

IMPROVEMENT OF FRUIT

Better Results Now Obtained in Combating Insects and Disease.

DEMAND FOR THE BEST

New and Superior Varieties Are Annually Introduced—Markets are Seldom Fully Supplied With Choice Fruit—Finest Qualities Sold to be

Raised in Temperate Zone.

Fruit growing is one of the leading industries, and in addition to the new kinds annually introduced by our leading horticulturists fruits heretofore unknown have been brought to this country from abroad to assist in increasing the varieties. We import large quantities of fruit, as consumers desire some kinds that we cannot get within our own limits, but really because we do not supply the demand for our own native fruits. In no year within the past quarter of a century have we been supplied with a sufficiency of apples. During certain periods of the year they bring larger prices than do oranges; the bulk of the peach crop is annually sold when the trees are in blossom, and the demand for pears has been very much increased of late years, owing to the great improvement that has been made with this fruit. When the buyers can procure choice fruit of any kind prices seem to be no objection, as fruit of good quality always sells readily. The curculio has almost obliterated the plum, but of late the pest has been fought successfully, and with a steady improvement being made with the plum it will no doubt in a few years resume its hold in place by the side of our most favored delicacies. Methods of cultivation may have much to do with disease of pear trees, but probably forcing the trees to a very rapid growth is the cause more than anything else of pear blight which spreads from one tree to others. Our orchards of improved pears have not been treated in a natural manner, for the pear tree is somewhat slow in growth and does not seem to like much forcing, but growers have compelled the improved varieties to assume conditions not suitable for health and vigor, which render the trees subject to the blight and other diseases incidental to pears.

Great improvement has been made in the several varieties of fruits during the nineteenth century. Strawberries are now rivaling plums in size, gooseberries are as large as cherries, raspberries are larger and of better quality and the blackberry, once a nuisance on some farms, is now cultivated as a profitable fruit.

The demand, instead of decreasing from its cultivation, has increased and new markets are opened every season. It is useless to further specify the kinds, for the raspberry, currant, grape, cherry and quince have their enthusiastic admirers. Even the huckleberry (whether blueberry or whortleberry), as it is called, will soon be among the cultivated fruits, a place it should have had long ago. In some sections where the peach had been cultivated but disappeared it now thrives again. Apples are shipped to Europe, yet a ready market exists near all farms for his kind of fruit. It is claimed by those who have made comparisons that the fruits of the temperate zone are superior in every respect to the best that are produced in the tropics, but individual preferences on the part of consumers naturally regulate the supply and demand, which, of course, influence prices.

Larger areas are annually being devoted to fruit. As the demand for fruit increases it is apparent that new fields are opening in those sections not adapted for special farming or stock raising. Stony hillside that are now unprofitable can be made to blossom with each returning spring. The grape will grow on soils that refuse nourishment to cereal crops, and the blackberry is successfully grown on the lightest sands. With all the host of favored sections there is not profit per acre that is possible with small fruits. Lands that will not grow a blade of grass pay the grower in pears, blackberries and raspberries, and the better qualities of soil produce the best of strawberries. If there is a failure in growing fruit it is sometimes due to carelessness of the grower. Trees and vines, like anything else, must receive the care and attention of the grower, must be properly cultivated and pruned and the fruit judiciously prepared for market. The curculio must be fought, the borer killed and the miller and caterpillar destroyed. If the work is well done, and the grower is patient, his reward will surely come, for there is an excellent opportunity for enterprising fruit growers to increase their profits by producing fruit of the best quality. Low prices occur at times because the market is oversupplied with inferior fruit, but there is always a good demand for that which is choice, and at good prices.

Strikes on the Increase.
Strikes increase in number every year in Germany, and in 1905 they numbered 2,057, as compared with 1,870 in the previous year. There were also 120 lockouts in 1904 and 200 in 1905.

SCIENCE OF THE ARTS

Many and Appetizing Dishes Can Be Made from this Fruit.

The apple is in its glory. Its possibilities in the matter of appetizing dishes "to eat before the fire" are almost endless. Here are some of the more delicate and less familiar of them:

To make apple float take a tablespoonful of red apple or crabapple jelly to each of white egg and whisk until the mixture is quite light and foamy. Pour a plain custard into a deep glass dish and pile the mixture over it. Serve with sponge rush fingers.

For ginger apples take some hard, smooth-skinned apples and cut them into quarters. To every pound of apples allow a quarter of a pint of water and half a pound of sugar. Boil the water and sugar together until they become a thick syrup, then pour this over the apples, allowing them to stand for twenty-four hours. Then add the same quantity of sugar as used for the syrup, and to every pound of the fruit half an ounce of bruised ginger and a pinch of cayenne pepper tied up in muslin. Let this simmer until the fruit is transparent, add a small tablespoonful of gin, and put into jars, covering as tightly as possible. The ginger and muslin should be carefully removed.

For apple snowballs, boil one-quarter pound of rice in water until perfectly tender. Pare and core a few apples, replace the core by two cloves, brown sugar and a squeeze of lemon juice. Cover each apple with a little rice and tie up separately in a cloth. Boil for half an hour and serve with a sweet sauce flavored with lemon.

Pare and remove the core from seven large apples and place in a pudding dish. Put in each apple one teaspoonful of sugar and a little grated lemon rind. Bake until soft but not broken. Remove from the oven, pour over them one pint of hot milk, in which have been stirred the beaten yolks of three eggs, one small cup of sugar and a little salt; place back in the oven and when the custard is set, let cool. Cover the top with the whites of the eggs well beaten.

Pare half a dozen good apples for apple compote, scoop out the middle without breaking the fruit. Place in a pie dish with a quarter of a pint of water, half a pound of sugar and the rind and juice of half a lemon. Cover the dish and cook in a hot oven until the fruit is quite tender. When done, pour over the syrup with a dessertspoonful of rum added to it, and serve with Devonshire cream.

To stew apples in port wine pare and core two pounds of sweet apples, put them into a stewpan with three wineglassfuls of port, one and one-half pounds of sugar, the rind and juice of two lemons, and cinnamon to taste. Simmer gently, removing the scum; turn the fruit with a fork from time to time without breaking them. The apples should be lifted out first, and the liquor boiled for five minutes afterward and then poured over them.

To prepare pink apple snow, pare one and boil six large apples to a pulp, and press them through a sieve. Sweeten to taste, and then to every tablespoonful of apple add a teaspoonful of currant jelly. Whisk the whites of six or seven eggs with two heaped tablespoonfuls of sugar, and when frothing add them to the apple mixture, whisking all together until quite light. Pile high on a glass dish and add a currant or strawberry jelly garniture. This dish is one very suitable for children and invalids.

For fried apples, slice some apples, dip them in a batter made of one egg, sugar, milk and flour enough to thicken. Fry a golden brown, sprinkle with lemon juice and serve very hot.

Apple skin jelly does not sound attractive, but it is as good as jelly made from apple juice. So much juice is left in the parings that if these are boiled down and strained one will find they have as good a grade of jelly, and a few extra tumblers.

HOUSEHOLD SUGGESTIONS.

If you heat your knife you can cut hot bread easily.

A teaspoonful of turpentine added to a pail of warm water is excellent for all cleaning purposes. Also put a little in suds on wash day.

Straw matting should never be washed in anything but warm water and salt.

Angel cake can be cut easily if knife is wet in cold water.

To polish floors rub them once a week in beeswax and turpentine.

To test eggs, drop eggs in dish of cold water; if they sink they are fresh.

On Reading Newspapers.

"I can always tell whether a woman is accustomed to reading newspapers by the way she holds one," remarked an observing business man recently. "She takes it up haphazard fashion, glances irrelevantly here and there in an absent-minded sort of way, so that you tell quite sure she isn't reading a thing she reads. Then she opens the paper awkwardly and invariably separates the portions of the sheet, a thing that makes a man crazy in his own home, for he loses track of the departments and it is contrary to his ideas of order."

When Giving Children Powders.

A novel way of giving children powders is to cut open a chocolate cream, insert the powder and close up again. It is even better than putting it in jelly.

NOVELTY IN WRITING TABLES

Convenient to Paper and Pencil Under the Foot.

A Chicago man has devised an exceedingly useful combination writing desk and table, an illustration of which is shown below. Although at all times convenient, individual writing desks are not used to any great extent at the present time. The ordinary table usually serves the purpose, paper and pencils being placed in a nearby drawer. How much more useful the table shown here would be. This table has an open top, fitting into which is the triangular drawer. The latter is dis-

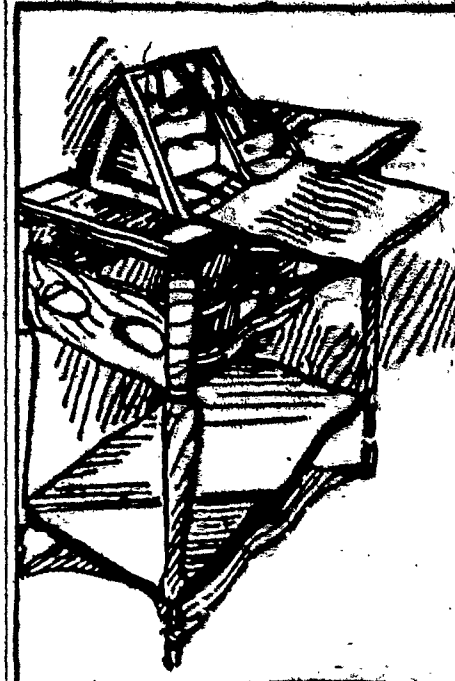


Table and Writing Desk.

vided into small compartments for holding pens, pencils, paper and other writing accessories. When not used as a writing desk, the drawer is lowered and the top of the table pushed back in guide ways, completely hiding the drawer from view. The table can then be used as the ordinary small table for reading, etc.

Baby Must Sleep Alone.

More than three-quarters of a young baby's life is spent in sleep, and upon the restfulness of it depends much of the child's future strength, says the New York Telegram. This being the case, it is certainly important that the sleep should be the right kind. One of the errors of young mothers is to believe that if a baby sleeps it is surely resting. This is far from being the case, for if the crib is not comfortable and the ventilation as it should be, the baby does not do for the child what it should.

One of the most important of all things is that a baby should sleep alone. I know this from a cold-blooded edict, and to many mothers a senseless one until they understand the reason.

First and foremost, there is always danger of a baby's being smothered when in the bed at night with another person. As a matter of fact, the death rate among infants from suffocation in this way is by no means small.

It is a well known fact that when two persons sleep together the stronger absorbs the vitality of the weaker, and that is what you cannot help doing to your baby. It cannot be as strong and lively a child as it will be without this drain upon its constitution.

Omen of the Wedding Ring.

At the close of a recent divorce case a woman spectator remarked: "I knew they wouldn't pull together very long. The ceremony made by her wedding ring proved that. When she had been married six months I saw her take her ring off one day. The mark it had left was so faint you could hardly see it. You can always gauge the length of a marriage by the impression made by the wedding ring. In some cases the ring, even though extremely large, sinks away into the finger. Such a mark as that indicates a marriage as lasting as eternity. Other women may wear a ring as tight as the skin, yet it will leave scarcely a streak on the flesh. In that case look out for an early termination of the contract."

The other women present said nothing, but all improved the first opportunity to slip their rings around and inspect the telltale mark. The faces of some were an expression of satisfaction, others of disappointment, but nobody knew the reason therefor.

For the Improvement of Boots.
The inside of banana skins is excellent for polishing brown boots, having the effect of removing stains as well as producing a bright surface.

An excellent polish for kid boots is made by beating the whites of two eggs with an equal quantity of water and a lump of sugar candy.

Weak soda and water will have the effect of darkening brown boots.

A black boot which is rubbed well with a freshly-cut potato will take a higher gloss than one which has been blacked straightway.

Squeaking boots should have their soles soaked in linseed oil. The treatment will cure the noisy trouble and also render the footgear waterproof.

A New Way to Soften Doughnuts.

Doughnuts are very apt to become hard a few days after cooking. If they are put in a dish and placed in the oven from five to seven minutes one will find them as delicious as when first cooked. Do not moisten them for then they will become soggy.

EVIL OF FOOTBINDING

FAST DISAPPEARING THROUGH AMERICAN INVASION.

As the practice is disappearing the extreme nervousness from which Chinese women suffer—various methods in force.

There are different methods of footbinding, just as there are different styles in small feet. It all depends on the section of the country. In the northern part, around Peking, the standard of excellence is a club-shaped foot with the big toe extending something like the index finger from a clenched fist.

To attain this ideal, the four smaller toes are bent back diagonally under the sole, the big toe protruding. The foot is then crushed from the front backward until the ball touches the heel and the instep bulges up and out, the effect of the whole being a club-like thing resembling a cow's hoof more closely than the delicate, graceful lines of a human foot.

A bandage of heavy, unbleached muslin about an inch and a half wide and from a yard and a half to two yards long is bound snugly around and over the foot to hold the strained and twisted muscles firmly in place. Gradually the outraged foot adopts the new form thus forced upon it, but the process is slow and excruciatingly painful. During the process about 10 per cent. of the victims die, it is said.

One of the first results of the tremendous pressure of the bandages is to check the circulation. The feet become numb and lifeless, as if frost-bitten. In fact, Chinese women often do freeze their feet and never know it, because there is no difference in the feeling.

Bound feet are not only misshapen feet—they are very small feet. Binding first retards, then stops the growth. A grown woman of thirty will have the feet of a child of five. As a result of generations of dwarfed feet on the mother's side, Chinese women have, by inheritance small feet, even when allowed to grow normally.

Where the parents are very ambitious that their daughter shall contract a grand alliance when she grows up, binding begins as soon as the child has learned to walk with confidence. If it is begun before she can balance herself she will probably never learn to walk at all. If very much later, the feet will have grown too large ever to be brought down to the desired size.

Sometimes the mother, remembering the agonies she herself endured, and flinching from the idea of inflicting them upon her beloved baby—for binding usually begins between two and three years of age—will weakly put off the evil hour. She knows she ought to do it; she knows it has to be done; but her tender mother heart revolts from the pain entailed and spring lapses into summer and autumn into winter, and the child's feet are still unbound.

The process of foot binding begins, say, from two to four, is generally maintained till the girl has attained her full growth. Every day the bandages are removed, the feet washed, lotions, powders and ointments are freely applied to keep down perspiration and swelling; then fresh bandages are bound on. Little by little the bandages are tightened.

Not infrequently it will happen when the ambition of the parents is of the ruthless sky-rattling type that the terrible pressure of the tightened bandages becomes too horrible for flesh and blood to bear. Then the feet suppurate and the flesh drops off, leaving only the bones. Women may be seen hobbling about on skeletons of feet, and others whose feet could best be described as stumps. Sometimes gangrene sets in and the pathetic little victim to family pride and race tradition dies. Short of all these horrors there are plenty of feet that have been bound so tightly, a crease or cleft two inches high will be formed between the toes and the heel.

Even where binding is a complete success the pain and discomfort entailed by it are something awful. In hot weather bound feet ache intolerably. To them is attributed the extreme nervousness and irritability from which many Chinese women suffer, not to speak of other grave maladies.

With the very young all that is necessary is to remove the bindings and the toes will straighten out of their own accord. In the case of full grown women a trifling surgical operation is necessary, followed by vigorous massage and manipulation and the strapping of the feet to flat boards until they regain their normal shape.

No sooner had the American missionaries in China convinced themselves that unbinding was entirely feasible than they proceeded to form an anti-binding crusade by making unbinding obligatory on all women and girls who attended or desired to attend any of their groups at schools. The movement was later strengthened by a body of native preachers who passed a resolution to unbind the feet of their wives and not to betroth their sons to girls with bound feet.

Suggestions for the Sick Room.

When fanning an invalid if a few drops of aromatic spirits of ammonia be sprinkled upon the fan it will be found very refreshing.

NESTLE'S MILK

FOR INFANTS AND INVALIDS.

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ILLUSTRATIVE PRICES.

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