

**WOMEN'S FOOTWEAR**

**EXTRAVAGANT SUMS PAID FOR SHOES AND HOISERY.**

May Be Due in Part to the Vogue of the Short Skirt but the Broad Toes Have Gone the Way of All Rational Modes.

For some years past the American woman's extravagance in the matter of footwear has been increasing at a rapid rate and if it were possible to obtain statistics concerning the amount of money paid out in this country each year for high grade shoes and hosiery the figures would surprise even the women themselves.

Perhaps the vogue of the short skirt has had something to do with the prevailing taste for dainty shoes and hosiery, though the footwear associated with the long and trailing skirts is as elaborate and costly as that displayed by the wearing skirt. It is a brave woman who can preserve her serenity when she is conscious that her walking skirt is leaving in evidence slinky and shapeless boots or shoes, and to-day even the practical, common sense walking shoe is out of favor with short skirted femininity.

A surprising number of smartly dressed women display French pointed shoes below instep length skirts, and the broad comfortable toe has gone the way of all rational fashions, giving place to shapes which, even if fitted wide enough at the ball of the foot, taper sharply toward the ends of the toes.

Where a French heel is too radical the Cuban heel effects a compromise. This heel undoubtedly is more comfortable than the French heel for walking purposes, but, if high enough, it pushes the foot forward into the pointed toe in a way promising profitable returns for the chiropodist.

However, this is not a lecture on feminine vanity, merely a chronicle of fashions in shoes and slippers; and, after all, there's no den; at least the modish woman to-day dresses tastefully and attractively for it, even though she may suffer for it.

**Charming Girls Frock.**  
The simple sleeveless frock just out, to be worn summer or winter over any girdle, is a most desirable as well as most fashionable one for the younger girls. Here is one that is so charming yet which involves little labor in the making.



The five gored skirt is pleated and both it and the pretty waist are joined to a belt. In this instance the material is ring-dotted batiste with trimming of embroidered banding, but not alone are the washable fabrics, both cotton and linen, appropriate, the dress also is well adapted to challis, cashmere, wadding, French flannels and the like.

**GUIDES TO HEALTH.**

If people laughed more they would all be happier and healthier.

Don't eat your meals quickly; this causes indigestion and a red nose.

Equal quantities of lemon juice, licorine and glycerin make an excellent mouth wash.

Don't expect physics and topics to help you well if you neglect the laws of health and hygiene.

A mixture of white of egg and red pepper in good for neuralgic headache. Apply it to the base of the brain.

Eggs are muscle-building food and are digested principally in the stomach. They are most easily digested when raw; somewhat less readily when slightly cooked, but difficult of digestion when hard-boiled.

**Paper Mattresses.**

Mattresses of paper shavings are reported to the soldiers of the German Army. They are said to be more comfortable than those of straw. One thing will be true—

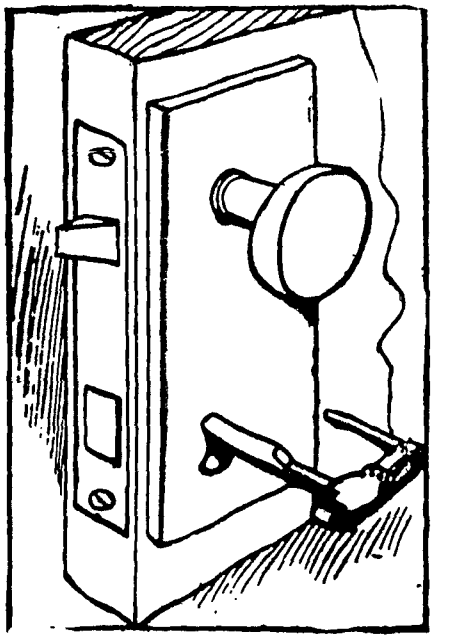
**TO PROPERLY RELINE A COAT.**

**Directions by Which the Veriest Novice May Do It.**

The business of relining a coat, which is so often necessary where there are children, can be simply achieved in the following manner: First remove half the old lining to use as a pattern by which to cut out the new one, leaving the other half attached to the coat to act as guide.

The next process is to unpick the piece of lining which has been detached. Lay it flat on the new material and cut round the pattern, leaving enough for turnings. Sew up the seams, leaving the arm seam open. Lay the new lining over one side of the coat, and baste it into position, unpicking the remaining half by degrees, and basting the new in its place, says Woman's Life.

The bottom, front and neck must now be neatly hemmed, and the arm holes and under-arm seams sewed up. Any material which is over should be gathered or neatly pleated into these two seams. Lastly, the linings of the sleeves must be sewed up and stitched in.



**KEY CANNOT BE FOUND.**  
In position and prevents the key from being turned from the outside. When there is a key on the inside of the lock it is naturally impossible to insert one from the outside. Still, it is an easy matter for even an amateur crackman to work the key around and force it through the inside keyhole. When the key guard is attached to the inside of the door this is impossible. The key cannot be turned, and therefore, cannot be forced out of the lock and another key inserted.

**HOUSEHOLD SUGGESTIONS.**

Add alum to the paste used in scrap books and it will keep the moths out of them.

Rub the backs of old paintings with oil of cedar to protect them from injury by insects.

Add a pinch of soda in water in which fresh-cut flowers are put and they will keep longer.

Do not stretch table linen, but iron while damp, and press until quite dry; otherwise it will be too limp.

There is no better filling for needle and pin cushions than sheep's wool, as its oily qualities prevent the needles from rusting.

After the carpet is tacked down, if it is liberally sprinkled with salt and swept with a clean broom the colors will be brightened wonderfully.

**An Emergency Bag.**

A very convenient addition to the medicine chest is an emergency bag. It should be made of two strips of heavy linen or denim, about six or seven inches deep, the back piece to be made about eighteen inches long and the front twenty-seven inches. The two strips should be bound together at the ends and across the bottom, then stitched, to form several pockets. A flap should be buttoned over the top and each pocket labeled with indelible ink.

One pocket should contain rolls of bandages, another bits of old soft linen, another lint from worn-out napkins. Other pockets should be made to hold bottles of arnica, witch hazel, carbolic, Jamaica ginger, absorbent cotton, a box of healing salve, a piece of castile soap and half a dozen fingers cut from old, large kid gloves.

**Beauty At a Discount?**

In marrying the modern man takes longer and perhaps less material views than his forefathers. He realizes that, in the long run, character must tell—that beauty, if not backed by sense and companionship, is not only merely skin deep, but remarkably evanescent—that to marry in haste a pretty, but unimformed, schoolgirl generally spells repentance at leisure.—Hearth and Home.

**SPANISH WOMEN'S PHYSIQUE.**

**Present Characteristics Peculiar to the Race.**

There are certain interesting peculiarities which appear more especially in the Spanish women. One of these lies in the shape of the chest. Unlike the French and the northern woman, the Spanish woman's chest is found to be shorter and broadest at the base—at the level, that is, of the lower end of the breast bone—so that she requires, according to Carmandel, a differently shaped corset, while at the same time there is greater amplitude and accentuation of the hip in relation to the figure generally. These characteristics of the Spanish woman are well illustrated, it has been said, by a comparison between the statue which Falguieres modelled after Cleo de Merode and the distinctively national Spanish type represented in Giovanni's *Maja Desnuda* now in the Prado.

The typical Spanish woman (as Duchenne first pointed out in 1866) presents another puzzling but well authenticated peculiarity in the heightened curves of her spine. The Spanish woman's spine looks as if its curvature had been increased by pressure applied to the two ends. This indeed has by some been supposed to be the actual cause of the peculiarity, and Spalkowski—who has found the ensellure or saddle back, as it is termed, well marked among some of the most beautiful and vigorous of the laboring women and fisher folk near Boulogne and Dieppe states that it only occurs in women who are accustomed to bear heavy burdens; he also remarks that it is frequently associated with small feet and hands, well modelled neck, graceful bust and lithe figure, usually in brown eyed women. This association of characters suggests that the peculiarity is not an individual acquirement but a racial trait, and there is no difficulty in believing that the Iberian element, which is still strong in the southwest of France and recognizable in the southwest of England, may also have passed up the French coast.

Lagneau and others are distinctly of the opinion that the ensellure is a racial Iberian trait. This conclusion seems inevitable, and in any case there can be no doubt that this special grace and distinction of profile of the Spanish woman's figure is associated with the ensellure; it is this that gives the characteristic mark to her bearing and carriage, while it emphasizes much that is most characteristic in Spanish dancing.

**Ever Ready Spool Holder.**

Dressmakers, tailors and others who do a great deal of sewing will be interested in the spool holder shown in the illustration. A resident of Honolulu is responsible for the invention. As a rule, dressmakers are in the habit of continually losing their spool of cotton.



Generally the spool is placed on a near-by table, where it can be readily knocked off and lost. This simple little spool holder was designed especially to guard against such accidents. It is made of wire bent to shape, the upper edge formed into a pin, with a co-operating hook by which it is secured to the garment, where it can be most conveniently reached.  
The spool of cotton being used is slipped over the lower rod, where it is held in place and is quickly procured without the necessity of reaching to the table for the spool or hunting it on the floor.

**Becoming Jewelry.**

To insure beauty jewels must be worn with regard to color. Take, for instance, highly colored gems such as rubies and sapphires.

They could not be worn with any shade of red. Soft colors should always be selected in such cases—turquoises, pearls or diamonds.

The woman with dull eyes must never wear diamond earrings, for these stones will make them duller. The pearl softens the face more than any other jewel.

Another stone which is equally becoming is the opal. A stone called tonkinolite, which is pure blue, makes a sallow skin many shades lighter.

**New York's Flower Makers.**

Out of every hundred makers of artificial flowers in New York City seventy-four are under 14 years old. New York City makes four-fifths of all the artificial flowers used in the United States.

**AT A BARGAIN SALE.**

**MARKED DOWN TO \$652 INTERESTS WEALTHY WOMEN.**

Just as Much Pulling and Hauling for a \$100 Hat Uptown as for a \$1.19 Hat of the East Side—Frank Comments of the Buyers.

About twice a year a big shop on upper Fifth Avenue turns itself loose in a bargain day, and if you think that stepping on toes, calling names with eyes and tongues, brushing, squeezing, snatching, squeezing, elbowtickling and knee knocking are confined to the regions of Fourteenth street and Sixth avenue it is your mistake, that is all, says the New York Sun.

Even the shopgirl forgets that air of frigid hauteur which marks the shopgirl caste in that sacred part of town, and instead of the languid delectable pose with which they are accustomed to hand out an ostrich plume and name the price without looking at the possible purchaser, they step around as lively as fans seeking their places in a baseball day.

One of the 38-25-42 variety mistakes a look of curiosity in regard to the price of a white swiss muslin matinee for one of personal commiseration, and exclaims: "they've been at it since 7 this mornin' an' they're just like a flock of crows. There ain't a thing in my stock that they ain't mauled over an' over, an' I've stood here sayin' diggers till I'm ready to drop."

Having delivered this exordium, the 38-25-42 model calls the attention to the fact that the Swiss muslin of the matinee is real Swiss and has handwork all over it. "It's one of the greatest bargains I've got," she murmurs, returning to her trade manner, "an' you'll regret it all your life if you don't take it. I can assure you on the word of a lady that it's a bargain, and I know bargains when I see 'em. It's only \$89 and is reduced from \$92, for here's a ticket, and you can see where the \$92 is crossed out and the \$89 put right below it.

On the first floor of the establishment the bargain sale of hats is going on, and pandemonium itself is let loose. Women whose smart appearance marks them as top hatters in social cliques are setting the same hat on different sides of the brim and glaring at each other like schoolgirls on the East Side.

"Madam," says one, gripping the black brim of a hat the size of an automobile tire. "I was just going to try this on."  
The other looks at her with the glare of the one who gets the short side of a wishbone in a pulling contest. As nothing is to be gained by hanging to the edge she is determined to exhibit to the other the difference between the action of blue blood and the representative of the proletariat.

"I don't care for the hat," she says majestically, with a gesture that suggests the Queen of Spain showing the newborn: "It's very common I think."  
Of course the winner in the pull doesn't care about what the loser thinks, no, not a bit, but after she has tried it on and looked this way and that she says to the shopgirl: "Don't you thing those ospreys look kind of draggly?"  
"Draggly? Of course they look draggly," said the shopgirl. "Why, those ospreys and those straight ostrich feathers without a bit of curl in 'em that are just the sweetest things that have ever been sold on the averter, came direct from London, where the Queen set the style after she got caught in a rainstorm coming back from the Ascot (sic, I mean the Derby). Draggly? Why, they wouldn't sell 'em if they weren't draggly!"  
"And it's—?"  
"Only \$40; ain't it cheap? I thought some of taking it myself, but we have to give the customers the first chance. You can see it was \$80, an it ain't duplicated."

Transversely through the room rows of dresses hung from hooks and hangers, a bewildering mass of color and form. Through the aisles, turning first to one side and then to another, pass uneasily a stream of women commenting and occasionally asking the shopgirl to take out some special one. Each of the dresses is tagged and on each tag is written the usual price and the bargain price.

"My dear, did you ever see such a bargain! That peculiar shade of ecruise. I have never seen it anywhere else but at Doucet's. It's only \$652. I don't see how they can make such reductions. You see, last week it was \$785. Can you imagine a worse tragedy than buying a dress like this one day and coming in the next to see it marked down to bargain rates?"

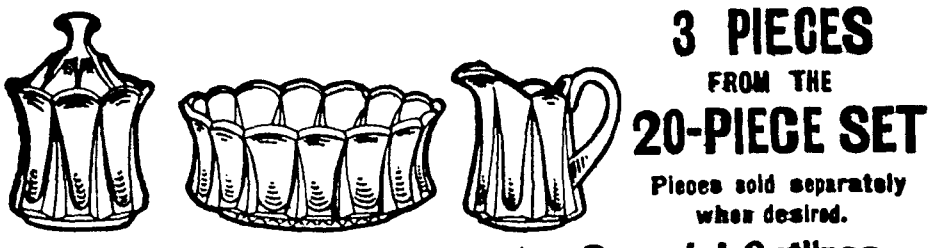
One of the most noticeable features of the bargain sale is the perfect abandon with which the question of artificial hair is treated. Nearly every one of the purchasers has a head covered with braids, puffs, waves and curls that to the most inexperienced eye are theirs by purchase but not by growth.

One smart looking young woman of about 20 has unplanned a score of puffs and is planning them on underneath the hat she has selected. Another has lost half a yard of applied puffs on the floor and two girls on their knees are searching for them.

**How Are You Going To Cook This Summer?**

Are you going to endure a red hot fire all day long or are you going to do something to make the kitchen cooler—the work more bearable, on the scorching summer days. There is one solution to this problem—the gas range. A cake of ice will melt no sooner on a gas range, when it is out, than in any other part of the room while on the other hand when it is lighted the Gas Range gives an intense quick heat. There is food for thought in the above—think it over.  
Again this summer you are not confronted by the thought of what you will do with the gas range in the winter—get a furnace connection to heat the water and room, it will give you hot water day and night—without a cent for fuel—no coal or ashes to carry—just an Ideal Kitchen.

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