

Notes and Comment

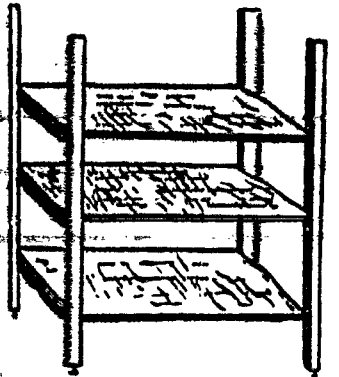
Of Interest to Women Readers

DRYING VEGETABLES

How the Thrifty Housewife May Save Expense of Buying Jars.

To have many home-canned vegetables for winter use, the expense of buying glass jars is quite a tax on the pocketbook...

If one dries but a small quantity at a time, they can be spread upon plates and dried, but if more are to be prepared a home-made evaporator is very economical to have.



shows plainly the construction, and of course it can be made any size. The four upright pieces should each have a wire nail driven part way into the bottom to protect the wood from direct contact with the stove.

HOUSEHOLD HINTS

A bit of kerosene rubbed on the hands will remove the stains. Eat plenty of dandelion greens. They are a fine tonic.

A few drops of ammonia on a dry cloth will clean the rubber rollers of your wash wringer.

A large glass bottle is the best receptacle for vinegar. Handkerchiefs ironed in the middle first are not so apt to pecker.

Slowly stir a glass of pure warm milk just before you go to bed and you will have a peaceful sleep.

A toy washboard will do nicely for washing ribbons and laces. As a substitute for oyster crackers, toast slices of bread and cut in squares.

To keep oatmeal plump during the summer, place in a glass jar and screw on the top. This will keep them dry and away from moths.

How to Make Good Starch. It is an art to make good starch. To make thick starch use eight times as much water as starch and a quarter of a pound of lard, honey or glycerine to one quart of water.

Make a smooth paste with cold water; thin by as much more cold water. Add boiling water, stirring fast. If the paste lumps, stop adding hot water and beat the lumps out. Cook over the flame when all the water has been added.

There is a woman historian. Mrs. Percy Penzance of Austin, Tex., National Assessor of the Federation of Women's Clubs, is passing the spring in New York and Washington gathering impressions on the tariff and other timely topics.

Give a child quinine put white of an egg, gelatin on the egg, and a toothpick rope the egg around the gelatin. When taking one of these things, in it put a little hot water, cover the cover all, and heat in water.

Of Interest to Women

A Woman's "Gym" Club—Athletic Organization a Success in Kansas City—Has Thirty Classes in Which Nearly Two Hundred Women Take Lessons From Physical Directors.

When the idea of having an athletic club for women was mentioned a year ago no one supposed that such an institution would amount to much.

But the club was organized—the Kansas City Women's Athletic Club—and now, on any night, you may see from twenty-five to thirty women in the gymnasium in the Owen building, on Walnut street if you have the car at privilege.

The club has been a success from the start. Before a month had passed it had outgrown its home in the Owen building, and Mrs. Viola Dale McMurray the founder, was bustling around looking for a larger place.

Only a Lion-Tamer. He was a giant of a man, and brought his meek-looking little wife before the magistrate on the charge of cruelty.

Among His Books. Exactly what it means to be "literary" is an open question. Sometimes it implies that a person writes some things merely that he is a lover of good reading.

That Depends on the Point of View. An Englishman and an Irishman were overheard discussing Miss Annet Kellermann and her "Diving Venus" act at the Fifth Avenue Theater recently.

Disposing of His Pretensions. Military Germany versus pugnae Ireland appears in an anecdote related in Everybody's Magazine.

Metal Has New Properties. When 70 per cent of cerium is alloyed with 30 per cent of iron the metal thus produced possesses the remarkable property of giving off a shower of sparks when struck lightly by a steel wheel.

A Complete Disguise. Little Jessie was very proud of her new coat and bonnet that her mama had just bought for her.

First Aid. "If you were called upon to deal with a hysterical person," asked the examiner at the emergency class, "what would you do?"

Baby's Stomach, Hands and Feet. Mothers have a tendency to over-dress the baby in summer.

What They Look Like. The little boy had been given oyster stew for dinner.

Mrs. Aster Wears Genuine Turban. Mrs. Waldorf Astor is trying to introduce a new fashion in England and also is making efforts to have her Old-time American friends take it up.

To Restore Discolored Enamel. Dissolve the contents of one small box of chloride of lime and one small package of baking soda in a tubful of water.

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SPIRAL ARROW HEADS.

Perform Complete Revolution in a Space of 20 Inches.

According to an authority of the National Museum at Washington there have recently been found in New Jersey several chalcid arrow-heads which are so peculiar in form that, if they are genuine relics of Indian times, they seem to indicate that the red men may have sought, in some cases, to give their arrows a twisting motion, like that of a rifle ball.

The arrow-heads in question are cut in a spiral shape, and one of them makes a fifth of a turn in its length of two and one-half inches.

Take Life Like a Man. It is a pitiable thing to see a young man whining over his lot in life, and cursing indifference and inaction because of hard luck, or some cruel fate which has put stumbling blocks in his way.

Below is the formula for a mouth wash which will heal the gums. A paste made of powdered pumice stone and peroxide of hydrogen applied with an orange stick will clean off the tartar but if your teeth are really in poor condition the best plan is to see a dentist at once and not experiment with them yourself.

Sore Gums, Etc. Below is the formula for a mouth wash which will heal the gums. A paste made of powdered pumice stone and peroxide of hydrogen applied with an orange stick will clean off the tartar but if your teeth are really in poor condition the best plan is to see a dentist at once and not experiment with them yourself.

Cucumber Lotion. This is a very good time to print the formula for cucumber lotion which is given below.

Liquid Powder. Here is a formula for liquor powder which may be used at night. Be sure to follow the directions carefully.

Skin Too Shiny. Be careful to rinse the soap well after washing your face. It should be rinsed off in several waters.

Scalp Too Dry. Here is the formula of a good stimulating unguent for a dry scalp.

Anti-Kink Pomade. Here is a pomade that will make the hair permanently straight, but will make it more pliable and easier to arrange.

Enlarged Pores. One of the simplest and best cures for enlarged pores is to use a scrubbing brush and pure soap.

Helpful Beauty Hints

Strawberry Recipe Good For Red Cheeks—Mouth Wash to Heal Sore Gums—Simple Lotions For The Skin—Anti-Kink Hair Pomade—The Best Cure For Enlarged Pores.

How to Gain Red Cheeks. Some people are constitutionally pale, and no amount of deep breathing and physical culture exercises, besides to enrich the blood, etc., will ever give them red cheeks.

Fresh ripe strawberries, 3 quarts; distilled water, 1 pint. Place in a fruit jar and set the jar in a saucepan of water over a slow fire.

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WAGES ON RUSSIAN FARMS.

Agricultural Laborer Receives Only \$32 a Year and Subsistence.

The extreme poverty and the low standard of living of peasants from whom the agricultural laborers are recruited assure a low level of wages for agricultural labor.

According to an official investigation, embracing the decade of 1881-1891, the average annual wages for a male agricultural worker in Russia were less than \$32 and for a female worker less than \$18.

When Greek Meets Greek. A young Irishman in want of a wife wrote to his uncle as follows:

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HOW TO FIND A BEE TREE.

Method That is Followed With Success By the Expert Hunter.

Some bee hunters simply put out a bit of honeycomb, or even trickles of honey on a clean chip, never regarding the pungency of scorched wax, says a contributor to the Country Calendar.

Following a laden bee is none so easy. The spiral rise is confusing. But a master bee hunter is apt to be hunched over, watching the black hovering speck until it strikes line, then runs along its line, knowing well it will go straight to within a few feet of the hive.

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