

WHAT TO WEAR AND HOW TO WEAR IT.

Our Special Correspondent Writes Entertainingly to Women.

FROM THE METROPOLIS

Beautiful Frocks in Silk and Voile—Latest Styles of Gowns for Weddings—Not Fabrics Which Are a Joke Forever—Charming Styles in Women's Dress.

BY JULES THEROW.

The season has brought forth nothing more charming than the semi-tailored frock shown here, embodying the latest details of fashion, yet expressing the extreme simplicity.

groups and the soft silk material, is glorified with a trimming of finest lace darned with Oriental silks in odd designs.



FROCKS FOR WEDDINGS

blue silk attached top and bottom with soutache braid. The bodice is formed principally of blue chiffon cloth with a yoke of lace bordered with tucked bands of crepe de Chine.



FROCK IN SILK AND VOILE.

of stitching about the hem and lower front panel. The stitching, which is pyramidal at the front, is done in the darker tone produced in the coat. Although it is loose-fitting, the coat follows the lines of the figure about the sides, and at the front it is drawn into closely stitched revers that extend to the waistline.



A MODE FOR THE SEASHORE.

At the bottom there are three wide tucks, overstitched with very narrow bands of silk soutache braid. The blouse is very attractive with broad tucks on either side, lending the fashionable long effect to the shoulders.

WRINKLES OF AGE

HOW THEY MAY BE AVOIDED AND KEPT FROM THE THROAT.

In Addition to Massage, Tissue Building Creams Must Be Applied to Nourish the Flesh and to Help Tighten Muscles.

By massaging the throat every day the stringy appearance that indicates age may be staved off indefinitely and the hollowness directly at the front of the neck will not appear to indicate the absence of youth.

An unguent particularly suited to the throat is made from half a gram of tannin, thirty grams of lanoline and twenty grams of oil of sweet almonds. The last two ingredients should be mixed by placing in a basin set into boiling water.

That common habit of holding the head slightly drooped not only causes double chin, but is incidentally bad for the throat, and one of the first habits that a woman should train herself in is to hold the head erect, putting the chin at a natural angle.

Then, too, exercise for keeping down any double chin tendency, and for promoting firmness of the throat, should be practiced night and morning for five minutes or longer.

No collar must be worn when taking these movements. The first motion should be started with the head held erect and the chin well up; then the head is bent back as far as it will go. This will be felt directly by the throat cords, which will be pulled. In bringing the head back it should be tipped forward until the chin rests on the chest.

A Coat for Parties. This delightful coat can be carried out in any of the fashionable all-over laces or in coarse flax net, into which may be woven a design with heavy silk floss.



A COAT FOR PARTIES.

lace and embroidery lengthening the shoulder line after modified Japanese effect. The gown is charming in soft black chiffon embroidered with Chinese ribbon and ribbon velvet joined by hand stitching.

Where Woman Shines. Hitherto the French President's cook has always been a man, but M. Fallieres has introduced a woman to the presidential kitchen and visitors declare that her dishes surpass those of the best man cooks.

OKLAHOMA WOMAN A MARSHAL

She Carries a Gun and Knows How to Use It.

Beulah Reynolds, deputy United States Marshal for the Eastern District of Oklahoma. That is the way it reads on the payroll, and the petite, handsome girl that answers to the name is a real deputy Marshal with authority to carry a six shooter, a privilege which she uses, serving under Grant Victor, Marshal of the district.

Miss Reynolds was born in Randolph county, Mo., and educated at Lexington, Mo. She was in Oklahoma City at the opening of Oklahoma. She regards her appointment under Victor as a political matter. She was taken on as a stenographer, but when she went in she insisted on taking the same oath that any other Deputy Marshal takes and she also is subject to the same rules and duties.

When she took the oath of office Miss Reynolds was asked if she would go out and make an arrest if it were required and if she would take part in a real fight if it came to a "show down," and it was pointed out to her just what duties are sometimes required of a deputy marshal in tight places.

Her reply was short and to the point. "I will take the oath, and I am not a quitter."

The next morning when the Marshal came down he found lying on the desk of his new deputy a pearl-handled six shooter of excellent make, handsomely engraved and every chamber loaded. He was informed that it shot pretty well and that it was a better gun than it looked. So far there are no notches on this gun, but who knows when there will be? The fact is, the young woman had been carrying the gun when she believed that she needed it, and she knows how to use it.—Kansas City Times

Woman and Her Hats.

The flower-laden hat is by far the most conspicuous note in millinery this season. Fine black straws are used for the foundation for some lovely floral schemes, and as it takes more than ordinary skill to combine some of the tints shown in fashion-



WOMAN AND HER HATS.

ble millinery, the inexperienced are always on the safe side when they have their trimmings blended by professional trimmers, employed by all the enterprising establishments nowadays.

Roses, pond lilies and tinted orchids are used in the decorative scheme of the hats pictured and in addition to the flowers there is a spray of wheat in gold galloon and a most startling note of cerise in a rosette of ribbon at the back. The roses are pink, the lilies are white and the orchids must blend with the pink of the roses and cerise of the rosette to form a perfect color scheme, but the result is delicious.

Hats of this kind are worn with lingerie frocks and afternoon toilettes of silk and cloth. Their varied color scheme make them suitable for wear with almost any frock, and it is only when one sticks to the one-tone ideas that such a hat cannot be appropriately worn.

Beauty Notes.

The skin constantly throws off impurities, therefore perfect cleanliness and frequent baths are necessary if one wishes a clear complexion.

If the nails are brittle never cut them until they have been soaked in warm water or rubbed with almond oil.

Filing is better to keep the nails the right shape and length than cutting. The palm of the hand is the best polisher one can find.

Never use very hot water to wash the face; it will dry and wrinkle the skin.

When the hair splits clip or singe the ends.

For the Health. Too heavy bedclothes are often the cause of that tired feeling in the morning.

A sun bath is invaluable for delicate women and children. The bed linen should always be perfectly dry before sleeping on it.

To Improve the Eyebrows. Coconut oil brushed over the eyebrows will promote their growth and give them a glossy appearance.

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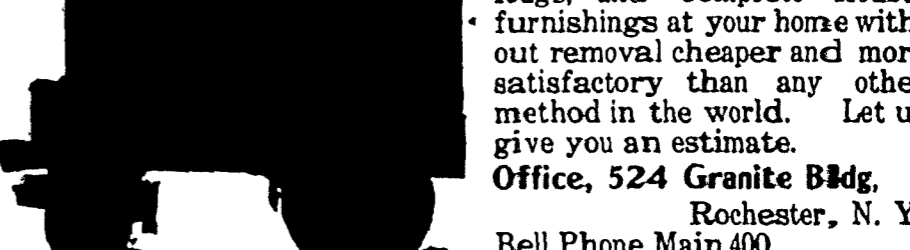
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