen and nineteen. This is nothing worse than the mating instinct driving her blindly until she has learned to play her part with taste and tact. During that period she gropes about in her still childish brain for those qualities that will enable her to hold at least her own in the great game, and she is the more bedded because of that curious tradition that a girl must seem other than she is.

Of course, with only this old standard of femininity, and being still so young and so inexperienced, she often does not model themselves upon some favorite heroine of romance, and are only knocked into shape by those indefatigable partners, Life and Time. Some of our Western girls, it is true, have a disposition to rush at a man with both arms outstretched—one sees it constantly among the second class hordes traveling in Europe; and this, I infer, is the primitive impulse of almost primitive tribes to get what they want in the shortest possible time. But even these girls, when they are walking more thoughtfully in their twenties, when they are "young ladies," evolve a far finer set of tactics, they lose the savagery of adolescence, and cultivate those qualities which, when persisted in long enough, make them more than a match for any man.

**Notes and Comment**  
Of Interest to Women Readers

**KEEP SCISSORS IN CASE.**

Design for Ornamental and Useful Contrivance.

Good scissors should always be kept in a case, and as many of them are sold without cases, such a little ornamental one as we show here will be found useful. Its size and shape must, in a great measure, depend on the scissors it is intended for; and



This can easily be ascertained by tracing round them when they are laid flat down.

Two pieces of cardboard are covered with silk that has been painted on with some pretty little design, line each with plain silk and bind the edge with narrow ribbon or else work round in buttonholes, forming tiny scallops. Narrow sateen ribbon is then seamed to each edge to form a border that separates the two sides.

**THE WAY TO ENCOURAGE YOUR HUSBAND WHO IS STRUGGLING FOR A LIVING.**

Do not hesitate to remind him every few days that you have nothing decent to wear—never have had since you were married.

Ask him, every little while, why is it we never have anything like other people; never go anywhere?

Do not fail to tell him now and then that he has been hard up for money ever since you were married.

Do not forget to twit him with the fact that he took you out of a comfortable home and buried you in an obscure, out-of-the-way place, and that he never has time to go anywhere with you.

Do not forget to remind your husband often that your children do not dress as other children do, that the girls should take music lessons from the best teachers, and that they should have a first-class piano and other things to correspond.

Do not encourage your children to wear their clothes a long time, and never try to make them over. When a garment begins to show wear, just cast it aside and get a new one. New clothes look so much fresher and smarter than old ones, and one feels so much better in them.

Do not try to economize too much. You know it is the liberal soul that gets fat. Be generous with your husband's money.—Success Magazine.

**OPERATIC STAR WEDS AGAIN.**



Madam Lillian Nordica, the famous American songbird, has astonished her profession by marrying again.

She was recently wedded in London to J. W. Young, a famous capitalist of New York and Paris. Her marriage will not interfere with her operatic career, as she has signed contracts which bind her to long tours for several years to come.

**A Thirteen-Inch Waist.**  
Mlle. Poitrine, a popular singer of the Paris stage, has been painted and photographed as the woman with the smallest waist in the world. She is 5 feet 4 inches tall, and her waist measures exactly 12 inches. For her height this is at least 7 inches short of a moderate measure. A woman with a 20-inch waist is proud of it. There are vastly fewer 20-inch waists than waists measuring 25 inches. But what advantage does Mlle. Poitrine enjoy at present? Her "little waist" is distinctly unfashionable. If she goes out laced tight she is looked upon by her sisters either as a crank or a freak. The directoire style has done away with the tight waist for the time being, and there is no immediate reason for this French woman with the waspish figure to plume herself on it.

To Become Syphilitic.  
If that part of the feminine world which is striving to attain syphilitic proportions, would adopt the Japanese method of gaining them they would surely be assured of success. The mothers of the Mikado's realm consider a fat bride a disgrace, and so for weeks before the wedding they deal out daily to their obedient daughters three teaspoonfuls of rice and one glass of hot water, and on the bridal day the maidens are led forth as willow and slender as heart could desire.

**CALIFORNIA FRUIT ROT.**

A dreadful plant disease has arisen to trouble California fruit growers, and Professor R. E. Smith, assistant professor in plant pathology, has been asked to cure the ill. He has announced that the Government at Washington would co-operate with the Agricultural College here in an attempt to wipe out the lemon brown rot, a disease which is threatening the destruction of the entire lemon-growing industry of California.

The brown rot in lemons constitutes a new problem for plant pathologists, its character differing radically from any fungus or parasitic growth known to those who make the expert study of such diseases, especially, its effects thus far have been to partly paralyze the lemon-growing business, nearly 50 per cent of the crop last year having been spoiled by the brown rot. The disease spreads a brown mold on the surface of the fruit, which eventually shrivels the lemon, making it unfit for use.

Three years ago the first sign of the brown rot appeared in the orchards of Southern California. It spread and attacked nearly every orchard in the State. It is a pest not known in other countries.

Professor Smith and his assistants have four plant diseases to which they are devoting special attention, these being the walnut blight, which is causing a great deal of damage to the walnut industry of California; the citrus blight, lemon brown rot and sweet potato blight. The Legislature has appropriated \$50,000 for this purpose.

**NEGROES AS FIGHTERS.**  
Many Champions, but No Winner of World's Heavyweight Title.

Whatever may be the final decision on the color line in pugilism—the fact remains that no negro heavyweight ever held the championship of the world. Probably the only fighter of his race who came near to such a distinction was Peter Jackson. But John L. Sullivan, who then wore the crown, blocked Jackson's ambition by refusing to give him a battle. There have been instances where colored scrappers have fought for the championship of England. This happened many years ago, though. Of late whatever glories the negro has attained in the prize ring, were won in America.

Among the smaller brigade the negro may be said to have been rarer; conspicuous. There have held the world's title at their various weights, George Dixon was the bantam and featherweight champion of the world for nearly ten years, and only relinquished his laurels to Terry McGovern when it was evident that the noted negro was on the decline. Joe Gans, has been on top for a number of years and Joe Walcott has never been directly beaten for his belt of waterweight champion. Walcott may now be considered out of the hunt because of an injury to one of his hands, which he received in a shooting-scrape about a year ago. Walcott had ambitions to become the heavyweight leader. He tried his skill against Joe Choynick as a starter and triumphed, knocking the Hebrew out in a short fight. Walcott felt very proud of his feat and some facetious sporting writer dubbed him "Joe the Giant Killer."—N. Y. Times.

**Resting the Heart.**

"Rest your heart now and then during the day," said a teacher in gymnastics.

"But the heart can't be rested," a pupil objected. "It works incessantly from birth to death."

"It rests the heart, to its down," said the instructor. "Every night's sleep of nine hours saves the heart the lifting of 27,000 pounds of blood. Consider that rest, then, the heart's action becomes slower by ten strokes a minute. Thus in an hour 600 strokes are saved, and in nine hours 5,400 strokes. Each stroke pumps out a puncheon of blood, and therefore, in nine hours the heart is saved the labor of pumping 54,000 ounces.

"The heart often requires a rest," Philadelphia Bulletin.

**Money Won't Quicken Business.**

"It is a curious habit of the American public," says a writer, "of wanting the kind of money that holds cash in one's hand. The 'hot' character of those useful 'hot' notes is something that I am called upon by ladies especially, for 50 cent pieces. Quarters won't answer, they want half-dollars, though why that particular coin I've never been able to understand. No cashier cares to keep money on hand; but always carries a good stock of quarters and dimes for the reason of their ready convenience. Many of the great big beg for \$1. notes, despite the fact that all forms of currency never take them voluntarily, and they run out as fast as they come in."

**Fate of Men Who Shot a Spy.**

"While with the British army in South Africa," said Major Barchard, an attaché of the British Consulate, "I was allotted on one occasion the stern task of commanding a firing party of ten men who executed a Boer officer who had broken his parole and afterward had been condemned as a spy. He had assumed the uniform of an English soldier and penetrated our lines after having levanted when on his parole.

"Every member of that firing party has come to fatal or serious grief since that Friday morning when in the gray dawn we shot the spy. Sudden death or a bad accident has befallen each one.

"My turn has come, as you see, and the soldier who had fought in half-dozen campaigns pointed to his left arm, which was in splints, and said, 'I have been fractured in a bad accident.'

**Wedding Ring Finger.**

The idea that the wedding ring should be worn on the third finger of the left hand because "a nerve connects this finger with the heart" is of Roman origin, but, oddly enough, is not continued on the Continent as in England, for in France, Belgium and Germany, and most other European nations, the "engagement ring" finger is the third finger of the left hand, while the "wedding ring" finger is the third finger of the right hand.

**Modern Financial Banking.**

The newer plan of doing deposit funds not so much for the accounting of the regular commercial paper of customers as for the promotion of more or less speculative enterprises has come into use in answer to a natural demand, and is doubtless capable of being employed to the great advantage of general business as well as that of individuals. But the greater profits possible in this kind of banking business necessarily involve greater risks, and these should not be incurred without the provision of sufficient guarantees. These provisions are now sought primarily in the form of half-dozen campaigns pointed to the left arm, which was in splints, and said, 'I have been fractured in a bad accident.'

**BARTH RISES LIKE DOUGLASS.**

Action of Ministry on Minister's Motion Nearly Wrecked School.

A natural phenomenon recently caused considerable damage to the State Normal School Building of Los Angeles, and there was also great apprehension until the real cause of the disturbance was learned.

For some time past the walls of the building had been slowly rising, being thrust upward by some mysterious agency. It has caused floors to bulge, doors and windows to be racked to a degree by preventing opening and shutting, and shaking the walls of the building began to crack. The building frequently quaked as though from light earthquake shocks, and pupils and teachers were in a chronic state of nervousness.

State Superintendent of Public Instruction, Mr. J. H. Johnson, had been told of the building's condition, and the cause of the disturbance was learned.

The building stands over a great body of mineral water, which, from alumina, small helium and other minerals. The chemical conditions brought about by this water penetrating the mass are what has caused the disturbance. Minerals of the earth have been taken out, and iron and stone supports introduced.

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