

SITTING FOR PHOTOS.

LITTLE SUGGESTIONS TO IMPROVE APPEARANCE.

Avoid Light Colors or Violent Contrasts—Wearing Much Jewelry a Mistake—When Furs Are in Good Taste.

Never has woman existed who has not worried as to what she ought to wear when being photographed. Just what she should don depends upon the individual woman. What not to wear is generic. The correct advice to the outdoors woman is to be photographed outdoors, and let it be the real outdoors at that. Don't let the photographer prevail upon you to pose before a wooden horse with some theatrical drops as a background. If you are going to be photographed in the saddle, let it be a bona fide case of saddle. If it is an indoors picture, let it be genuine indoor scenery with indoor habitation.

Again, if you are literary or far sighted, do not try to proclaim your studious bent by wearing a pince nez or spectacles in a photograph. Anything more disastrous than the result can hardly be imagined. This simple detail will ruin the best portrait ever taken. And yet nine times out of ten, the subject clings to her glasses as though life depended upon their retention. Probably you do feel more comfortable with them. They may even be becoming in real life, but there has never been an instance where they did not mar the picture.

Avoid light colors or violent contrasts of color. A really creditable portrait may be ruined by the zebra effect given by bars and stripes in the gown fabric.

Never wear a veil. Very few people would when being photographed seriously that is by the recognized portrait artist. But countless numbers cleave to the veil for a snapshot. Don't be content to turn the veil up. Take it off. It will take only a minute's time, and the result will amply justify the trouble.

Plain colors are best for the gown, draperies in long lines rather than frills and fur-bows and clarity of outline should be preserved punctiliously in the case of a good figure. If the sitter has a poor figure, don't be tempted into anything more than head and shoulders. Allow nothing to mar the shoulder line. Have your artist see that your shoulders are perfectly level and avoid any extreme style of sleeve. The picture frock of white chiffon not necessarily with the fichu which is so tempting to many—is the wear for the average woman. Good effects have been obtained with fluffy, black tulle, and dignified portraits of stately dowagers often show gowns of plain satin. However, if you use a satin, see that it is a dignified quality of satin. Flimsy, crumpled satin on an elderly woman is just as bad as creased flannels on a man. In the matter of headgear, only a picture hat, and one copied from an old master at that, is permissible. Lacking this, bar the hat out altogether. Nothing changes so often or so radically in style and nothing is more ridiculous than your appearance in a hat of the days gone by.

Furs usually are charming in a photograph but they should not overwhelm the wearer. You have all doubtless seen the portrait of the Lady in Ermine when the ermine was the only thing that lingered beyond the moment in the memory. Young girls may be charmingly done in white fox—but do not let it dominate the picture. The portrait of two fluffy white fox heads with the girl somewhere behind them could hardly be termed a successful effort.

Never use artificial flowers. Imitation flowers look doubly imitation in a photograph. And if you must be done with an animal, let it be a live animal. Don't allow the photographer to palm off on you a stuffed kitten in the belief that you are so made to look sweetly domestic, nor let him counteract to you a character of gentleness by a flight of stuffed doves.

Much jewelry is a mistake. On the other hand, one or two good things look exceedingly well. A fine string of pearls cannot be very wrong, but diamonds and the elaborate tiaras and necklaces to match are a trifling mistake except for ladies of exceedingly high degree. If you have a good throat and shoulders, it is a pity to wear anything at all to encumber them.

The chief points to remember when going before the camera are that color counts for nothing, and shapes for much.

To Wash Woolen Articles.
Make a suds of warm water and soap tree bark. (Soap tree bark may be purchased at druggists.) For a dress skirt, take about five table-spoons of the bark and boil in water until it is real foamy, strain into water. Stir well until it is a lather like soap. Put in the dress skirt or article to be washed, squeeze and shake well up and down until perfectly clean, rinse well through a warm water. Do not wring, shake gently and hang up to dry. Press out with hot iron while the article is damp and the goods will look new.

Florida Water.
Take two drams each of the oils of lavender, bergamot and lemon; one dram each of tincture of turmeric and oil of balm and ten drops of oil of rose. Mix the above with two pints of deodorized alcohol. Too much perfume is not in good taste. A little toilet water is always preferable to a scent that is strong enough to lift weights.

ALL FOR HIS YOUNG LORDSHIP.

Daintiness, Beauty and Comfort All Considered.

A thousand and one little things are constantly being designed to baby.

The finest and softest materials and the daintiest of handwork goes into the making of the wee raiment that is so perfectly fascinating to



every woman. Little night dresses and fine day wear of every sort are calculated to keep the cherub fresh every minute of the day and night from his matutinal yawn onward.

The infant caught in undress serves to illustrate the latest in flannelette fastenings. The buttons are under the arm. Note his exquisite pliable shoes and his handkerchief and rattle.

Next you see him securely buttoned into his nightdress. His industrious pink toes will hardly penetrate that fortification of hem and buttons.



Notes of the Fashion.

An exquisite crepe de chine gown, worn by a very fair woman, was the wine color in fashion in our grandmother's day.

A host of new reds are about the soft dahlia shades, really not red at all, but a wonderful deep "different" pink, loveliest of all.

Black promises to be very popular for every sort of thing, from the richest of evening gowns to the plainest of walking suits. As is usual when black comes in fashion, all sorts of intricate treatment are planned to bring out subtleties of material or trimming.

Shadow effects are among the most popular of the many striped stuffs shown.

Tulle and mulle and the rest of the many diaphanous stuffs which promise to be exceptionally good this winter show embroidery applied in lavish ways.

Radium silk, that wonderful stuff that is a cross between silk and chiffon, comes in the most exquisite gray shown in any material for many a long day. Apparently it is sold color, with the shifting of light the surface flushes into rose and pales to blue, shimmering back in a moment to its own clear-toned gray.

After all that has been said and done against them girdles are still with us, appearing to-day in a dozen new forms (most of us thought the whole gamut had been run) from the high, swathed effect that takes a wonderful, wifely figure to wear, to the one which is eloquent of Japanese influence.

A Hair Tonic.

Here is a remedy for oily, damp hair, and if you do not like the auburn tint which it gives leave out the cochineal. If used daily the following lotion tends to produce a crispy condition and auburn shade: Powdered bicarbonate of soda, borate of soda (also powdered), one-quarter ounce each; eau de cologne, one fluid ounce; alcohol, two fluid ounces; tincture of cochineal, one-eighth fluid ounce; distilled water, sixteen ounces. Mix and agitate until solution is complete.

Short-Stemmed Flowers.

A flower whose stem is not long enough to reach the bottom of a vase may be stuck through a hole in the center of a circular piece of cardboard, cut a little larger than the top of the vase. Thus the stem is in the water, but the flowers and leaves are raised to the proper height.

Portieres as Rugs.

Some of the firmly woven portieres, made of cotton stuffs, dyed in Oriental effects, makes the most attractive and inexpensive of rugs. Those of medium colors should be chosen—the light ones show soil almost immediately.

MEAN AND WOMEN IN STATISTICS.

Save in Europe Most of the Nations Have an Excess of Male Population.

The Statistische Jahrbuch published by the German Government, contains every year about fifty pages of comparative statistics of the world. This is a source to which writers on the comparative statistics of nations very often go for information.

In the Jahrbuch for this year the statistics of population as to sex are collated. Some countries, as France and China, give only the total population without distinguishing the sexes and they have to be left out of the calculation.

In Europe, the only countries in which the number of males is given as exceeding that of females are Serbia, Roumania, Bulgaria and Greece, all of which are Balkan States. The Teutonic, Latin and Slav nations have a slight excess of females, which is often only a few thousands and rarely as much as 800,000.

In every other continent, most of the nations have an excess of male population; thus in the western world, Jamaica, Mexico and Venezuela alone have an excess of females. The United States, Canada, Brazil, Argentina, Uruguay and other countries have an excess of males.

So far as accurate statistics have been obtained in Africa, only the French possessions and the Gold Coast Colony, have an excess of females while in Egypt, the French possessions, the Transvaal, Orange River Colony and Cape Colony, males are the more numerous.

In none of the Asiatic countries are females in excess of males according to the statistics. In the Philippines the males are in excess of the females.

HOME COOKERY.

Peach Pudding.

Chop the peaches into a bowl add a generous quantity of sugar; then set away until a thick syrup has been drawn. To this add beaten eggs in the proportion of two eggs to a pint of fruit, preserving the whites of two eggs for meringue. Add half the quantity of milk there is of fruit, and two rolled crackers for each pint of the mixture. Mix, pour into an earthen dish and slip into a quick oven. Rapidly beat the whites with a heaping teaspoonful of soft white sugar to each, put at once on pudding and return to oven until the meringue is a delicate brown. Serve cold.

Banana Fritters.

Cut peeled bananas into halves lengthwise, then across, and dip in fritter batter. Fry in deep hot fat and serve with a lemon sauce. The sauce for fritters should always be clear, and generally no thickening is used, or else a little arrowroot is taken, which makes transparent thickening. Make a syrup by cooking one cup of sugar with five table-spoons of water for eight minutes, and be sure not to cook it longer. For ten or twelve minutes will make it thread. Add one and one-half table-spoons of lemon juice and a rounding teaspoon of butter.

Boiled Apples.

Place a layer or two, if necessary, of rather tart apples in a saucepan, cover with cold water, let come quickly to the boiling point, then cook slowly till tender. Remove to dish, sprinkle thickly with sugar, and pour over them the liquid remaining in the saucepan. It is especially convenient to prepare apples in this way when a very hot fire is not required, or when the oven is otherwise occupied.

Peach Pie.

Line a plate with rich paste and build a narrow rim around the edge. Fill with ripe peaches and cut in quarters. Scatter sugar over as needed by the quality of the fruit and bake. Serve cool, covered with a thick meringue of sweetened and beaten cream.

Beauty Don'ts.

Don't have outstanding ears when you can wear an ear harness at night.

Don't have aches and pains when you can keep well. Remember that carelessness makes more invalids than hard work.

Don't overdress, but try to suit your style, and remember that dress makes or mars the woman.

Don't be sloppy in your style and don't wear clothes that are shabby. Remember that a rundown heel spoils a foot and that a bad skirt braid is a social sin.

Don't wear a big hat if you are a little woman; don't try to dress out of proportion to your stature.

Don't imagine that you are prettier than you are.

Don't walk too rapidly for it destroys grace.

Don't hurry and don't worry.

Don't, if you are a woman with a sad face, try to look still sadder; chirp up; smile; make your mouth into a Cupid's bow; force yourself to look animated; try to be expressive with your eyes.

Whisk Broom Sprinklers

A whisk broom makes the best of sprinklers for the house plants, the fine spray that it sheds when dipped in water and shaking over them coming in contact with all the foliage and overcoming in part the dry heat of the house. If the table and other small ferns are sprinkled in this way every night their jardiniere will have to be replenished less frequently.

A CLEVER DECEPTION.

The Builder Was Determined His Name Should Live.

The first lighthouse ever erected for the benefit of marines is believed to be that built by the famous architect Sostratus, by command of Ptolemy Philadelphus, King of Egypt. It was built near Alexandria, on an island called Phaos, and there was expended upon it about eight hundred talents, or over a million of dollars.

Ptolemy has been much commended by some ancient writers for his liberality in allowing the architect to inscribe his name instead of his own. The inscription reads: "Sostratus, son of Dexiphanes, to the protecting deities, for the use of seafaring people." This tower was deemed one of the seven wonders of the world and was thought of sufficient grandeur to immortalize the builder.

It appears from Lucian, however, that Ptolemy does not deserve any praise for his honesty, as it is stated that the latter, to engross in after times the glory of the structure, caused the inscription with his own name to be carved in the marble, which he afterward covered with lime and thereon put the King's name. In process of time the lime decayed, and the inscription on the marble alone remained.

Execution for Forgery.

The Bank of England had been established sixty-four years before it received, in 1758, its forged note, which, by the way, was the first forged bank-note on record.

To Richard Vaughan, a Stafford linen draper, belongs the lamentable celebrity of having been the leader in this form of crime. The man was detected by expert clerks who were employed on the case, and was promptly executed. But his death did not deter many other swindlers from forging, and from that time until the penalty of death for forgery was removed, men were constantly sent to the executioner for this crime.

Oldest Alehouse in England.

The oldest licensed village alehouse in England is claimed to be the George Inn, in North St. Philip. The license dates from 1307. Each story of the picturesque old structure overhangs that beneath. The front is broken by bay windows, a porch, and a flight of stone steps leading to a doorway in the wall. At the back are more quaint doors and windows, and a turret built against the wall encloses an outside stair, while in the yard still remains part of the old gallery found in so many hostelries of the middle age. A curious chimney surmounts each gable.—London Tit-Bits.

Degree of Doctor.

The term "doctor" was invented in the twelfth century, about the time of the first establishment of universities. The first person upon whom this title was conferred was Irnerius, a professor of law at Bologna University.

The title was created by Emperor Lothaire II, but was suggested by Irnerius himself. The term extended to the faculty of theology, and was first given by the University of Paris to Peter Lombard the famous theologian. In 1329 the college of Asti conferred the first title of doctor of medicine upon William Gordenio.

Introduction of Silk Stockings.

Henry II, of France was the first man to wear a pair of silk stockings, though cloth hose had been worn for some time.

Silk stockings originally came from Spain, and it is said that Henry VIII, considered a pair of silk Spanish stockings a great luxury and wore them on state occasions. In 1570 Queen Elizabeth was presented with a pair of silk stockings by her tire-woman, and afterward never wore any other kind.

The stocking-frame was invented by William Lee in the reign of Queen Elizabeth, about 1589.

Editors in Poland.

Some Polish editors have a hard time. In a parting word to his readers the retiring proprietor of the Polish paper Gornoszalazak says that during the five years of the paper's existence the responsible editors have spent four and a half years in prison, while \$3,750 has been paid in fines.

Yield from Irish Bogs.

It is estimated by experts that Irish bogs are capable of turning out 50,000,000 tons of fuel a year for a thousand years, and if this were sold it would bring in \$60,000,000 annually.

Cards.

Cards were first invented in 1390, for the amusement of Charles VI, King of France. As stamping had not then been discovered, the cards had their designs painted upon them by hand, and thus were expensive.

Queen Alexandra's Maids.

There are in all fifteen ladies in personal attendance upon Queen Alexandra, the first being mistress of the robes, then the ladies of the bed chamber and maids of honor.

Woman's Paradise.

Switzerland is the paradise of women students at universities, as far as Europe is concerned. There are at present about 5,000 of them, making 23.7 per cent. of the total number of students.

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