

### TRAINING THE NOSE.

#### IMPROVEMENTS THAT BEAUTY DOCTORS MAKE OF NATURE.

American Type of Nose Not Strictly Classical, but Indicative of Common Sense—Temperament Disclosed by the Nose.

There are beauty doctors these days who do nothing but train the nose, says the New York Sun. Their mission is to treat it so that it shall be both useful and ornamental.

"You would scarcely believe," said one of them, "how many women come to us to have their nose doctored, and they are very sensible to do so."

"Noses grow old first of all the features. You can tell how old a woman is simply by the appearance of her nose. It is better as an indicator of age than her teeth."

"To keep the nose from growing old you must massage it. Massage does not make the nose red. Soap it once a day and scrub it with a cloth. That will make the skin grow finer instead of reddening it."

"Most women and some men have noses that are too open in the pores. The pores of the skin are most active right at the tip of the nose. This makes the flesh coarse and ugly. It isn't diet that does this; it is temperament and fate."

"When the nose is in this condition the only thing to do is to rub it with alcohol. The beauty doctors will tell you to use a benzoinated bath. This means a big basin of tepid water with a few drops of benzoin in it; just enough to make it milky. But if you don't want to go to that trouble, just use pure alcohol. Bathe the tip of the nose with it for a week. The pores will begin to contract."

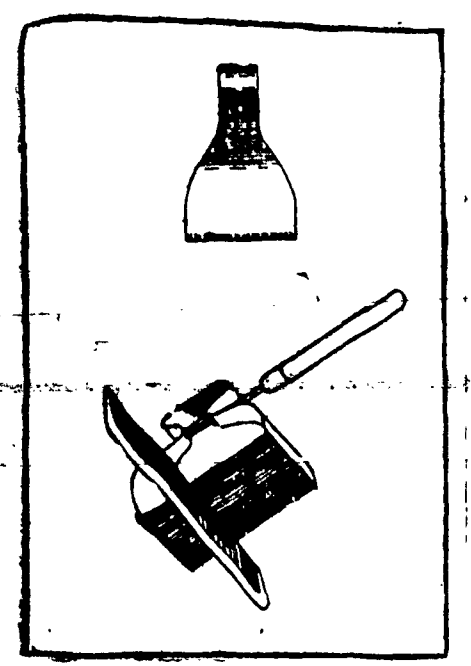
"Nothing shows a woman's disposition like her nose. The thin aquiline nose belongs to the woman who nags. When you see a woman with a thin nose, pointed at the tip and high on the bridge, look out. It means a very determined disposition and a tendency to have things her own way."

"Women with long noses should not wear blue. Long nosed women look a little older than their years, and the effect of blue upon the nose accentuates this peculiarity. Wear white or wear violet, but don't wear blue. If your nose is long

"The woman with a little tip tilted nose can wear anything. She is never at her best, but neither is she ever at her worst. She always looks nice."

"The woman who can best wear jewelry is the woman with a regular nose of small proportions. Bernhard would never wear earrings. 'My nose is too long for earrings,' she once said to her interviewer. And my face is too thin for my nose."

Useful Comb Cleaner. The fact cannot be denied that hair combs do not receive the attention that they should. As a rule they are seldom cleaned. Instead it is considered cheaper to procure a new one and discard the old one. A moment's thought will convince anybody that dirt adheres more readily to the hair than to any other portion of the body. From thence it is transferred to the comb, where it remains for weeks. An ordinary washing will not remove the accumulation be-



Dirt in Comb Removed.

tween the teeth. What is needed is the comb cleaner shown here, a very simple, but nevertheless efficient, device. It is made of a concaved holder having a series of projections along the upper edges. Between the edges are rows of parallel strings. It will be obvious that after the comb has been passed to and fro over the strings a number of times the accumulations between the teeth will adhere to the strings, from which they can be readily removed.

Savings. Save time by putting things in their proper place, planning your work systematically and adopting short-cut methods.

Save strength by using modern conveniences, resting when possible and leaving undone unnecessary putting.

Save money by buying only what is necessary, buying in bulk and buying the best of its kind.

Save food by judiciously combining and utilizing remnants, by varying the service and preparation, by observance of the family tastes and needs.

Save fruits and vegetables by sorting out the cut and bruised and storing the remainder in proper temperature.

Save fuel by cooking several dishes with one fire, by ironing on heating day and boiling on wash day.

### CUSHIONS FOR SCRUBBING.

#### Protection to the Knees While Cleaning the Floors.

Most housekeepers know how hard it is to get down on the hands and knees, but it causes the skirts to become wet and dirty, and is generally disagreeable. To aid scrub-women a Cleveland woman has designed the knee cushion shown in the illustration. To avoid the discomforts and disagreeable features incident to scrubbing floors, she provides a cushion on which the knees can rest. The cushion includes a wire



Protects the knees.

frame, comprising two parallel bars connected at the ends by curved uprights. These uprights form convenient handles, and also act as guard to keep the skirts back. The pad extends around the bars, and is well stuffed. The outer covering is made of oilcloth or other waterproof cloth, so that the pad will not become soaked. The handles provide a convenient method of pushing or pulling the cushion back and forth across the floor.

#### The Cream Diet.

The "cream diet" is becoming quite a fad among the get-fat-quick contingent. It has been found one of the best flesh producers on record, and has the additional virtue of improving and softening the skin as well. The skin of the thin person is generally dry and lifeless, not at all like the youthful cuticle of the woman given to adipose matter. Some women, however, declare they can not drink cream. Regarding this a well-known physician said:

"This inability to drink cream is all nonsense. If you find any difficulty from the cold cream, heat it to such a point as to necessitate taking it by sips. Cream diluted one-half or even one-third with water is a nourishing beverage, and I have yet to meet the person who cannot take it with profit unless there is already too much flesh to be comfortable. A sprinkling of salt, the introduction of lime water or sipping the fluid slowly are experiments by which it has been used with profit by hundreds who could not dash a cupful down in an instant."

The trouble is that the thin women are not good to themselves. They would not be thin if they were. They need naps and cooling and frequent meals, bright company and freedom from worry. Instead they are actively engaged in making others comfortable, shouldering all the burdens they can find and neglecting to eat the ordinary allowance of food.

#### Lemon Juice.

Lemon juice is positively indispensable in the kitchen, the bath or the medicine chest.

It is inexpensive, convenient and sure never to work you any harm.

Used on sliced raw onions, it makes them digestible to the most delicate stomach.

Combined with salad dressings in place of vinegar it obviates their baneful effect.

A drop or two in the water in which the fish is boiled, whitens and renders the flesh firm.

Added to rice while boiling it blanches and puffs the kernels.

When introduced with a touch of the rind to any stewed fruit it accentuates and adds piquancy to the flavor.

Rubbed in the natural or diluted state on the hands at night it acts as a perfectly harmless bleach.

Combined with powdered pumice stone it is an excellent cleanser of discolored teeth.

Rubbed on the finger tips it will remove any discoloration characteristic of the preserving season.

Taken in hot water before breakfast it will ward off a bilious headache and gradually correct a sluggish liver.

#### FASHION'S MANDATE.

Black gowns, most of them of spangled gauze, are much favored for evening wear.

Empire scarfs have taken a firm hold upon la Parisienne's affections, and are used chiefly for accomplishing that spot of color that all Paris is outdoing itself over.

The princess gown is still in high favor, though most of the fortunate possessors of faultless figures.

Stripes, and still more stripes, are being used, but the ways the stripe is achieved have surely taxed the ingenuity of designers and manufacturers to the utmost.

Silk voile makes some fascinating costumes, one strikingly pretty one of coarse finished with a touch of black taffeta.

### FUTURE PACIFIC CHINATOWN.

#### San Francisco's Oriental Quarter Rebuilding in Splendor.

In all the great San Francisco destruction no part of the city has been more sincerely regretted than Chinatown. While it existed, at intervals, loud and deep were the protests against it—against its dark alleys, its underground tunnels, its opium joints, against the whole Oriental scheme of life so different from our own, says the New York Times.

Chinatown went down in the great fire to rise again on the other side of the bay. In thousands the Chinese fled for safety to Oakland—here they fed and clothed and cared for—and now Oakland awakens to the fact that the greatest Chinatown on the coast is in process of development. It begins on the water front, and for many blocks it extends quite into the heart of the town, only one block from Broadway, the main avenue of the city. It was all done so quietly that Oakland sat up in amazement, and with a gasp of astonishment realizes that for good or evil in many ways for evil—Chinatown is here to stay. White men made the real estate transfers, effected the many leases, and the Chinese are in full control of some of the most desirable business portions of the city.

What used to be demure little rose covered cottages have undergone a change. They are lifted in the air, half stories added, little balconies thrown out, and they simply strike one on every hand, gorgeous, primitive color schemes, flaming orange, deep reds, yellows, greens, striking blues every house is a color scheme all the children, all the women are resplendent in color, any one of them a treasure to an artist.

Narrow Chinese alleys are built everywhere through the blocks—alleys into which one may not penetrate but the broader streets are filled with a teeming population, with a slant-eyed, yellow-skinned people, a great Asiatic horde. The instant you step your foot across Chinatown its unforgettable smell comes at you with a rush. You could never analyze it if you tried, but you know that at least two of its component parts are dried fish and opium. Everywhere in Chinatown the Chinese woman challenges your attention.

The Chinese woman of the upper class is a wonderful color study. Her wide trousers are of heavy black silk and her long, loose jacket of violet silk extends to her knees. She wears the palest of white silk stockings, and her little Chinese shoes, curled up at the toes, are edged with violet silk to match the tunic. The Chinese woman never wears a hat, not even at the hottest day. A fan is all the protection she needs, and not for worlds would she destroy the wonderful creature, in which is a most gorgeous comb of rare jade. She has long jade earrings and a bracelet of jade completes a costume full of color. The costume, ugly in itself, suits these women admirably.

A problem that confronts one everywhere in Chinatown is that of the half-white child. At first one wonders at the unusual type, for the half-white half-Chinese girls are rarely beautiful.

The full-blooded Chinese child has slant narrow eyes, and the dark skin of the Oriental, without any trace of color in it. He is a sober, sallow child, seeming to hold within him all the reserve and mystery that have distinguished his race for ages. The half-white Chinese child is different. He has lost the slant eyes and he looks at you with full, round liquid eyes—most beautiful they are. There are pink tones in his cheeks and you will know him anywhere in Chinatown, because he plays. He laughs and skips along in the irrepressible fashion of the American boy and not at all like the phlegmatic Chinese child. The little half-white children are a great revelation in Chinatown, and one is filled with a great pity for the beautiful little girls, shut up in the dark alleys of Chinatown, with the racial inheritance that is the American's great gift, an American inheritance against an Asiatic environment.

The Spider's Maternal Love. It is not unusual to find in fields of oats panicles which are more or less enveloped in spiders' threads crossing in every direction, so as to form whitish nodules the size of plum blossoms' eggs, and inclosing in their tissue the spikelets and sometimes the leaves of the grain. These, says La Nature, are the nests of a spider, the Chironanthum carnifex, which is of a yellowish gray color, with a brownish band on the dorsal face of the abdomen.

Upon opening one of these nests it is seen that the interior is hollow and that only a small part of the cavity is occupied by the eggs and the mother. The former are in a little spherical cocoon, formed of silk like the side of the nest, to which it is securely attached. While the female which has laid the eggs remains within the nest she is often found resting on the cocoon itself, but sometimes leaves that place. When an opening is made in the wall, she goes to see what has happened, and may even go outside, but she hastens back, and immediately begins to weave a tissue to mend the breach in the nest. Her love for the cocoon is manifest, for she never abandons it even when tormented.

Pay of European Laborers. The railway laborers in the United States receive from two to four times as much as laborers on European roads.

### HINTS ON HAPPY HOMEMAKING.

#### Good Advice for Husband and Wife to Prevent Friction.

A gentleman said to a lady friend, "According to Milton, Eve kept silence in Eden to hear her husband talk," and then added in a sarcastic tone, "Alas! there have been no Eves since." "Because," quickly replied the lady, "there have been no husbands worth listening to."

Many husbands and fathers who are the life of every company which they enter are silent in their own homes, and are uninteresting to their wives and among their children. Don't reserve your social charms and your good stories for companions abroad and keep your dullness for home consumption.

Better to make your wife and children happy at home than charm strangers or amuse friends.

A woman makes a great mistake if she puts herself into a bad temper just to be petted into a good one again.

The husband may coax her back once or even twice, but he loses respect for her and respect lost brings on division, and she is no longer one with him in heart and life.

Make a man live in perpetual fear that one of your fits may be coming on and he will in self-defense hide everything that will be likely to bring it on, and so will begin that life of insincerity which is the death of love.

Domestic infidelity is mainly due to two causes. First, to thoughtlessness. The current conversation concerning marriage is frivolous, and the theme which should engage the most serious attention of the pulpit has been relegated to the light pleasures of society.

Instead of proclaiming against divorce, let our preachers speak more frequently on subjects relating to marriage and the home, giving the young people loving counsel and practical advice and divorce will become less frequent, says the Rev. W. W. Peters.

The second great evil is in marrying for money—an evil peculiar to our time.

Many women have their price often turning what is pure and noble away, wait for the man who is willing to pay for his victim.

"Better," says Solomon, "is a dinner of herbs where love is than a stalled ox and hatred therewith."

Many a gorgeous mansion is only a glittering discovery of trifles and dissonant, halls of jangling discords and the constant flashing of evil tempers, whilst a child of modest district breathes through the sumptuous apartments, in rustic silks, over \$10,000 rugs, can hear the hiss of the alder and through \$2,000 tapestries, waft come sob like the siren of the sea, a heartless show, peddled like a robed skeleton at the feast.

Boy's Russian Suit. Nothing is so devoted as a boy to being copied to the smallest detail. Just such a Russian suit as the one it is occasionally becoming and has enough of the skirt effect to go away with the absurdity of the skirt, and the lack while it is sufficiently masculine to satisfy his own vanity.

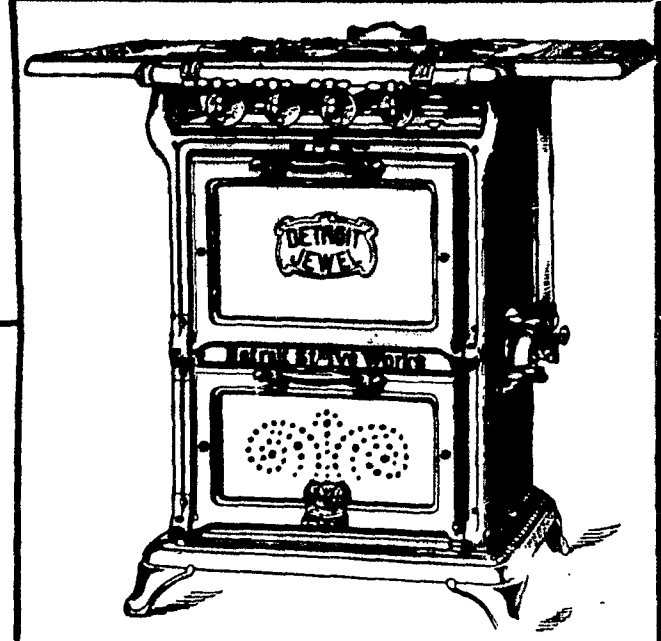
The suit consists of the blouse and knickerbockers. The blouse is



made with a separate shield that is closed at the back and itself consists of the fronts and the back. It is finished with the big sailor collar and beneath this collar is buttoned to the shield, while the closing below the collar is made with buttons and buttonholes worked in a fly. The sleeves are the usual ones, but are tucked to give a box-plated effect at their lower edge.

Women Do Not Stammer. "Did you ever see a woman who stuttered?" "No; now I come to think of it, I never did." "They are very rare," said the physician, "think it is safe to say that the average person passes through life without ever meeting a stuttering woman."

"There are two reasons for this. First, woman naturally—I don't know why—is less liable to the disease of stammering than man. Second, if she develops this disease, she sets out with the determination to cure herself, and she succeeds; whereas, careless man, rather than take the trouble of a cure, will go stammering on to the end."—St. Louis Globe-Democrat.



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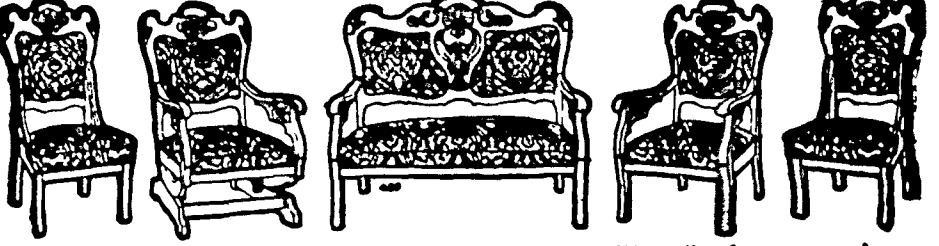
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