

INSTRUCTING GIRLS.

METHOD ADOPTED BY SCHOOLS TO DEVELOP CONVERSATION.

Facilitated by Allowing Each Member of Class to Enter into Recitation—Success of System Depends Upon the Teacher.

Every girl should learn how to talk entertainingly. It does not follow that a young woman should be a regular chatterbox, but nowadays it is a part of everybody's education to be competent to carry on an intelligent conversation upon current events. At least this is the opinion of the principal of the Girls' Technical High School, New York City, who encourages the development of the art of conversation wherever there is a chance in the classroom by inducing the girls to express their views freely.

"Of the two classes of girls—the talkative and quiet—I believe that the latter are apt to be preferred by the majority of persons," he says. "There is thought to be more reserve and greater strength of character in the one who is inclined to be quiet, yet often as a matter of fact it is merely a cloak for stupidity or dullness. Every girl should endeavor to become a good conversationalist, but to do this she must have a stock of current information. She must possess a certain amount of facility in expressing herself, hence she must practice talking, and where is there a better place to practice this faculty than in the public schools? It is my opinion that all institutions of learning should pay a great deal of attention to this feature of education and should use the conversational method as much as is compatible with the prescribed instruction.

"A recitation, I believe, should be a running conversation in which every one has a part. It's the art of provoking conversation that in my opinion is one of the chief essentials of a good teacher. When an instructor finds herself tired out trying to keep the girls from talking all at once, it may be set down that she is an excellent teacher. But when she warms herself in a futile attempt to get the young women to talk there is something radically wrong with her system of instruction.

"Girls enjoying any considerable amount of such developing instruction in school are likely to be good conversationalists. Yet, with all this freedom of speech, a teacher, as a rule, has no difficulty in suppressing the mere chatter and in bringing out the talk that has some brains behind it.

"There is so much conversational talent among school girls and such a natural desire to talk well that the woman who knows what she is about will aim chiefly to inspire and draw out rather than to pour in. One would think that every teacher would wish to do this, but our unfortunate desire to show off frequently leads us to make a monotonous monologue of a recitation when it should be an interesting conversation which the instructor guides judiciously while the pupils develop themselves by expressing their thoughts about the subject."

Baby's Christening Gift.

In the illustration is shown a baby's washstand enamelled with white and big bows of pink satin. Washstands of wood and of iron painted white or pink or blue



are to be had for the baby and there are little low ones with two basins and two pitchers that were apparently designed for the use of twins.

Japanese Bride's Duty.

Here are a few of the Japanese bride's rules of life, taught by her mother:—

- Never speak evil of your neighbors.
- Never allow yourself to be jealous.
- Be humble and polite.
- Do not consult fortune tellers.
- Don't talk too much.
- Until you are fifty never mix in words.
- Strict obedience to a husband is a wife's noblest virtue.
- Be always amiable to your mother-in-law and father-in-law.
- Even if your husband is in the wrong never get angry, says Home Notes.
- A contemporary would like to know who teaches the husband his compendium of duty.

Beautifying Made Easy.

Take care of your health and you will beautify yourself. It is a most important matter. Mold your disposition so that those who meet you will feel the warmth of the golden sunshine of your soul. Don't live in a shell. Get out in the fresh air with a nod to fellow travellers. Be kind to the ones you love best. Be generous to all.

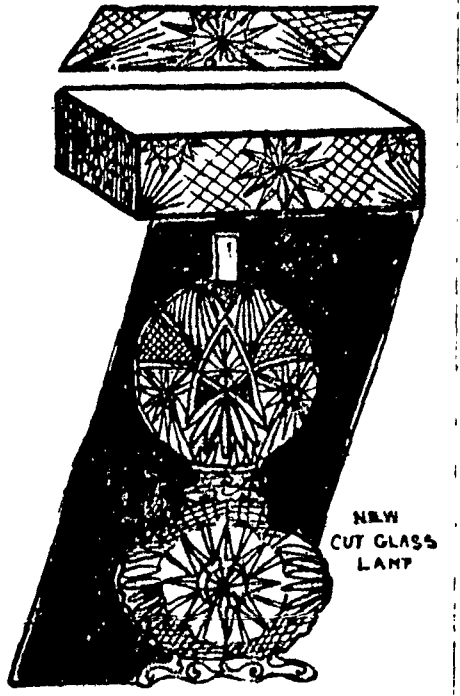
PRETTY CUT GLASS NOVELTIES.

Its Brilliance When Lighted Highly Recommends the Lamp.

The very latest thing in globe boxes is cut glass. Much as it may resemble a cut glass dish with a top, it is nevertheless a novelty that will appeal to the women who are continually on the hunt for such things. The top is not attached in any way, but lifts off entirely.

The box may either be used without any further adornment or it may be lined with silk or satin to match the accessories of the boudoir or dressing table, in which case the delicate colors show through the glass most charmingly.

Cut glass lamps, too, are more or less of a novelty that combine the practical with the beautiful. The bodies of the lamps are in reality cut



bases of different sizes. Some are tall and slender, while others are low and squat, rather more the shape of rose bowls.

The oil reservoir is of nickel or brass and fits into the cut glass base. The shades, or globes, are of cut glass, some of them showing most elaborate patterns, and even the chimneys are of cut glass, the part visible above the top of the globe having a design to match the other parts of the lamp.

Most of these cut glass lamps are intended to burn oil, although electricity may be substituted, and some of them are designed for electricity only. The bases, of course, may be used as receptacles for flowers whenever it is so desired. The lamps themselves are wonderfully brilliant.

Awkwardness in Company.
Awkwardness in company is really caused by mental indecision. We talk a great deal about the graceful Parisienne. The average Parisienne knows little or nothing about physical culture and breathes and exercises just enough to keep herself alive, but she has cultivated a quick perception and a keen decision, at least in the superficial things of life, which show themselves in everything she does.

Watch a Frenchwoman come into the room. She has taught herself to take the entire room in at a glance, the company, the position of the chairs. She knows just whom she will greet first, just where she will walk, just where she will sit. There is no hesitation and no hurry in her movements—there is a perfect poise, perfect self-command.

Watch our undecided or our self-conscious friend! She fiddles with the door knob because she is too diffident to enter all at once. Her feet seem unwilling to respond to her will, or rather her will is too weak to give them a decided command. She reaches out her hand, hesitates, draws it back, thus making an ugly angle in her fluctuating motion.

It is useless to try dancing or physical culture alone in the attempt at gaining grace, says Woman's Life. The exercise will make your limbs supple, which is always necessary, but real grace comes from within. It is the natural outcome of a harmonious mind.

GUIDES TO HEALTH.

A glass of cold water is a tonic such as no doctor can prescribe. Onions are an excellent nerve tonic, and a small onion eaten raw will often cause restful sleep.

A bed should be placed so that the head is toward the windows, for in this way the light will not fall directly on the eyes and disturb the last hour of sleep that is claimed by some to be most beneficial.

According to experiments made by an eminent German scientist seven hours of sleep is the minimum amount required by the average person. Fasting he found had a much less injurious effect than loss of sleep, and the reduction of the usual period of sleep by three hours diminishes the power of the memory by one-half.

Bernhardt's Neck Corset.
A wonderful collar corset which Mme. Bernhardt has recently invented furnishes a remarkable illustration of how the famous actress neglects no opportunity of improving her appearance. The corset is made of fine silk, strong enough to stand the pressure of strain of constant movement and yet transparent, too. The collar looks well and holds the sagging neck together better than any other device. Of course, it is noticeable, but it is also ornamental and therefore more than merely useful.

HOW TO CLEAN WALL PAPER.

May Be Done By the Housewife With Little Expense and Trouble.

Wall paper accumulates not only dust, but actual dirt, and this condition very frequently saddens the heart of the housewife when she is unable to have her walls repapered. But when house cleaning is in progress, if she follows these hints, she will have the pleasure of seeing her walls look fifty per cent. brighter and better, and in some cases, rendering them quite clean.

Make a mop of strips of some soft cloth, cheese cloth is the best, fastening it to an old broom handle. With this brush the paper thoroughly, ceiling and side walls. This can be done also throughout the year, thus ensuring a greater degree of healthfulness to the family and keeping the paper in prime condition as well.

In addition, mix whitening, powdered corn starch and Fuller's earth in equal quantities, dip the mop into the powder and scrub the walls well with it. Next shake every bit of powder possible from the mop and cover it with a damp flannel which is perfectly clean. With this go over the walls thoroughly, sweeping with straight strokes. Be sure that the flannel is only damp, for if wet, it will leave a mark. When it shows soil, remove and cover again with a fresh one.

A method which finds much favor not only with amateurs but with professionals is the use of stale bread crusts. Often paper can be thoroughly cleaned by rubbing lightly with bread crusts, the dirt rolling off with the crumbed bread. In order to cleanse a larger space at a time and do the work more evenly it is a good idea to cut the loaf lengthwise and rub until the surface is soiled, then slice off a piece and continue until it is used up.

If there are grease spots on your paper mix a little Fuller's earth with ammonia and cover the spots with the thin paste, allowing to dry on. When removing the paste use a stiff brush, which will generally be sufficient. French chalk is an invaluable remover of grease spots, not only from wall paper but from fabrics as well. Fill a gauze bag with powdered French chalk, hold it over the spot and press with a hot iron, the grease being almost immediately absorbed into the chalk.

HOME COOKERY.

Pork Cake.

Two eggs, one cup sugar, one cup molasses, two-thirds cup milk, one cup chopped raisins, one cup chopped pork, one teaspoon soda, spice to taste, pinch of salt, flour to make quite stiff. This makes two loaves and is fine.

Lightning Cake.

Put one-quarter cup of butter to soften in cup, drop two eggs into it and fill the cup with milk. Pour this into one cup of bread flour into which a teaspoonful of baking powder has been sifted. Beat all together, flavor with vanilla and bake. This cake cannot be beaten.

Apple Desert.

Take apples, as many as desired, peel, core and fill the center with dates or raisins or both; sprinkle with sugar and bake until soft. When cold cover with whipped cream and dot with candied cherries.

Dropped Fishballs.

One pint salt codfish, two pints small potatoes; put potatoes into kettle first, fish on top, boil until potatoes are done; take out and mash both fine, add one tablespoonful butter, two eggs well beaten, drop by spoonful into deep hot fat and cook until brown.

FASHION'S MANDATE.

Satin, the traditional material for the wedding gown, has been in high favor. But it is the chiffon weight, not the "stand alone" fabric of past years, that is in use.

A chronicler of Parisian modes writes concerning the coming colors that for chapeaux the shades of green will prevail, and for dresses, brown with all its kindred nuances, will be in evidence.

Hemsting of front of both shirt waists and blouses is fast becoming a thing of the past. The new corsets, already making converts in great numbers, and close-fitting tailor styles are responsible for it.

The tendency toward plainness of skirt observed is running over into the coming season and one sees some of the very prettiest new velvets, silks, etc., trimmed only in self-tucks.

A Swarm of Household B's.
Be careful. Care prevents many dropped stitches and bad breaks. Be careful.

Be prompt. Slackness makes slovenly homes and weary world wanderers. Be prompt.

Be faithful. "Be thou faithful unto death, and I will give thee a crown of life." Be faithful.

Be cheerful. Cheerfulness tends to length of days and to days that are worth the lengthening. Be cheerful.

Be thoughtful. Thoughtfulness is too tender a plant of blessed fragrance and beauty to be "born unseen," etc. Be thoughtful, says Home Chats.

Be good humored. Good humor is better than medicine, no matter how well the ill natured pill be sugar coated. Be good humored.

Slips vary in their cleaning qualities, but in a general thing they should be treated with consideration.

WOMEN RAISE CATS.

Find It a Profitable Business Supplying Demand.

Thoroughbred Persians Sell For One Hundred Dollars Apiece—These High Strung Animals Subject to Hysteria—Require Unusual Care.

Cat raising has become a money making business and one in which women are peculiarly successful. It is a work to which they are especially adapted, too, for it necessitates being indoors much of the time, and the woman who can fit up a spare room, or an attic, for these animals should be able to make several hundred dollars during a year with really little more trouble than would be taken with one pet, says the New York Telegram.

To establish a business worth while thoroughbred Persian cats that sell for \$100 and \$200 a piece at the age of five and six months should be raised, and not the short-haired variety that at the best brings but \$10 to \$20 for full grown females.

According to one of the most successful women cat raisers in the country on a small scale, breeding prize winners is a paying business and one that means but little outlay after the first animals have been purchased.

"I began with one cat—a fine Persian four years ago, and just now my 'cattery' is worth several thousands of dollars," said she. "And I do not go into it extensively."

With a Persian cat in good condition from eight to ten kittens should be raised each year and if these are sold for from \$50 upward the income from one pet would be from \$300 up. And as two or three are little more trouble than one pet, an income of \$1,000 is within the reach of any woman who can successfully raise kittens.

"These thoroughbreds are so highly strung and so delicately constituted that the greatest care must be taken never to frighten them by suddenly dashing into a room or grabbing them and playing with them as with the ordinary short-haired cat, or they will go off into hysterics and often become really ill. Even a sudden unexpected noise will so shock them that their hearts will just stop beating and death will be instantaneous.

Chemise Night-Gown.

Such a loose, simple night gown as this one is among the best liked, and, in addition to being thoroughly comfortable and graceful, involves the least possible labor in the making. As shown it is made of plain



book with trimming of Valenciennes lace and insertion, but Paris muslin, linen, batiste, lawn and all the materials that are liked for underwear are equally appropriate.

NEEDLEWORK NOTES.

In making napkins the initial or monogram is still put in the corner, though an occasional housewife prefers marking them in the center. The letters vary from an inch to an inch and a half in height.

With the handwork so popular on waists and gowns these days almost every woman is tempted to take up needlework as a matter of economy, if nothing else. Fortunately for the amateur much of the ornamentation now used on the materials does not require great skill; it is quickly done and always looks pretty. Certainly from all indications it looks as though the thimble would be more in evidence than it has been for many years.

The newest mattresses and pillows are covered with bright colored chintz. When the bed is put to air or the bed clothes changed, one now gazes upon flowered chintz instead of old-fashioned blue-and-white covering that was such a horror to a beauty-loving housekeeper. If you do not wish to go to the expense of having the mattresses and pillows recovered, slip covers can be very easily made of chintz.

In Packing a Trunk.

Use lots of tissue paper with tailor-made suits, fold them carefully and pack as much like a man's suit as possible.

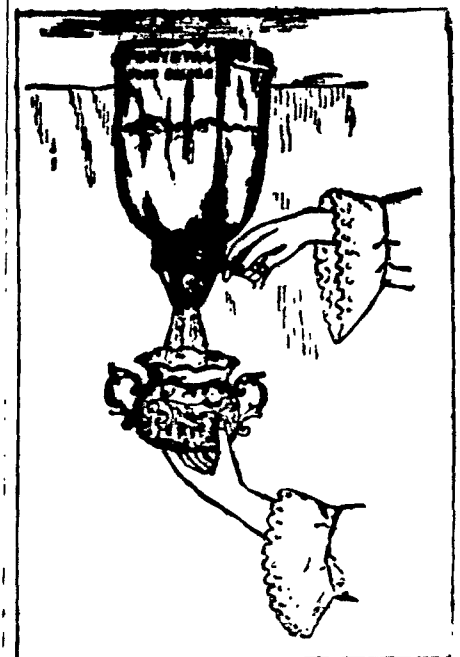
Brilliantine is apt to crease, therefore, must be packed with great care, and, although cashmere samples, it soon shakes out.

THE HANGING CLOSET JARS.

Especially Adapted For Homes Where Space is Limited.

A very neat scheme, having for its object the utilization of all the space in the kitchen closet, in the shape of hanging jars which are designed to occupy the space under the shelves, and in this manner making use of both sides of the shelves available and nearly doubling their storage capacity. These are designed for such materials as rice, sugar, salt, coffee and similar commodities. The additional advantage of this scheme, beside the economy of space, is that the contents are protected from moisture, dust and insects.

There are several sizes of these jars and two styles of fixtures—one by which the jar is suspended from



the under side of the shelf and the other by which it is hung on the wall. To fill them, the jars are removed and turned upside down which brings the mouth to the top. The metal head is then unscrewed in the same manner as that of a pressure jar, and thus it is filled. The top is fitted with a valve operated by a knob, and when the jar is replaced the contents will flow therefrom by their own weight, when the valve is manipulated by means of the handle. The work of filling one receptacle from such as a sugar bowl or salt-cellar is done without exposing the contents of the jar to the contaminating action of the air of the kitchen.

Character and the Hair.

Auburn hair means a kindly, sympathetic nature.

Straight hair indicates more power to govern than curly hair.

Curly denote a feeble sense of right and wrong, gayety, vivacity, self-confidence.

Straight black hair, growing coarse and thick, indicates more order and industry than mental power. Fine brown hair only accompanies excellent minds, generally the owner has intellectual tendencies.

Red hair is strongly characteristic—no half-way business there; it usually indicates a quick temper, though there are exceptions.

Beautiful golden hair is rarely seen on persons of a gross nature. Its owner loves fine arts and possesses exquisite sensibilities.

Hair and eyebrows differing in color are said to mean untrustworthiness. They indicate race mixture, and bespeak a wavering, unsteady nature.

As a rule, smooth, fine, softly waving hair betokens gentleness, quietness, neatness. Unduly sleek, straight hair gives warning of slyness, hypocrisy.

CONCERNING WOMEN.

According to Austrian newspapers the Crown Princess of Montenegro is routing her country by her extravagant love for diamonds. The Crown Prince lavishes them upon her, the King is said to encourage it and the result is heavy taxation.

A woman who is proprietress of a little fried fish shop in London is the aunt of a South African millionaire who, it is said, has offered her large money inducements to sell her business and retire. She is decidedly independent and refuses to give up her fried fish even for the sake of comparative wealth.

An open marriage market takes place at Berlad, Roumania, each May. Many women in poor circumstances bring their daughters to the market place to find suitors. Would-be husbands have to satisfy the girl's guardians that they are in a position to keep a wife, and occasionally have to guarantee their good faith by a present of money to the mothers of their brides-elect.

Three Wedding Hints.

Don't impoverish your family by insisting on an extravagant wedding. The show lasts but a short time; the poverty sometimes consequent upon it remains.

Don't invite everybody you ever heard of in order to get presents. Every present is a mortgage on your future income. Down to the third generation you will have to pay present for present.

Unless you are to go much in society, choose your gown for its usefulness. Think of the wedding gowns you have seen that have cost no end of money and been worn only once, possibly twice.

Use Cold Water.

When anything burns on stove, vegetable, meat or sauce, fill a basin with cold water and set dish and food into the pan of water for several moments. Then take food out and put in dish and place back on stove, being careful not to take any of the burned part.

SIMPLE ART OF SOUP MAKING.

By Which All Nutritive Principles Are Extracted From the Meat.

The word stock comes from stocian, which means to stick or stay by. Soup stock is the juice of meat extracted by slow, gentle heat kept for some time and then be used as the basis for various kinds of soups. It is not necessary, as many think, that stock must be made wholly from fresh meat. Cooked meat and bones such as are left from roasts and steaks may also be added.

Fresh meat for soup should be selected from such parts as will yield most nutriment. These are found in the poorer and tougher cuts such as shin bone, shoulder, neck, etc. Bones, which contain much gelatine and mineral matter, should also be used.

The soup pot is best when of earthen ware or granite, as meat juices are acid and the long, slow cooking in a metal pot would result in a disagreeable taste.

The following general directions will apply to all soups and stocks with a meat basis. Wipe the meat with a damp cloth, cut as finely as possible, as the more cut surfaces exposed to the action of the water the better. When cooked meat also goes in, brown it in a pan first. In the soup kettle put first bones, then cut meat, then broyoned and cut meat, then water, adding one quart for each pound of meat and bone. Cover and let stand for at least one hour. Then place on a cool part of the fire to heat gradually.

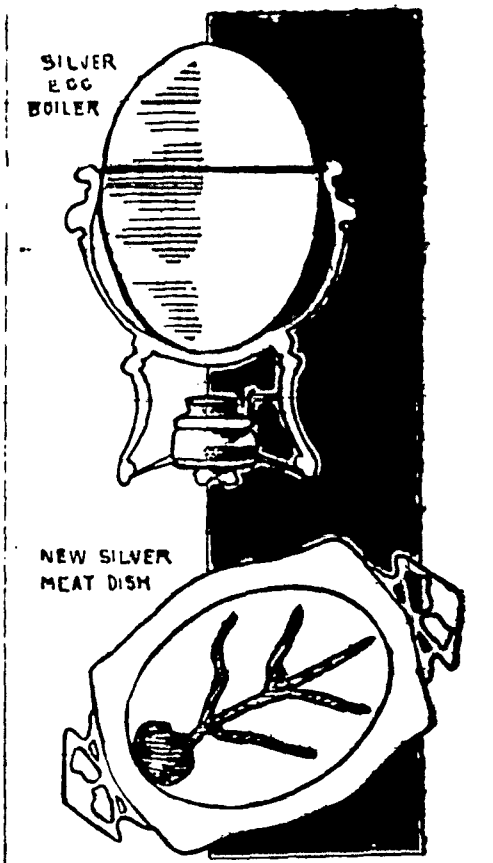
The liquid is first reddish, then cloudy, then brownish and clear. Do not skim; the scum soon falls to the bottom as sediment, and as it is nutritive can be served in any but a clear soup. When the liquid begins to simmer draw gradually aside where the same temperature—a slow simmer may be maintained for from four to seven hours; should the stock fail to readily simmer it will quickly sour. An hour before removing from the fire add the cut vegetables, salt herbs and spices desired. When done strain and stand in a cool place. The fat will harden and is then easily removed before the stock is used.

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Table Novelties.

Particular folk like to boil their eggs at the table just as they prefer to make coffee under their own supervision, and to suit this fancy a silver egg boiler is one of the recent additions to the household list. A spirit lamp of suitable size is accompanied and inside the boiler, as here pictured, there are four compartments for the eggs.

Modeled on an English design is a new meat dish in heavily plated silver.



ver which differs somewhat from the ordinary type in that it is grooved in the center, as shown in illustration, to permit of the gravy's running into the little cup shaped depression at one side. The ornamentation of this dish is simple and effective, and the silver is of the bright, shining variety. A dish such as this costs \$48.

HOUSEHOLD SUGGESTIONS.

A vanilla bean kept in a box of sugar will impart a delicate flavor to the sugar.

A ruffle on the bottom of a work apron well starched will prevent spots on the skirt below.

No excuse for fragments to lodge in corners and crevices of the refrigerator when skewers will dislodge them so quickly.

An olive placed in each bouillon cup before pouring in the bouillon gives the liquid an added and pleasing flavor.

Coarse salt and vinegar will clean enameled ware that has been burned or discolored. The same will clean brass or copper.

An authority on fine laundering says that hot water should not be used in washing fine table linen or embroidered dollies. Cold water, white soap and borax, if not a borax soap, should be used instead.

In Baking Pies.

In baking an apple pie to make the juice of the fruit so it will not run from the pie, after the pie is all prepared for the oven cut from clean white cotton cloth a strip about 3 inches wide and pin entirely around the edge of the plate, then put in oven to bake. When the pie is done take strip off and the juices are retained in the pie.