

THE CATHOLIC JOURNAL

PUBLISHED EVERY SATURDAY AT 824 1/2 East Main Street, Rochester, N. Y.

CATHOLIC JOURNAL PUBLISHING COMPANY

If paper is not received Saturday notify the office. Report without delay any change of address...

SUBSCRIPTION RATES Per Year, In Advance \$1.00 Entered as second class matter...

Weekly Church Calendar

Sunday June 29 - Gospel, St. Mark viii. 1-9 - St. Peter, apostle. Monday 30 - St. Paul, apostle...



Five Minute Sermon

Jesus Feeds the Multitude

Following the Gospel, we see Jesus in the midst of the people, who crowd around him; He notices how pale and weak they are; He sees the effect of their fast; He is moved at such a sight...

According to the sacred interpreters the seven loaves signify the seven gifts of the Holy Ghost, which our Divine Saviour makes use of to preserve the life of our soul...

Those fishes served to render the bread more agreeable to the taste, and they signify all that which renders easier the observance of the divine word, which is the ordinary food of our soul...

To make good use of spiritual nourishment we must pray God give and preserve in us the gift of His habitual grace; we must receive His favors with humility and a deep sense of gratitude...

We are to learn to have compassion for our brethren who are in want, and, as He used the bread reserved for Himself and for the apostles to feed the people, so also must we take pleasure in depriving ourselves of something in order to help the poor.

BISHOP McQUAD'S ANNIVERSARY

Will Be Celebrated With Pontifical High Mass Sunday July 13. The celebration of the thirty-fourth anniversary of the consecration of Rt. Rev. Bernard J. McQuaid, Bishop of the Roman Catholic Diocese of Rochester, will take place Sunday, July 13, at St. Patrick's Cathedral...

A pontifical high mass will be sung by the Bishop and invitations have been issued to many of the clergy of the diocese to attend. The Bishop was ordained a priest in New York City, Jan. 10th, 1848, and was elevated to the bishopric in 1888.

The new organ in the Cathedral, one of the finest in the world, will be used for the first time on the day of the celebration. The Organ Choir will present and it will be paid for...

THE LABOR PROBLEM

ITS TRUE AND ONLY SOLUTION IS THE ONE BORN OF RELIGION.

The Cruel Spirit of Greed is the Root of the Evil, and This Can Be Conquered if the Teachings of the Church Can Be Made to Prevail.

The Catholic church has in her hand the key to the labor problems which harass us. In this country particularly the scramble for wealth is going on with all its intensity...

The fierce striving for the biggest prize has made men disregard many human rights. Classes have been set over against the masses. Men have climbed to pre-eminence over the backs of their fellow men...

Life is to many a child born into it but a dimming fate. The segregation of wealth into the hands of the few has left the many in the grasp of a most distressful poverty...

There is only one remedy for these terrible social evils, and that is the religious one. The root of the social evil is in the cruel spirit of greed and of grasping avarice...

To conquer it there is needed a power which reaches the heart. It must be a force which can turn men's minds away from the pleasures of life and bid them fix the desires of their souls on the greater riches beyond the grave...

Religion alone can do this. But to do it effectively a religion must be strong and thoroughly organized. It must be one that is down among the poor, commanding the love of their hearts...

The feast of the Precious Blood falls on July 7. It recalls to mind the sacred heart of our Lord and how in love he gave that precious blood for our redemption. In his passion during the agony in the garden that precious blood dropped to the ground...

Lift up your hearts, all you who scrutinize the things that are, all you who search and study, never stop short of the earth or even at the sky...

Notre Dame University Plan. Notre Dame university has started out in its policy of university expansion and has taken full and formal possession of Columbia university...

Bishop Garrigan Consecrated. On May 25, at St. Michael's cathedral in Springfield, Mass., with all the pomp and ceremony and impressive solemnity of the services of the church, the Right Rev. Dr. Philip J. Garrigan was consecrated bishop of the newly formed diocese of Sioux City, Ia.

Joined the Federation. The Pennsylvania state convention of German Catholic societies has decided to affiliate with the American Federation of Catholic Societies. This action puts into the federation 100 societies.

SHORT SERMONS. The greater the sorrow you hide, the greater yourself. He who gives a trifle meanly is meaner than the trifle. Self respect is the noblest garment we can clothe ourselves in.

Forgiveness. Oh, the beauty of God's way of forgiveness, by which sins are covered! Covered! Hidden as you would tenderly hide the disfigurement of one you loved. Covered as you gently cover the faces of your dead.

CATHOLIC PRACTICES.

Their Use by the Sects and the Possible Consequences.

At this time, when great numbers of persons connected with Protestant sects are coming into the Catholic church, with frequent conversions from the Protestant ministry itself, there is apparent a considerable movement on the part of some Protestant congregations toward Catholic devotional practices.

Anglicans, boasted by themselves to be "Catholics" in all save specific allegiance to Rome, have within a few years established here and there what passes for a confessional and have accepted the doctrine of the Real Presence.

This, however, is not so much for the Episcopalians to have done, the Methodists and Baptists having gone still further in view of their former strict adherence to the nonliturgical forms. They have attempted to approach the use of vestments in the Catholic church by introducing vested choirs, while the use of surplices and cassocks by the ministers themselves is a matter of personal preference.

New York on Easter Sunday saw the Washington Heights Baptist church institute a vested choir of sixty voices, with cussack and cotta, the women wearing mortarboards. The Metropolitan Methodist temple in the same city introduced a similar innovation last year and was followed in this same respect by Methodist churches in Chicago and elsewhere.

Once the ancient feeling against beauty and stateliness in church service is broken down in these once Puritan meeting houses where will the movement stop? We may look forward to see the common table changed into something that will attempt to correspond to the altar.

It seems to us that these innovations indicate a survival of genuine religious feeling in the pews of churches where the pulpit has been preaching a faithless and uninspired morality. Can church members who yearn for the real religious faith deny them by their ministers to be induced long to remain by the outward show of ceremony? There is no record of true converts having been made by studies and incense. We shall expect to see the newly introduced liturgical forms turn men's thoughts to rather than from Catholicism. Boston Republic.

Truth Never Changes. Truth never changes. We must believe what God wishes us to believe, but we must do more. We must keep God's ten laws. To help us to keep these laws the Saviour gave us seven sacraments. If we believe the revealed truths, keep the commandments, use the sacraments, life is worth living. If we believe what we please, reject or receive sacraments as we please, life is not worth living. In one word, life is not worth living if I lose my soul. Why? Because I am made for happiness, and no matter how I live I cannot find it here, and if I lose my soul I cannot expect it hereafter. Man has been created by God and for God, therefore he ought to serve God. Rev. C. A. Shyne, S. J.

Prayers. God respects not the arithmetical of our prayers, how many they are, nor the rhetoric of our prayers, how elegant they are, nor the music of our prayers, how melodious they are, nor the logic of our prayers, how methodical they are, nor the sincerity of our prayers, how heart-springing they are. A humble soul, full of confidence in the divine promises, is not discouraged at the apparent repulse she meets with in prayer. She knows that her prayers, were each of them only the weight of a grain of sand, shall eventually incline the scales of divine justice in her favor.

The Pope's Poems. A popular edition of Pope Leo's poems has just been published in Milan. Arranged in chronological order, these poems begin with one written when the author was twelve years old and end with one penned in his nineteenth year. Mr. Andrew Lang and Mr. Francis Thompson have translated a few of the poems into English, but so far as we know no complete translation has ever been made.

Our Father. Thou shalt love the Lord thy God with thy whole heart and thy neighbor for the love of God, because God is his Father and your Father, because he is our Father. These two words, "Our Father," should inspire and impel us, as it were, to lead a divine life by imitating our Heavenly Father at least in his charity and liberality toward men.

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REDUCING FLESH. Outdoor Exercise is One of the Best Means.

REGULAR exercise is one of the best means of reducing superfluous flesh, but to do any good it must be taken systematically every day, and in the open air, if possible.

It is a mistake to begin by taking tremendous walks, unless accustomed to much walking. The best way is to



commence with very moderate exercise, say, walking two miles a day, or ten less, and increasing this distance gradually.

Where outdoor exercise is not possible calisthenics may be resorted to with almost equal beneficial results but the rule which applies to walking is also applicable with regard to calisthenics. Exercise with light clubs or horizontal bars should be of short duration for the first few weeks. By using patience and perseverance the stout girl will soon surprise herself and friends by her greatly improved appearance.

CHATS WITH THE CHEF.

CROUSTADES OF CHICKEN.

Cover outside of small moulds with thin puff paste. Prick and bake; remove from the mould and fill with mushrooms and minced chicken, moistened with highly seasoned cream sauce. Serve hot.

SARDINES ON TOAST.

Cut entire wheat or brown bread in thin strips, inch and a half wide by our inches long, toast them a delicate brown, drain all the oil from sardines, remove the skin and bone, mash with a fork season with lemon juice and pepper, and spread over the toast.

HORSERADISH SAUCE.

Chill and beat one cup of cream till stiff; add half teaspoon of salt, pinch of pepper and three tablespoonfuls of prepared horseradish. If fresh grated horseradish is used, add two tablespoonfuls of vinegar and one teaspoonful of sugar, keep in a cool place, as it should be stiff and thick when used.

CHEESE STRAWS.

Chop one heaped teaspoon of butter into one cup of flour mix in one pinch of paprika and one cup of grated cheese, add enough ice water to form a paste. Roll out very thin, cut with a pastry jagger into strips a quarter inch wide and six inches long. Lay them apart on a wet baking pan and bake in a quick oven a delicate brown. Sprinkle with fine salt. Pile on platter and serve with salad.

VEAL CUTLETS.

Take a slice of veal from the thickest part of the leg, with some of the kidney fat, remove the bone and tough membrane, and pound the meat until the fibre is well broken; then cut in pieces two inches square; cover with seasoned cracker crumbs; dip in beaten egg, then in crumbs again; put some dripping or pork fat in the frying pan; when hot lay in the cutlets and cook slowly and carefully, turning them often to avoid burning. They should be a delicate brown color. Serve with horseradish sauce.

PRUNE WHIP.

Soak, stew and chop one dozen prunes. Whip a pint of cream stiff, adding as you do so a half cup of sugar. Now add gradually the chopped and sweetened prunes. Serve very cold with sponge cake.

PEANUT BUTTER.

Although this recipe was given the week before last, I am requested to repeat it. Pound or grind to a powder a cup of shelled and skinned and roasted peanuts. Rub into this powder a half cup of butter, salt to taste, and work to a smooth paste.

Manners for Boys.

Here are a few rules that our boys both large and small, would do well to observe: 1. In the street—Hat lifted when saying "Good-by," or "How do you do?" also, when offering a lady a seat or acknowledging a favor. Keep step with any one with whom you walk. Always precede a lady up stairs, but ask if you shall precede her in going through a crowd or public place.

2. At the street door—Hat off the moment you step into a private hall or office. Let a lady pass first always, unless she asks you to precede her.

3. In the parlor—Stand till every lady in the room, also every older person, is seated. Rise if a lady enters the room after you are seated, and stand till she takes a seat. Look people straight in the face when they are speaking to you. Let ladies pass through a door first standing aside for them.

4. In the dining room—Take your seat after ladies and elders. Do not take your napkin up in a bunch in your hand. Eat as fast or slow as others, and finish the course when they do. Do not ask to be excused before the others unless the reason is imperative.

—Boston Herald.

ANARCHY AND SOCIALISM.

CAMPAIN INCURRED BY BISHOP QUIGLEY OF BUFFALO.

Elaborate Plan to Bring Capital and Labor into Closer Relations-Following the Pope's Instructions.

Right Rev. James Edward Quigley, bishop of Buffalo, has taken the first steps to organize his entire parish, clergy and laity to combat anarchy and socialism.

It is the first movement on the part of any prelate to follow out the recommendations of the pope on labor and socialism. The question has come up at a conference of the clergy with the bishop and the result was made public Tuesday when the bishop stated that the matter was in the hands of a committee and final action would taken at a conference to be held soon. It is expected that the movement started by Bishop Quigley will spread to every Catholic diocese in the nation.

The idea is to organize circles in every parish of the diocese which the workingmen, the employers and all members of the parishes will be urged to join. Parish and diocesan meetings will be held with great regularity and capable speakers will be engaged to discuss the ways and means to benefit the social condition of the working classes along the lines laid down by the pope in his encyclicals, the aim being to bring about some effective means of bringing society in general under the influence of Christian principles and to counteract anarchical and socialist teachings.

Of the movement Bishop Quigley said: "The spread of socialistic principles among the workingmen has convinced the clergy and thinking men among the laity that the time has come for an organization under the auspicious of the church for the insistence upon the settlement of social questions according to Christian principles.

"A portion of the clergy and laity of the diocese of Buffalo are already organized along these lines and it has been suggested that it will be an easy matter to extend the existing organization to all the parishes of the diocese."

Railroad Notes.

The New York Central and West Shore Railroads will run excursions to Buffalo and Niagara Falls on July 4th from all stations. Rate from Rochester will be \$1.25 for the round trip.

Every Saturday and Sunday throughout the season the New York Central will sell one day excursion tickets to Syracuse at rate of \$1.65 and to the Tavern, Onondaga Valley, at rate of \$1.85 for round trip.

On Friday, July 4th, the New York Central and West Shore Railroads will run excursions from all stations to Rochester and Ontario Beach.

On Sunday, July 13th, the New York Central will run an excursion to the Thousand Islands via their R. W. & C. Division at rate of \$2.00 for round trip.

On account of the fireworks display at Ontario Beach on Thursday nights throughout the summer the New York Central will run an extra train in addition to their regular 40 minute schedule leaving the city 7:50 and returning to leave Ontario Beach at 9:50 p. m.

Spring Suits.

Assemblyman Gardiner of 232 State street, has one the most complete stocks of cloths for the spring trade in the city. All the new shades in Scotch and English suiting and the new weaves for spring overcoatings are on his counters. Mr. Chris. Kerrigan who has charge of the cutting is turning out work that gives complete satisfaction. The prices are the lowest in the city for the class of work.

1841-1902.

ST. JOHN'S COLLEGE, Fordham, New York City

For Boarders and Day Scholars. Conducted by the JESUIT FATHERS. Classical, Commercial and Scientific Courses. Separate Preparatory Department for Younger Boys. Military Drill by an Army Officer appointed by the U. S. Government. Resident Students, per annum, \$350. Apply to Rev. George A. Pettit, S. J. Pres.

COOL COMFORT



LOW PLAIN FIGURE PRICES. H.B. GRAVES. HOME'S FURNISHING PARLOR. 78 STATE ST. ROCHESTER, N.Y.

MAJ. BURKE HERE.

Popular Advance Agent of the Wild West in Town.

Major John M. Burke, "Arizona John," known on two continents as the big, popular advance agent of Buffalo Bill's Wild West Show was in town this week.

Speaking of King Edward's serious illness Major Burke, who has frequently met the King and his royal relatives, said to a reporter:

"The best equipped man for his place in the world to-day is that man who is lying at death's door in London. With his experience, he came to the throne as one more able to cope with the problems of his high estate than any other ruler of the world. If he should die before he attained the full honor of his royal position it would be a blow to the world, as well as a most pathetic hardship to this remarkable man.

"If he should die, the peace of the world would be seriously imperiled. No man in this world, save, perhaps, the Pope at Rome, is so much a factor in the preservation of the world's political equilibrium. Why, he has dandled most of the sovereigns of Europe upon his knee, and is related to nearly all of them. He has more influence upon them than is dreamed of in this hemisphere, and no man here can know what a blow it would be if this thoroughly bred royalist were to be taken from life."

Major Burke stated that the Wild West Show is now making a parting tour of the American continent, from the Atlantic to the Pacific, preparatory to sailing for Europe in the fall for another tour of the European countries.

Buffalo Bill's Wild West brings together eleven different nationalities and races, representatives of the finest horsemen in the world. It will appear here next Tuesday.

BASE BALL.

Standing of the Clubs to Friday A. M.

Table with columns: Club Name, Won, Lost, Per C. Corpus Christi 5 1 .833, Immaculate 5 1 .833, Holy Apostles 3 3 .500, St. Bridget's 2 3 .400, St. Boniface 2 5 .286, St. Mary's 1 5 .167

Scheduled for Next Week. Tuesday, Immaculate Conception vs. Holy Apostles. Thursday, Corpus Christi vs. St. Boniface. Saturday, St. Mary vs. St. Bridget's.

Knights of Columbus.

The first degree was conferred on nineteen candidates on Friday evening.

Straw Hat

50c \$1.00 \$1.50 \$2.00 \$3.00 \$4.00

All the New Styles in Braids and Shapes.

Meng & Shafer,

11 State and 14 West Main, Powers Bldg. 186 Main St. East

Louis Phaler's Barber Shop

17 State Street in Powers Block, first door south of the State St. entrance to the building.

Eight men in attendance to promptly serve all patrons. Entrance also from Powers Arcade, opposite the rear elevator.

Advertisement for H.B. Graves' furniture and home furnishings, listing various items like refrigerators, washers, and carpets.