A MOUNTAIN AIR CURE.

Summer and Winter Alternate Daily at St. Moritz.

The summer season at St. Moritz, a health resort high among the Alps, is short—a scant two months—when the temperature is mild. But even in August snow sometimes falls in the valley at night. The sun is the life of St. Moritz. The moment it appears over the mountain tops it assails the frost and the cold of night like a devouring flame. It sends the mercury in the thermometer chasing up the tube twenty degrees in an hour Where there had been snow at midnight ladies in lawn dresses and men in cool flannels are lounging about at noonday. Then late in the afternoon comes another change The life giving sun drops behind a mountain peak. Instantly a chill shivers through the valley and it is winter again.

There are springs at St. Moritz and baths, but they are not patronized with the regularity of lowland resorts The air is a better cure than the water. Mountain climbing is more beneficial to the muscles than massage. Long drives through the valley, excursions to glaciers and diligence journeys over the passes take the place of doctors. Outdoor life is the cure of St. Moritz.—Everybody's.

Strange Food for Humans.

According to a writer in the Scientific American, perhaps the most singular food for human beings is the larvae of a fly which is common in parts of California. This insect is found in such vast quantities in Lake Mono that it is washed upon the shores in vast windrows and can be collected by bushels The water of Mono is very singular, seemingly heavy and smooth like oil, so much so that it resists ordinary wind and refuses to become ruffled When the larvae begin to appear Indians gather from far and near and scrape them up place the wormlike creatures on cloths and racks in the sun and dry them. When they are beaten up and husked [illegible] ing then like rice. The Indians [illegible] the food kooch-chah-bee and many bushels are collected at this [illegible] That larvae are nutritious is shown by the [illegible] soon grow fat on the rich diet

This Magnificent Ormoter Gold Parlor Clock

Given Absolutely FREE With a Purchase of $10 or More.

A Parlor or Mantel Clock

A Beautiful Ornament and a Guaranteed Timepiece

Just As Pictured

11 1-2 inches High 10 inches Wide

Given Away Absolutely FREE

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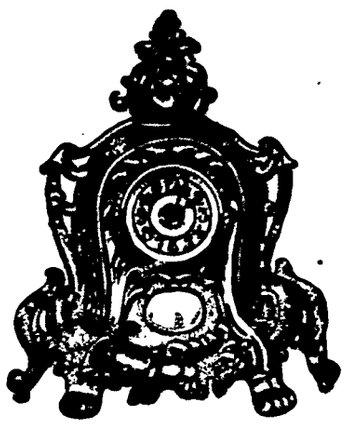

This Clock

We can positively state is a Real Valuable Gift—One of the Finest Ever Offered.

A Perfect Timekeeper, Guaranteed.

A Necessity in the Home and an Ornament to any well furnished Room. Ask to be shown the Clock first and be convinced of its value.

FREE With A $10 Purchase.

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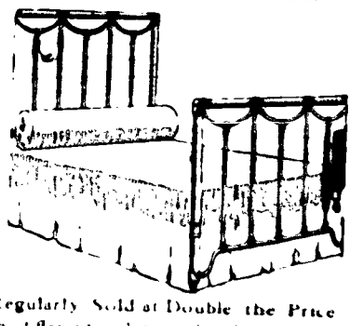
As Pictured

$4.95 Cash or Credit



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The Most Complete Line of Brass and Iron Beds in Rochester.

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Not a Few Leaders

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Elegant Fabricord Rocker

$1.00 Cash

$7.85

50c Week

Solid quarter-sawed oak upholstered in best Fabricord leather. A large comfortable rocker Back, wings and seat upholstered in Fabricordleather Full sets of springs in back and seat. **$7.85**

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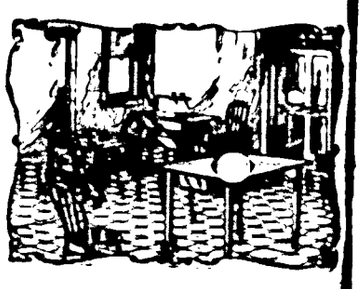
The New England 3-Room Special Never Equaled in Rochester $96.25 $10.00 Cash $1.50 Weekly



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Commencing Monday Evening, Mar 29

JESSIE BONSTELLE

And her excellent company in

The Daughters of Men

Evening Prices, 15c 25c 50c, 75c.
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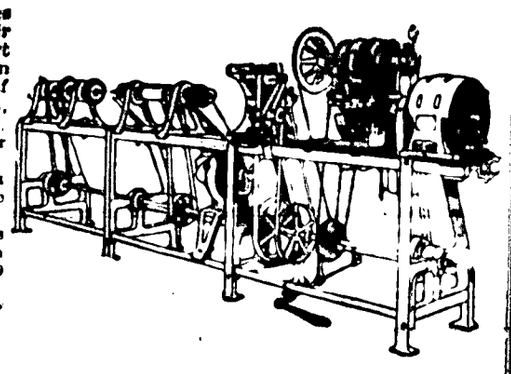
Seats Now on Sale

We Operate a ShoeFactory on a small scale.

Each of the machines on this Goodyear Repair Outfit is a counterpart of the original used in the manufacturing of Goodyear Welt Shoes, the stitcher, trimmer, scorer, edgesetter, buffer polisher and finisher.

Hence we can sew back in the old holes and make the shoes same as new Let us show you samples of our whole bottom work. Home phone 1909



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806 South Avenue

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We wish to call attention to our Catholic trade that during Lent we will carry a complete line of Fresh and Ocean Fish, direct from the catchers. We save you the middleman's profit Our prices will be lower than any other concern in the city and our fish the very best. Don't forget us it will be to your advantage

We Do Not Deliver Any Goods

Two Stores

Public Market 33-35 South Ave.

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With it brings the wants of the horse owner. We can supply those wants to your entire satisfaction We have everything for the horse except the shoes and feed.

CHAS S. GIBBS
93 State St., Rochester, N.Y.
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The Vanderslice
Famous Shell Oyster Parlors
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Serving to Order in the Dining Room Oysters, Clams, Lobsters, Fish, Steaks and Chops.
Quick Delivery to Family Trade.
Blue Points on the Half Shell a Speciality.
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If we sold gas in packages, and delivered it to you by horse and wagon, you would count the packages. We are selling gas to you by the cubic foot, and the scales are in the cellar. Count the cubic feet by daily reading of your meter. You little realize how much satisfaction you will get from the knowledge of just how and when you used the gas.

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MALT BEER
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