

"MAKE UP" OF QUEENS

RESORT TO VARIOUS MEANS TO IMPROVE APPEARANCE

Czarina Spends Twenty Thousand Yearly For Perfumes—Alexandria's Complexion Envy of Europe.

Like the humblest of their feminine subjects, even royalty possesses a weakness for the toilet table, the mysteries of which have, from time immemorial, provided huge fortunes for the tradesmen who supply its peculiar and generally expensive needs.

The ruler of Holland, until the recent Spanish marriage the youngest European Queen, believes profoundly in the morning tub, into whose waters a pint of the finest essence of cologne finds its way. Before emptying the scent into her tub Wilhelmina tests the purity of the fluid herself over the lamp upon which her morning chocolate has been prepared.

Wilhelmina possesses one of the loveliest and most delicate complexions in Europe, a fact she attributes to the Spartan diet and open-air life of her girlhood. The only scent to be found upon her dressing table is rosewater, and this, with glycerine, is the only adjunct to her toilet which the youthful ruler permits herself. Yet, despite her protestations to intimates, court gossip insists that no complexion in the world could be so perfect without the assistance of a whole battery of Parisian beautifiers.

Alfonso's bride is another firm believer in simplicity of "make-up." Eau de cologne is her favorite perfume. To such length does Spain's Queen carry her detestation of "aida" that a royal cousin by marriage, inspecting Victoria's private apartments for the first time, described the toilet arrangements as "most uninteresting."

The Czarina, on the other hand, positively revels in matters appertaining to her toilet, and spends no less than \$20,000 annually with one Paris house or perfumery alone. Her dressing table is of solid silver, with legs of malachite, and the contents of her many bejeweled "toilet bottles" represent a small fortune in precious smells. But her favorite essence is violet, and for several weeks in early Spring hundreds of women and girls may be seen at Grasse gathering the blossoms from which the Czarina's perfume is made. The finished product is tested, bottle by bottle, at the St. Petersburg Academy of Chemistry before being sent to the imperial stores, and the substitution of a single ounce of imitation essence would cost the maker a contract worth a fortune annually.

The soap employed by the Empress of Russia is made by another Paris firm, from a recipe which they dare not divulge or employ upon behalf of any other customer.

The rooms and corridors used by the "first lady of all the Russias" are sprinkled hourly with rare perfumes, principally fragrant, narcissus and ambergris, creating an atmosphere which the average healthy Englishwoman would probably find intolerable.

Carmen Sylva, the Queen of Roumania, employs upon her skin and in her bath an extract made from forest herbs by her royal self, and although many of her illustrious relatives have pressed her for the secret she refuses to divulge it.

The German Empress, justly famed for her beautiful shoulders, gives the credit to a certain spermaceti soap. The preparation used by her has a deliciously refreshing odor, relaxes the tiny muscles, and at the same time acts as a marvelous tonic upon the tender cuticle of the face and neck. Peppermint, a solvent so cheap that no one would dream of adulterating it, Her Majesty employs as a dentifrice. New-mown hay is her favorite handkerchief perfume, and the royal suite receives frequent atomizations of eau de cologne. The Empress powders freely with powder, a fashion her august consort does not object to, although his strictures upon dyed hair compel her to refrain from attempting to darken her prematurely white coiffure by artificial means.

Queen Alexandra's figure and complexion are the envy and admiration of half European royalty. She is supposed to fight wrinkles by anointing her complexion with cold cream, which remains on during the night. Her taste in perfume is chiefly confined to cologne and violet, and, according to a well-informed writer a little while ago, the royal dressing table in the matter of toilet preparations is conspicuous by being "a little out of date"—a fact which speaks volumes.

The late Queen Regent of Spain is hardly a handsome woman, although her countenance is thoughtful and kindly in expression, bearing as it does the impress of an anxious and unhappy life. She uses a soap made from whale oil, and also indulges in the very Spanish custom of treating her complexion to a nightly coating of salve, both from Spanish productions. Even eau de Cologne, whose virtues she extolled to her son's bride on the occasion of their first meeting, has failed to restore the fading charms.

Words of the Wise.

Mercy to him that shows it is the rule.—Cowper.
True merit, like the pearl inside the oyster, is content to remain quiet until it finds an opening.—Punch.

HELP TO RIGHT BREATHING

Nostril Expander Insures Supply of Air to the Lungs.

It is known that with many people the tendency while breathing is for the nostrils to collapse more or less, or, at least, become somewhat restricted so as to interfere with breathing. This is particularly true with persons engaged in athletic sport—such as running, racing or any effort which requires a large supply of air to the lungs. In such exercises the tendency is to open the mouth, thus admitting impurities.



ASSISTS PROPER BREATHING.

and also causing the mouth to dry quickly. The habit of snoring is caused largely by this constriction of the nostrils, or at least if the nostrils are kept expanded the snoring ceases. To obviate these difficulties is the purpose of the nostril expander shown in the illustration, the invention of a New York man. It can be easily applied to the nose and can be worn without discomfort. It enters the nostrils and prevents them from closing, thus permitting a free air current. It is a great help in breathing.

GUIDES TO HEALTH.

Avoid liquid face powders, as many of them contain flake white, which is a poisonous lead and very injurious to the eyes.

For a sallow complexion drink the juice of half a lemon in a glass of hot water a half-hour before breakfast. It corrects the sluggish liver.

If the sunburned face is washed in buttermilk and covered with talcum powder, there will be no irritation of the skin. Sweet milk is equally good.

Pimpled skin, sometimes called gooseflesh, appears mostly in the upper portions of the arms and over the shoulders and is cured by hot soda baths. It is an ugly disfigurement, especially if one wears décolleté costumes.

Here is a good powder for polishing nails: Talcum powder one-half ounce, pulverized pumice stone two ounces. Mix thoroughly, add fifteen grains of carmine and a few drops of oil of rose if a perfume is desired. Sift through silk bolting cloth.

She Can't Help It.
When she meets a particularly attractive busy, contented spinster, she says, plaintively: "Poor Ada, or Virginia, or Emmeline! What a pity that she never married!" She cannot help it any more, than she can help the color of her hair.

When Frederick—fumbling dreadfully, by the way—slipped the ring upon her finger he endowed her not only with all his worldly goods, but also with an ineradicable pity for those upon whose hand the yellow band has never gleamed, says Anne O'Hagan in Harper's Bazar. If he had taken to beating her the following week, had developed an undue appetite for drink the next month, and had deserted her the following year, she would still have looked with patronage upon me, unbeaten, unacquainted with intoxication, undeserted.

There is no wife so unhappy, so neglected, so trampled upon, that she has not, in her own opinion, someone still more pitiable to whom to condescend—and that is any unmarried woman, no matter how busy, how cheerful, how popular.

To Reduce the Weight.

The plump woman's salvation will be found in vigorous exercise and in a reasonable "get thin" diet. She must live almost entirely on crisp, green vegetables, lean meats, salted toast, clear soups, and unsweetened tea. No fats, sweets, eggs, cream, butter or potatoes in any form. Take a glass of buttermilk for breakfast, have a light luncheon, and let the evening meal be the only solid one of the day. Sleep not longer than seven hours and make it a habit never to be lazy. Drink very little water. Hot baths are a necessary part of the weight-reducing regimen.

The Bride's Dowry Chest.

Every bride of the present day has a dowry chest. It is better that this oak chest, firmly bound, should have come down to her from other generations, but if there is no such chest in the family she must start one herself. The chest has in it the linen and other things her family have given her bride and at the top is placed her mother's gift—a piece of family jewelry or other precious thing.

THE WAY TO WASH A PLUME

A Seemingly Hazardous Undertaking Is the Following.

White plumes which have done duty on old hats should undergo a certain amount of renovation. One of the best methods of cleaning them is to place them first of all in a basin of cold water made with cold water instead of hot, and in which they should then be removed, plunged into boiling water and allowed to remain in it for at least a quarter of an hour. Each feather should then be taken out spread on a cloth and every particle of dirt which may still cling to the fronds removed by rubbing these with a soft piece of silk dipped in soapuds. They must then be rinsed in several changes of hot water and finally laid on a towel across the knee, the fronds being then dabbed gently with a towel made into a ball, the object being to regain the curved shape of the feather before it is returned to the hat.

When almost dry the feathers should be well shaken until they appear perfectly soft and fluffy, when they should be immediately inclosed in tissue paper and placed in a cool oven or on the plate-rack of the stove, so as to complete drying operations.

To curl the feathers no tool is more effective than an ivory paper-knife. Each frond should be picked up separately, and with a sharp but gentle turn of the wrist given the requisite curl, this being continued until the plume has regained its original appearance.

Shirt Waist or Blouse.

The simple tailored shirt waist fills a place in the wardrobe that nothing else supplies, and is consequently always in demand. Here is one of the latest models that is smart in the extreme, and which allows a choice of two styles of collar and sleeves. In this instance it is made of white linen with large pearl buttons as finish and is worn with a separate turn-over collar. But it can be cut out slightly at the neck and



finished with a collar of the material, as shown in the small view, and it can be made with elbow sleeves so that there are practically two waists in one. Linen, madras, and, indeed, all the washable waistings, and also such materials as taffeta, pongee and light weight woollens are appropriate. The tucks are arranged to give exceptionally becoming lines to the figure and the double-breasted effect is distinctly novel.

"Deadhead Hat" For Women.

"The deadhead hat," remarked a Pittsburgh woman at the "Washed Out" the other evening, as a parade of swallow tails and plumes and bows passed through Peacock alley, "is the latest thing to crown the women who desire to make a show on as little money as possible. The other afternoon a milliner on Fifth avenue told me that certain almost impoverished daughters of old New York families, and others who have a keen eye for business, had been in the habit of importing their hats from London or Paris, but have found a way of increasing their supply of headgear without adding to their bills. After one of these women has worn some especially alluring hat three or four times she takes it to one of the leading Fifth avenue milliners and allows it to be copied in varying shades, the milliner, in return, furnishing her one or more hats for everyday use. The well-dressed woman in this way gets a fair supply of hats free of charge and at the same time has the satisfaction of seeing her own styles copied by an establishment that cater only to the best trade after she herself has done with them and is ready to produce something new for the admiration and envy of her friends."

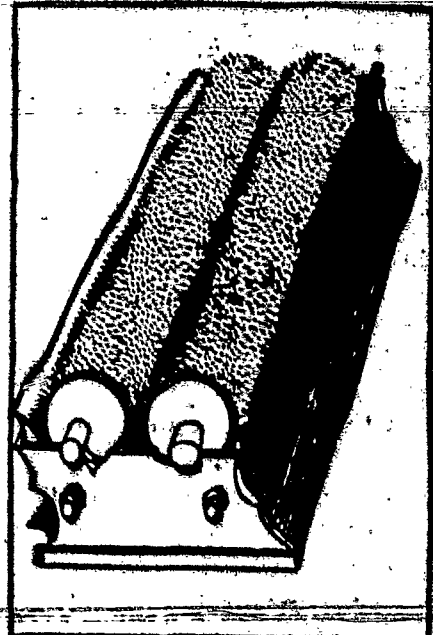
Laughter At Meals.

Worry at meal-times and hurry directly after are two great factors in weakening the digestion. One of the most important meals of the day is breakfast, yet how often one hurries over food or scribbles through it in stony, frigid silence, scanning the columns of a favorite newspaper. An old physician, writing seventy years ago, said: "Laughter is one of the greatest helps to digestion with which I am acquainted and the custom prevalent among our forefathers of eating at table by jesters was founded upon true medical principles. Therefore, endeavor to have cheerful and merry companions at your meals."

PRACTICAL BOOT CLEANING

Constrance for Removing Mud From Soles of Shoes.

One of the most interesting of recent inventions is a boot cleaner which is designed to take the place of the old-fashioned shoe scraper, usually placed alongside of the steps. As shown in the illustration, it consists of a metal casing constructed to



BRUSHES REMOVE DIRT.

support two brushes. The latter are journaled in open bearings at each end, there being but little open space between the brushes and the casing. The front and back upper edges of the casing are sharpened to provide scrapers for removing mud. In use the device is placed on the porch or in the vestibule.

HOME COOKING.

Sweet Apple Custard Pie.
Two well-beaten eggs; 1 cup grated sweet apple, 1 pint sweet milk, 2 large spoonfuls of sugar, a little salt and flavor; very nice.

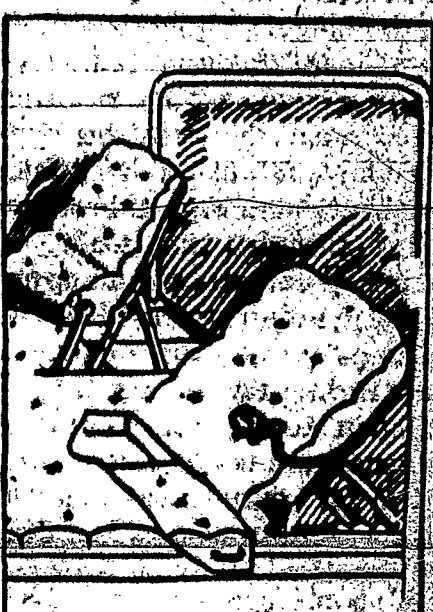
Cucumber Salad Dressing.
A tender cucumber, 2 tablespoonfuls of prepared mustard, the yolk of one egg, seasoning to taste.
Peel and grate the cucumber and add the mustard, mixing thoroughly. Add the juice of one lemon and the yolk of one egg, beaten thoroughly.

Bean Biscuits.
Beat one egg light; add one-half cup of milk one-half cup of molasses, two cups of bran, one cup of flour, a teaspoonful of soda and a pinch of salt. Bake in muffin rings.

Spanish Steak.
Season with salt, pepper and butter three pounds of round steak, cut two and one-half inches thick. Place in the oven in a pan with a little water, and cook thirty minutes, then cover with a layer of sliced raw onions. Cook three-quarters of an hour, then add a layer of sliced tomatoes, cook until tender, sprinkle with grated cheese and when browned serve with a gravy made from the liquor in the pan.

Adjustable Invalid's Bed.

The care of an invalid is always a great burden on some member of the household, and to lighten this burden as much as possible a Pennsylvania man has designed a bed which has several unique features. The head of the mattress is divided into several sections, one of which



ADJUSTABLE BED.

can be raised to any height desired to be used in case the invalid desires to be partly raised. Supporting the part of the mattress that is raised is a pivotal frame, the height being regulated by bars registering in a bracket in the side of the bed.

Kitchen Walls.

If flies are out of the question, oil paint is the only available wall covering for a kitchen and should be finished with a coat of enamel.

The kitchen walls will require washing quite as much and almost as frequently as the floor. White tiles make the finest possible covering, not only because they show dirt but because they can be easily cleaned. This requirement must be met with any other substitute, and this to a considerable extent is given in a good way by oil paint finished with enamel.

Motor Cars and Wealth.

The possession of a motor car is not necessarily the proof of great wealth. The majority of motor cars belong either to enthusiasts or men of moderate income, and the \$1,500 motor car is a rarity, like the millionaire.—One.

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