

GOING INTO SILENCE.

The People Who Reach old Age, Are Apt to be Placed.

The secret of the benefit derived from going into the Silence lies in the self-control and the rest to mind and body gained. It is a time for fixing and focussing the mind upon the real objects of life. The energies are then centered upon the desired results to be obtained. In this way the practice of going into the Silence may be made of great benefit.

More or less quiet is necessary to the inception of new ideas. You have got to still the mind and body and let go of the old thoughts that have been holding possession of your mind and absorbing your vital energies before you can conceive and execute a new and more difficult work.

Dr. S. A. Stephens, who for many years has been attempting to solve the problem of living forever, from a scientific standpoint, says the first thing to do if you would prolong your life is to "rest your cell neurons until you feel that you have a full head of vim in the organism, even if a week or month is required for it.

THE DOMINANT RIGHT.

A "Sinister Superstition" and its Effects Upon the Human Mind.

It took a whole generation time of experiments and mechanics to learn that the engine must stand or sit on the right side of his engine, or cab in order that he could look ahead with his right or dominant eye only, and without sticking his entire head out, as he would have to do if he sat or stood on the left side.

A flood of light is thrown upon history, sociology and medicine, especially upon psychology, neurology and psychiatry, by left-handedness and its sequels. Of every million born at least 26,000 probably more, are naturally left-handed, so that in the United States there are nearly 30,000,000 and in the world more than 45,000,000, thus handicapped.

Feet of the Ancient Greek. A walk through the British Museum and a close examination of the pedicel extremities of ancient art there show they are all had about the feet.

One Hundred and Never III. One hundred years without the services of a physician and without taking medicine is the remarkable record of William M. Starr, the most notable man in the Association of Oldest Inhabitants of Washington.

News From Ireland

Kildare. Died, Nov. 28, Mrs. Farrell Barrow House, Athy, at an advanced age. The Local Government Board Inquiry in connection with the new Laborers' Scheme of the Athy No. 2 Rural District Council was opened on Dec. 2d. All those interested in the scheme were in attendance - the laborers especially.

Kilkenny. A large and representative meeting was held in Dunnamaginn on Nov. 24th immediately after the 11 o'clock Mass. Rev. E. Doody, C. C., presided, and there was a large and representative gathering present.

A demonstration in honor of the Manchester Martyrs, Allen, Larkin and O'Brien, took place in Kilmoganny on Sunday night, Nov. 24th. The weather was most inclement, but notwithstanding a large number of the true and patriotic people of the Kilmoganny district and the neighboring country were present.

Kings. The election of a coroner for North King's County, in room of the late Mr. Henry Egan, B. A., took place on Nov. 25th, there being three candidates for the position, viz: Dr. J. Kinsella, Edenderry; Dr. Meagher, Tullamore, and Mr. Conway, solicitor, Tullamore.

Longford. Died, Nov. 23d, Henry Rock Grand, aged 63 years. On Nov. 24th, at Ballinamore, R. C. Church, Mr. Michael Plunkett and Miss Teresa Brady, youngest daughter of Mr. Patrick Brady, Lahard, Ballinamore, were united in the holy bonds of marriage.

Louth. There has been a great crusade in the parish of St. Mary's, Drogheda, on behalf of temperance during the past few weeks. The temperance crusade, which has been a great success, was conducted by Fathers Kevin and Augustine, O. S. F. C., Church Street, Dublin.

Meath. A steam wagon has been brought into use for distributing purposes in connection with the Boyne and Blackwater Mills at Navan, and will be employed for deliveries on the Navan and Kingscourt route.

Queens. Died, Nov. 22d, Michael Breunann, Stradbally. Nov. 10th, Thomas Knowles, Tully, Lugacurran. Justice Wylie in the Land Commission Court on Nov. 26th, confirmed a decision of the Sub-Commission fixing a fair rent on the holding of Mary O'Loughlin, comprising 2 1-3 acres, which was held at a rent of 23 per annum as sub-tenant to John Treacy.

Westmeath. Robert William Waithman is selling the lands of Ballinlig, Carrigeens, Toberreoge and Knockdrumdonnel, in the barony of Athlone North, and Cloonkeen and Carron, in the barony of Athlone South, to the Estates Commissioner.

Wexford. The Lord Bishop has been pleased to appoint the Rev. Matthew Wickham, lately ordained, to be C. C. of Ballygarrett. His Lordship, the Most Rev. Dr. Browne, Bishop of Ferns, has been pleased to appoint Rev. Andrew Kehoe assistant curate in the parish of Oylegate.

Wicklow. A demonstration of imposing proportions, in honor of the Manchester Martyrs, took place in Arklow, Nov. 24th. A procession, in which the National Foresters, the hurling and football clubs, the fishermen, and the public generally, including many of the public representatives, took part, accompanied by the two local bands, playing patriotic airs, and interspersed with flags and banners bearing appropriate mottoes, was formed in Marlborough terrace, near the Catholic Church, and paraded the principal thoroughfare of the town.

Wicklow. A demonstration of imposing proportions, in honor of the Manchester Martyrs, took place in Arklow, Nov. 24th. A procession, in which the National Foresters, the hurling and football clubs, the fishermen, and the public generally, including many of the public representatives, took part, accompanied by the two local bands, playing patriotic airs, and interspersed with flags and banners bearing appropriate mottoes, was formed in Marlborough terrace, near the Catholic Church, and paraded the principal thoroughfare of the town.

Wicklow. A demonstration of imposing proportions, in honor of the Manchester Martyrs, took place in Arklow, Nov. 24th. A procession, in which the National Foresters, the hurling and football clubs, the fishermen, and the public generally, including many of the public representatives, took part, accompanied by the two local bands, playing patriotic airs, and interspersed with flags and banners bearing appropriate mottoes, was formed in Marlborough terrace, near the Catholic Church, and paraded the principal thoroughfare of the town.

Wicklow. A demonstration of imposing proportions, in honor of the Manchester Martyrs, took place in Arklow, Nov. 24th. A procession, in which the National Foresters, the hurling and football clubs, the fishermen, and the public generally, including many of the public representatives, took part, accompanied by the two local bands, playing patriotic airs, and interspersed with flags and banners bearing appropriate mottoes, was formed in Marlborough terrace, near the Catholic Church, and paraded the principal thoroughfare of the town.

Wicklow. A demonstration of imposing proportions, in honor of the Manchester Martyrs, took place in Arklow, Nov. 24th. A procession, in which the National Foresters, the hurling and football clubs, the fishermen, and the public generally, including many of the public representatives, took part, accompanied by the two local bands, playing patriotic airs, and interspersed with flags and banners bearing appropriate mottoes, was formed in Marlborough terrace, near the Catholic Church, and paraded the principal thoroughfare of the town.

Wicklow. A demonstration of imposing proportions, in honor of the Manchester Martyrs, took place in Arklow, Nov. 24th. A procession, in which the National Foresters, the hurling and football clubs, the fishermen, and the public generally, including many of the public representatives, took part, accompanied by the two local bands, playing patriotic airs, and interspersed with flags and banners bearing appropriate mottoes, was formed in Marlborough terrace, near the Catholic Church, and paraded the principal thoroughfare of the town.

Wicklow. A demonstration of imposing proportions, in honor of the Manchester Martyrs, took place in Arklow, Nov. 24th. A procession, in which the National Foresters, the hurling and football clubs, the fishermen, and the public generally, including many of the public representatives, took part, accompanied by the two local bands, playing patriotic airs, and interspersed with flags and banners bearing appropriate mottoes, was formed in Marlborough terrace, near the Catholic Church, and paraded the principal thoroughfare of the town.

Wicklow. A demonstration of imposing proportions, in honor of the Manchester Martyrs, took place in Arklow, Nov. 24th. A procession, in which the National Foresters, the hurling and football clubs, the fishermen, and the public generally, including many of the public representatives, took part, accompanied by the two local bands, playing patriotic airs, and interspersed with flags and banners bearing appropriate mottoes, was formed in Marlborough terrace, near the Catholic Church, and paraded the principal thoroughfare of the town.

Wicklow. A demonstration of imposing proportions, in honor of the Manchester Martyrs, took place in Arklow, Nov. 24th. A procession, in which the National Foresters, the hurling and football clubs, the fishermen, and the public generally, including many of the public representatives, took part, accompanied by the two local bands, playing patriotic airs, and interspersed with flags and banners bearing appropriate mottoes, was formed in Marlborough terrace, near the Catholic Church, and paraded the principal thoroughfare of the town.

Wicklow. A demonstration of imposing proportions, in honor of the Manchester Martyrs, took place in Arklow, Nov. 24th. A procession, in which the National Foresters, the hurling and football clubs, the fishermen, and the public generally, including many of the public representatives, took part, accompanied by the two local bands, playing patriotic airs, and interspersed with flags and banners bearing appropriate mottoes, was formed in Marlborough terrace, near the Catholic Church, and paraded the principal thoroughfare of the town.

Wicklow. A demonstration of imposing proportions, in honor of the Manchester Martyrs, took place in Arklow, Nov. 24th. A procession, in which the National Foresters, the hurling and football clubs, the fishermen, and the public generally, including many of the public representatives, took part, accompanied by the two local bands, playing patriotic airs, and interspersed with flags and banners bearing appropriate mottoes, was formed in Marlborough terrace, near the Catholic Church, and paraded the principal thoroughfare of the town.

Roscommon. Martin Rogers is selling his lands at Coolstuy, in the barony of Athlone North and County Roscommon, to the Estates Commissioners. Married, Nov. 20th, at Frosses, by Rev. P. McCafferty, Adm., Patrick Gallagher, N. T. Munterness, Mountcharles, to Belinda, second daughter of the late M. J. Leech, C. E., Tallyhoe Lodge, Ballyhoe, County Roscommon.

Roscommon. A great demonstration was accorded the Hillstreet and Ballintubber men on leaving their districts for Dublin recently, to stand their trial on charges of cattle driving, etc. Some objectionable parties, who traveled by the same train, were subjected to terrific groaning.

Roscommon. A great demonstration was accorded the Hillstreet and Ballintubber men on leaving their districts for Dublin recently, to stand their trial on charges of cattle driving, etc. Some objectionable parties, who traveled by the same train, were subjected to terrific groaning.

Roscommon. A great demonstration was accorded the Hillstreet and Ballintubber men on leaving their districts for Dublin recently, to stand their trial on charges of cattle driving, etc. Some objectionable parties, who traveled by the same train, were subjected to terrific groaning.

Roscommon. A great demonstration was accorded the Hillstreet and Ballintubber men on leaving their districts for Dublin recently, to stand their trial on charges of cattle driving, etc. Some objectionable parties, who traveled by the same train, were subjected to terrific groaning.

Roscommon. A great demonstration was accorded the Hillstreet and Ballintubber men on leaving their districts for Dublin recently, to stand their trial on charges of cattle driving, etc. Some objectionable parties, who traveled by the same train, were subjected to terrific groaning.

Roscommon. A great demonstration was accorded the Hillstreet and Ballintubber men on leaving their districts for Dublin recently, to stand their trial on charges of cattle driving, etc. Some objectionable parties, who traveled by the same train, were subjected to terrific groaning.

Roscommon. A great demonstration was accorded the Hillstreet and Ballintubber men on leaving their districts for Dublin recently, to stand their trial on charges of cattle driving, etc. Some objectionable parties, who traveled by the same train, were subjected to terrific groaning.

Roscommon. A great demonstration was accorded the Hillstreet and Ballintubber men on leaving their districts for Dublin recently, to stand their trial on charges of cattle driving, etc. Some objectionable parties, who traveled by the same train, were subjected to terrific groaning.

Roscommon. A great demonstration was accorded the Hillstreet and Ballintubber men on leaving their districts for Dublin recently, to stand their trial on charges of cattle driving, etc. Some objectionable parties, who traveled by the same train, were subjected to terrific groaning.

Roscommon. A great demonstration was accorded the Hillstreet and Ballintubber men on leaving their districts for Dublin recently, to stand their trial on charges of cattle driving, etc. Some objectionable parties, who traveled by the same train, were subjected to terrific groaning.

Geneseo. Chas. D. Toole, who has been suffering from an attack of quinsy, is convalescing. Jas. M. Dwyer has been confined to his house with rheumatism, but is able to be out again.

Geneseo. Chas. D. Toole, who has been suffering from an attack of quinsy, is convalescing. Jas. M. Dwyer has been confined to his house with rheumatism, but is able to be out again.

Geneseo. Chas. D. Toole, who has been suffering from an attack of quinsy, is convalescing. Jas. M. Dwyer has been confined to his house with rheumatism, but is able to be out again.

Geneseo. Chas. D. Toole, who has been suffering from an attack of quinsy, is convalescing. Jas. M. Dwyer has been confined to his house with rheumatism, but is able to be out again.

Geneseo. Chas. D. Toole, who has been suffering from an attack of quinsy, is convalescing. Jas. M. Dwyer has been confined to his house with rheumatism, but is able to be out again.

Geneseo. Chas. D. Toole, who has been suffering from an attack of quinsy, is convalescing. Jas. M. Dwyer has been confined to his house with rheumatism, but is able to be out again.

Geneseo. Chas. D. Toole, who has been suffering from an attack of quinsy, is convalescing. Jas. M. Dwyer has been confined to his house with rheumatism, but is able to be out again.

Geneseo. Chas. D. Toole, who has been suffering from an attack of quinsy, is convalescing. Jas. M. Dwyer has been confined to his house with rheumatism, but is able to be out again.

Geneseo. Chas. D. Toole, who has been suffering from an attack of quinsy, is convalescing. Jas. M. Dwyer has been confined to his house with rheumatism, but is able to be out again.

Geneseo. Chas. D. Toole, who has been suffering from an attack of quinsy, is convalescing. Jas. M. Dwyer has been confined to his house with rheumatism, but is able to be out again.

Geneseo. Chas. D. Toole, who has been suffering from an attack of quinsy, is convalescing. Jas. M. Dwyer has been confined to his house with rheumatism, but is able to be out again.

Geneseo. Chas. D. Toole, who has been suffering from an attack of quinsy, is convalescing. Jas. M. Dwyer has been confined to his house with rheumatism, but is able to be out again.

Pecans For Walnuts. The United States imported from France during the year 1906 walnuts to the value of \$12,884,658; from Germany, \$3,101 worth; from France, in fruits and nuts, a total of \$2,478,739, and from Germany \$56,691. There is no good reason why this country should not export just as many pecans as it imports walnuts.

Pecans For Walnuts. The United States imported from France during the year 1906 walnuts to the value of \$12,884,658; from Germany, \$3,101 worth; from France, in fruits and nuts, a total of \$2,478,739, and from Germany \$56,691. There is no good reason why this country should not export just as many pecans as it imports walnuts.

Pecans For Walnuts. The United States imported from France during the year 1906 walnuts to the value of \$12,884,658; from Germany, \$3,101 worth; from France, in fruits and nuts, a total of \$2,478,739, and from Germany \$56,691. There is no good reason why this country should not export just as many pecans as it imports walnuts.

Pecans For Walnuts. The United States imported from France during the year 1906 walnuts to the value of \$12,884,658; from Germany, \$3,101 worth; from France, in fruits and nuts, a total of \$2,478,739, and from Germany \$56,691. There is no good reason why this country should not export just as many pecans as it imports walnuts.

TEETH WITHOUT PAIN. NEW TEETH Ready in a Day. Old teeth out in the morning - new ones in by night. Perfect fit - excellent finish. \$8.00. And not the slightest pain in the operation. VITALIZED AIR - the most wonderful of all pain killers, is free to you. TAFT'S 187 Main St. East

COOK OPERA HOUSE The best in high-class vaudeville. Matinees Daily 10, 20, 25c. All Next Week: THE FADETTES of Boston. The most popular orchestra in the world. Twenty-two girl musicians.

Willie Pantzer Troupe Wonderful contortionists. Will Rogers Great Lariat Expert. May Tully In "Stop! Look! Listen!" Nichols Sisters Other Big Star Acts.

BAKER THEATRE Week beginning Monday evening January 6. Bellows-Spencer Stock Company Henry Arthur Jones' stirring human drama "The Masqueraders" As played for more than two hundred nights at the Empire Theatre in New York. A company of accomplished players and a big production promised.

National Theatre Monday, Tuesday and Wednesday Matinees Monday and Wednesday The Comedy Drama Outlaws Christmas Thursday, Friday, and Saturday Mat. Thursday and Saturday James J. Corbett in The Burglar and the Lady

James J. Corbett in The Burglar and the Lady. Prices - Matinee, 15 and 25c. Night, 15 to 50c.

National Theater.

The story of Jack, the outlaw, his wife Katie and their little child Ruby, forms the background of the comedy drama, "The Outlaw's Christmas," by Theodore Kremer, which comes to the National Monday for three nights and two matinees.



James J. Corbett, who has been delighting the patrons of the continuous houses for the past few years with his clever monologue, is announced to return to the legitimate stage in a brand new comedy with many dramatic possibilities, comes to the National the last half of next week in "The Burglar and the Lady."

Dansville. New Year's greetings were received in town from Wm. E. Driscoll of Pittsburg, who is studying law in that city.

Mr. and Mrs. Dennis Foley attended the funeral of Patrick Durkin, a well known citizen of Mt. Morris on Monday.

In the Kitchen. Miss Ella (the cook) - Go 'long, now, Mistah Johnsing! How darv yo' kiss mah ruby lips?

Mr. Johnson - Fo' de Lawd, Miss Jacksing, Ah jess couldn' erist claimin' de privilege when Ah seen dat mistetoe.

Miss Ella - What mistetoe yo' all talkin' 'bout? Mr. Johnson - W-y, dat hangin' 'om de shelf right 'bove yo' beautiful hair.

Miss Ella - Huh! Dat's nothin' but a bunch o' spinach!