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The Catholic Journal.

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FOR CATHOLICS TO KNOW.

- 1—The rules of his parish.
- 2—The chief truths of our holy religion.
- 3—How to bless himself properly and reverently.
- 4—That the beginning of wisdom is the fear of the Lord.
- 5—That God will render to every man according to his works.
- 6—That the influence of good example is far-reaching.
- 7—That the theological virtues are Faith, Hope and Charity.
- 8—That the Eminent Good Works are Alms-deeds, Prayer and Fasting.
- 9—That the Evangelical Counsels are Voluntary Poverty, Perpetual Chastity and Obedience.
- 10—That the four Cardinal Virtues are Prudence, Justice, Fortitude and Temperance.
- 11—That it is improper to gaze about in church while the Sacred Mysteries are being celebrated.
- 12—That if late at Mass, he should enter the church and take his seat as quietly as possible.
- 13—That it is proper to rent a sitting in church and pay for it regularly.
- 14—That to absent one's self from the Holy Sacrifice of the Mass on Sundays or Holy Days of obligation without sufficient reason is a grievous sin; and that grievous or mortal sin makes the soul an enemy of God.
- 15—That the sacraments are channels of Divine grace, instituted by our Lord Jesus Christ, and are seven in number, viz: Baptism, Confirmation, Penance, Holy Eucharist, Extreme Unction, Holy Orders and Matrimony.
- 16—That the seven deadly or capital sins are Pride, Covetousness, Lust, Anger, Gluttony, Envy and Sloth.
- 17—That the virtues contrary to these are Humility, Liberality, Chastity, Meekness, Temperance, Brotherly Love and Diligence.
- 18—That the Ten Commandments of God and the six Precepts of the Church.
- 19—Some plain aspirations and ejaculations to utter from time to time, especially in moments of temptation.
- 20—"The Angelus," a beautiful prayer recited three times daily in honor of our Immaculate Mother.
- 21—Some prayers to be said before and after meals; that gratitude for benefits received should prompt him to be faithful at this exercise.
- 22—The Lord's Prayer, the Angelical Salutation or "Hail Mary," the Apostles' Creed, the Acts of Faith, Hope and Charity and Contrition and the Confessor.
- 23—That the four last things to be remembered are Death, Judgment, Heaven and Hell. "In all thy works remember thy last end, and thou shalt never sin."
- 24—That the seven gifts of the Holy Ghost are Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety and Fear of the Lord.
- 25—That the sins which cry to Heaven for vengeance are Willful Murder, the sins of Sodom, Oppression of the Poor and Defrauding Laborers of their Wages.
- 26—That the Sacred Scriptures are the inspired Word of God, and are worthy of our profoundest respect and reverence.
- 27—That honesty is the best "policy" in spiritual as in temporal matters; but that "policy" should be synonymous with conviction, enlightenment and strengthened by conscience.
- 28—That the Ten Commandments are reducible to two, and that upon these "depend the whole law and the prophets."
- 29—That marriages are not solemnized from the first Sunday of Advent until after the Epiphany, and from Ash Wednesday until Low Sunday; that Low Sunday is the first Sunday after Easter.
- 30—How to say "No" with emphasis when asked to transgress the laws of God, or of the Church, or of the land.
- 31—How to say "Yes" promptly and cheerily when invited to assist in any good work, as the bestowal of alms, visiting the sick, teaching in the Sunday schools, etc.
- 32—The duties of his state of life that if a superior, he should be just and merciful to those under him. If a subordinate, that he should faithfully discharge his allotted duties; that diligence, honesty, sobriety and veracity be his chief traits.
- 33—That the twelve fruits of the Holy Ghost are Charity, Joy, Peace, Patience, Benignity, Goodness, Longanimity, Mildness, Faith, Modesty, Continence and Chastity.
- 34—That the secret organizations most hostile to the Catholic church is composed principally of Orangemen and Freemasons.
- 35—That the corporal works of mercy are seven: To feed the hungry, to give drink to the thirsty, to clothe the naked, to harbor travelers, to ransom prisoners, to visit the sick and bury the dead.
- 36—That the seven spiritual works of mercy are to give good counsel, to instruct the ignorant, to admonish sinners, to comfort the afflicted, to pardon injuries, to bear wrongs patiently, to pray for the living and the dead.
- 37—That there are nine ways of becoming accessory to another's crimes: by counsel, by command, by consent, by provocation by praise and flattery, by concealment, by partaking, by silence, by defense of ill done.
- 38—That the six sins against the Holy Ghost are despair of salvation, presumption of God's mercy without amendment of life to impugn the known truths in matters of faith and religion, envy at another's spiritual good, obstinacy in sin, final impenitence.
- 39—That any person, man, woman or child, not only may, but should, baptize an infant in danger of death, when

a priest cannot be summoned in time, that in such cases a certain order of precedence should be observed, namely a woman must not baptize if a man be present. The person who best understands how to perform the ceremony should be chosen. Fathers and mothers should not baptize their own children if it can be avoided.

40—That in order that baptism may be valid the ceremony must be performed as follows: While pouring common water on the head or face of the infant, pronounce the words, "I baptize thee in the name of the Father and of the Son and of the Holy Ghost."

41—That there are six week days in the year when he is obliged to assist at the Holy Sacrifice of Mass, unless legitimately prevented. New Year's day, the Feast of the Circumcision of our Lord, Ascension Day or the Thursday forty days after Easter; the Assumption of the Blessed Virgin, August 15; All Saints' day, November 1; the Immaculate Conception of the Blessed Virgin, December 8; the Nativity of our Lord, or Christmas, December 25.

42—That good books and papers are necessary adjuncts to every Catholic home.

43—That, save in case of necessity, he should not leave the church before the sermon, or after the Communion, but that he should remain until after the priest has left the sanctuary.

44—That in these days it is necessary to be equipped with the weapons that always successfully repel the attacks of ignorance, infidelity and indifference, namely, firm faith, knowledge of the Church's history and doctrine, and holiness in life.

45—That we Catholics have behind us nearly 2,000 years of glorious history; that the history of the church is the history of the world from the beginning of the Christian era.

46—That the Catholic name is inseparably connected with the early, intermediate and present history of this republic.

47—That the loyalty of Catholics to the institutions of this land is questioned only by those who are themselves disloyal.

48—That the footprints of Catholicism are everywhere.

49—That the Catholic church is the greatest moral force in the world today, the uncompromising foe of anarchy, the unflinching champion of the oppressed.

50—That the above forty-nine "things" do not constitute the sum of what every Catholic should know.—Rev. James H. O'Donnell.

Says the Catholic Columbian: "The administration papers try to minimize the weight of the protests that have been made by Catholic societies and individuals against the sacrilegious committed by American soldiers in the Philippines by saying they are 'unauthorized.' Unauthorized, indeed! Whose permission must we have before we may appeal to the government to stop the desecration of churches by its soldiers? As Catholics as well as citizens we are perfectly free to speak for ourselves." That's the right sort of talk.

It seems that the French bishops want to be called to Rome, in order to hold a council under the shadow of the Vatican. This evidence of activity is encouraging. It is to be hoped that the Pontiff will call them, and send them home full of enthusiasm for the great work which confronts them. They should muster their forces, and not suffer the elements of irreligion and discord to carry the day without even a struggle.

An image of the Blessed Virgin is going to be erected on the Alps, 11,800 feet above the level of the sea. It will be the highest Christian monument in the world. The image is of bronze. The Pope has written an inscription for it. It is now awaiting (mid-mount) until the melting snows allow it to be taken to the top, where it is finally to be placed.

To three earnest students of nature, Generali, a Carmelite friar, Steno, Danish bishop of Heliopolis, and Spada, a priest of Grezzana, belongs the glory of laying, almost alone, the foundation of the science of geology. Valdesi, who came after Leonardo da Vinci, was the first to make anything approaching a geological survey.

A hospital in which consumptives alone will be treated is soon to be erected near Chicago by a number of philanthropic citizens at a cost of \$215,000. The institution will be located in Austin, where a tract of twelve acres has been purchased.

Automobiles are now as common as cabs in Paris. They are used for everything, the correspondents say, for pleasure as well as for business. Big drapery houses use them for delivering orders and young sportsmen for going about to their amusements. We understand that fifty automobiles for public use will be introduced in Buffalo at a very early day.—Buffalo Commercial.

Every time you sell a customer something better than he or she intended to buy you have done a clever thing and have elevated the standard of your house. It frequently takes far less time and persuasive power to sell better goods than it does to sell rubbish, and with the latter your customer will rarely be pleased. In fact, people are never pleased with trash.—British Warrenton.

THE LITTLE SISTERS

ELECT MOTHER THERESA OF THE IMMACULATE CONCEPTION

Their New Superior General—The Chapter Presided Over By Cardinal Labaree, Delegate of the Holy See—Joanna Jugan the First Little Sister.

The choice of the Little Sisters of the Poor in the election of a new superior general has fallen on the Rev. Mother, Theresa, of the Immaculate Conception, a religious as enlightened as she is holy, writes the Paris correspondent of the London Catholic Times. The sitting of the chapter resulting in this election was presided over by Cardinal Labaree, delegate of the Holy See. Some of the best families in France can point to their daughters among the Little Sisters of the Poor. What a stride the congregation has made in the last fifty years, and what a difference between the recently-elected superior and the humble Joanna Jugan of half a century ago. Yet Joanna Jugan must be regarded as the cornerstone in the building up of the congregation and as the spiritual mother of all who have since begged, toiled and prayed beneath the habit of the Little Sisters of the Poor. A religious publication, the Contemporary, has just given some interesting details respecting the homely and holy foundress. Joanna Jugan was awarded the Monthyon prize of virtue of 3,000 francs. All she understood of this was that she had in hand 3,000 francs for her poor, remaining under the vague impression that she had won a prize without deserving it, much in the same way as she might be the holder of a winning number in a lottery.

Rebelling from house to house, she told her friends that she had won the Monthyon prize of virtue. One gentleman on whose word she set much store, said to her as he earnestly, "Those who win the Monthyon prize of virtue are expected to wear a cocarde pinned on their 'coif.'"

The humble woman believed him. She smiled, while inwardly a little perturbed. At the next house she went to, after telling her good news, she said: "I am told that for the future I shall have to wear a cocarde on the top of my 'coif.' I don't like the idea; but for my poor I should wear a dozen if necessary!" One day, finding her way into the private room of the prefect of the department, she said: "Do you know, Monsieur le Prefect, that I have won the prize of virtue?" "I am delighted to hear it," was the reply. "Allow me to congratulate you first and to kiss you afterwards, my good Sister."

The last offer was declined though there was no want of respect in the making of it. Joanna Jugan left the prefect's house with her purse heavier than when she entered it. This woman, sublime in her simplicity and charity, possessed in an extraordinary degree the talent for begging. She saw her work grow beneath her hands, and lived to see it stamped with abundant signs of fecundity for the future. These are the women, and others with them, whom anti-clericals of our day, and not a few semi-Catholics, dub with the deprecatory epithet of "Femmes queues" (begging women).

FOREIGN NOTES.

The largest churches in Europe will contain the following numbers: St. Peter's, Rome, 64,000; Milan cathedral, 37,000; St. Paul's, London, 25,000; St. Sophia, Constantinople, 23,000; Notre Dame, Paris, 21,000; Pisa cathedral, 13,000; St. Mark's, Venice, 7,000.

The London Tablet, which is in a position to judge of the matter, says that the signs of Catholic progress are to be seen all over the land, and it proposes to demonstrate in its columns that marked, substantial and solid progress is every day, so to speak, being made by the English Catholic Church.

The blessed tree which, according to tradition, sheltered the Holy Family on their arrival in Egypt, is only a short distance from Cairo. This tree is a very old sycamore. Its root is almost indestructible, like that of the olive. The tree may fall by accident or old age, but the root continues to live and put forth shoots which in time become trees.

The number of pilgrims to Lourdes this year in organized parties was 1,200. The Paris Pigaro gives a list of eight miraculous cures, registered and scientifically established by Dr. Boleslar, and several professional colleagues, including foreigners. These are mostly surgical cases, cured by immersion in the pool, which has been analyzed and found to contain no special therapeutic qualities. Several ladies of the French nobility added sick pilgrims to take their baths and attended them in the hospital.

Another cure has been effected at St. Anne de Beaupre within the last fortnight. Since childhood, Miss Anna Cavanaugh, of Hicks and Twenty-second streets, Toledo, Ohio, has been afflicted with curvature of the spine. After being touched with the relic of the saint, her spine became straight and she is now at home sound and well. And yet these exist who assert God works no miracles now-a-days.

The shell of the chapel which is being erected in the Rue Jean-Goussier in commemoration of the awful catastrophe at the Charity Bazaar is now completed, and the builders are busy with the exterior decorations. The chapel will be solemnly dedicated and opened on May 4, 1900, the third anniversary of the fire. Cardinal Richard has recently approved of the inscription which is to be placed over the principal entrance of the chapel on a great plaque placed beneath the group of angels sculptured on the pediment. The inscription will run as follows: "To Our Lady of Consolation, May 4, 1897." "Be not sorrowful even as others who have no hope." (1 Thessalonians iv, 12).

The Holy Rosary owes its existence, in its present form, to St. Dominic, who while engaged in fighting heresy, received from the Blessed Virgin the mission of establishing the Rosary, which she called "the best means of dispersing heresy, extinguishing vice, spreading virtue, imploving the divine mercy, and obtaining her protection." St. Dominic did as she ordered and great conversions followed.

The Rosary consists of one hundred and fifty Hail Marys, divided into fifteen decades or tens, preceded by one "Our Father," and followed by the "Glory to the Father," etc. It is divided into three parts each part consisting of five Mysteries. These are called the Joyful, Sorrowful and Glorious Mysteries and bids us to meditate upon the Incarnation, Passion and Resurrection of our Lord.

One-third of the Rosary is commonly called "The Beads." The string of beads is used to assist the memory, and to this the indulgences are attached.

A common objection of our non-Catholic brethren is, that it is absurd, that according to the common way of saying the beads, there are repeated ten Hail Marys for one Our Father. To be sure, if the meaning of this was to signify that the Blessed Virgin is either more powerful or more merciful than her Son, the objection would be well grounded, and the act itself would not only be absurd but also blasphemous.

But the Catholic who is well grounded in his Faith knows better. He knows that the beads being a devotion particularly instituted to commemorate the Incarnation of Christ, and to honor Him in His blessed mother, it was thought proper to repeat so much more often that prayer which is particularly adapted to these ends. In the meantime it may be proper to take notice first, that if in the beads there be ten Hail Marys said for one Our Father, in the Mass and Office of the Church almost all the prayers are directed to God alone. Secondly, that every Hail Mary, both by the nature of the prayer and the intention of the Church, is directed more to the honor of the Son than the mother; as well because the church is honoring the Mother, has principally in view the honor of the Son; as also because this prayer particularly relates to the Incarnation of Christ; and if it begs the prayers of the Blessed Virgin, it is plain that He, to whom we desire that she should address her prayers, is more honored than she whom we only desire pray for us. To which we may add, that her prayers are better and more acceptable to God than ours, which shows that it is not absurd for us to frequently desire her to pray to the Father for us who are miserable in sin. As to the repetition of the same prayer, it is what is recommended to us by the example of our Lord. St. Matt. xxvi, 42, etc.

No Catholic, worthy of the name, is ignorant of this devotion, nor should he fail to recite it, for, said the late Cardinal McCloskey, "The Rosary, said in common, sweetly fosters the home life; which was one of the most beautiful features of the Christian family in the Ages of Faith, and the absence of which is one of the crying evils of our time."

Casterle, a pretty Belgian village with 1,800 inhabitants, was recently the scene of a unique celebration. Twenty-five priests, all natives of this village, came together on September 12 to offer up a mass of thanksgiving in the church of their native place. At the head of this noble band were Mgr. Thomas Heylen, Lord Abbot of the Premonstratensian Abbey of Tongerlo; Canon Mieris, president of the Grand Seminaire of Mechlin, and the Canons Meens, brothers, of Mechlin. The ceremony was beautiful, the richly decorated church being crowded with friends and relations of this apostolic band. Abbe Van Duen, the worthy curate of the parish, united these happy priests at his table at Mass. The whole population was in rejoicing, the houses were decorated for the occasion, and flags and banners waved from every window.

In ten years the descendants of two rabbits will number 70,000,000.

As many as 4,061 muscles have been counted in the body of a moth.

The argument between the iron and steel manufacturers and the Amalgamated Association, whereby the wages of forty-five thousand men will be increased twenty-five per cent., will probably be looked upon as another conspiracy against silver.—Cleveland Leader.

John Williams, a young farmer, of West Union, Ohio, is an expert squirrel hunter, and is also afflicted with somnambulism. Recently one morning at daybreak he awakened to find himself at the edge of a wood half a mile from home. He was in his night gown, and was carrying his gun. He had evidently started off on a squirrel hunt.

DISTINGUISHED NUN.

THE LADY ABBESS, SUPERIOR OF THE BENEDICTINE CONVENT, ROME.

On a Mission to the United States in the Interest of Her Order—Her Destination the Catholic University—The First Time an Abbess Visited this Country.

The lady abbess of St. Benedict's, Rome, Lady Mechilides Pynsent arrived in Washington on Saturday last and is now the guest of the Visitation nuns, of Connecticut avenue. The abbess is in this country in the interests of her convent in Rome. She desires to place its merits as a house of study before the Catholics of the United States. For this purpose she will be received at the Catholic University, and will explain her wishes to the board of trustees.

The Lady Abbess Pynsent is one of the most remarkable women in the Catholic Church. She belongs to a noble English family, being the daughter of Sir Robert Pynsent and, through her mother a lineal descendant of Lord Maguire, the Jacobite peer. She is also a first cousin to Sir Montagu Williams, the eminent Sanskrit scholar, who was one of the founders of the Indian College at Oxford, and of Lord Rayleigh, the well-known scientist, who a few years ago married a niece of the Marquis of Salisbury. She entered the Benedictine order at an early age and quickly attained prominence for her piety and learning. She is considered one of the most learned of the eminent body of churchwomen now living. At the request of Cardinal Manning she founded the St. Benedict's in Rome about five years ago. This house is designed to become the centre of learning for the English-speaking Catholics who come to pursue higher branches of philosophy and scriptural learning.

The office of abbess is the most honorable which the Catholic Church bestows on women. It is not so frequently conferred as in ancient times, there now being only fifteen consecrated abbesses living.

The dignity is of ancient origin. There is a continual line of consecrated Benedictine abbesses since the year 591, when Pope Gregory the Great recognized the rank in canon law. According to this law, the abbess, when attaining her dignity, is enthroned in the bishop's chair, and is clothed with a stole. She has the episcopal ring, and on grand state occasions she carries the crozier. This rank has never been centered in this country, although there are many Benedictine convents in different sections. This is also the first time that a consecrated abbess has ever visited the United States.

The Lady Pynsent is an exceedingly attractive woman, both personally and intellectually. She wears the flowing golden robes of her order, with the golden cross of her rank hanging from her shoulders. She is about forty-five years of age, and is very distinguished in her bearing and appearance. She is the author of several books and personally conducts a quarterly, which is published at St. Benedict's, Rome.

BROOKLYN CATHOLICS.

A Society Organized by Them for the Purpose of Spreading the Faith.

The Catholics of Brooklyn have established a "Truth Society." The Rev. Dr. Wm. F. McDermis, of the church of St. Francis Xavier, has been elected president. The object of the society is to disseminate Catholic ideas, ideals and doctrines, and to refute attacks on the faith of the Catholic Church. Every attack on the faith of the Catholic Church will be answered through the press. Bishop Charles J. McDonnell has given his sanction to the movement, and he regards it as being wise, salutary and beneficial.

It is believed by the originators of the movement that it will be made in October. In connection with the society there will be a translation department. This is of particular interest, as every article in the Continental or American press attacking the Church will be answered by priests well versed in philosophy and theology.

The new society will pay great attention to library work, and will try to distribute Catholic literature throughout the country. There will not be the slightest element of bitterness in the controversy, as the society has decided that in the matter of controversy statements of facts and historical knowledge presented faithfully and fully will have a better effect than the introduction of religious bitterness, controversy of disputation.

It is believed by the members of the society that the enforcement of its objects will lessen the feeling of animosity between the different creeds, and the result will be to reconcile, harmonize and elevate all of the Christian denominations throughout the world.

What a new face courage puts on everything! A determined man by his very attitude, and the tone of his voice puts a stop to defeat and begins to conquer. "For they can conquer who believe they can."

There are two ways of attaining an important end—force and persuasion. Force falls to the lot only of the privileged few, but persuasion can be practiced by the mass of mankind. It is the power which conquers the world.

CATHOLIC NOTES.

The Pope has given St. Pascal Baislon as the patron of the various charitable Congresses throughout the world.

At Dempsey, sixty-two miles from Montpelier, Idaho, is situated the first Catholic place of worship in the United States, for the exclusive use of Missionary converts.

It is reported that the Pope will yield to the wishes of King Leopold and name a Belgian cardinal at the next conclave.

Rev. Bishop Coffey was the recipient of a grand ovation from the people of Winona on his return home from Europe.

As a result of the mission to non-Catholics given by the Pastoralate at the Cathedral at Harrisburg, thirty-seven converts are under instruction.

Cardinal Vaughan has finally decided that the monument to Dr. Livingston Westonslow Cathedral shall be the statue of St. Peter as his chair at Rome.

By request of the late Bishop Westonslow of Columbia, all his vestments were given to the Sisters of St. Mary's of the Springs.

There is but one Catholic church in St. Petersburg, that of St. Catherine's, but on account of the increase of the number of Catholics, a new church will be built as soon as permission has been obtained from the holy synod.

There were two Belgian Redemptorists on the steamer when she was wrecked. They were on their way to Canada to give missions. They lost everything, even their sacraments.

Rev. John F. O'Sullivan, chaplain of the Maine, last week accepted the appointment of Chaplain General of the Spanish War Veterans' Association. He was elected to that position some time ago, but did not accept of it until the last week.

The consecration of the new St. Joseph's church in Bathurst street, New York, was held last Sunday afternoon by Archbishop Corrigan in the presence of nearly five apostles.

Rev. W. H. T. McKee, the "Gospel Fighting Chaplain," is on the Ottawa, Dewey's old flagship, which is now lying in Boston harbor.

Rev. Bernard Donnelly, of Stamford, Ct., who has been ordained recently, has gone to Rome to take a supplementary course of theology.

The cornerstone of the new St. Joseph's church in Bathurst street, New York, was laid last Sunday afternoon by Archbishop Corrigan in the presence of nearly five apostles.

Rev. Francis A. Kelly, of the Shrine of the Annunciation, Philadelphia, last week at the residence of a friend in that city. He was a native of Quaker City, and was about thirty years of age.

The new Church of St. Joseph, Brooklyn, N. Y., was dedicated Sunday morning. Bishop McDonnell of Brooklyn, officiated, assisted by Monsignor McNamee, and the Long Island diocese.

Sister Agnes Lortie, known as Miss Agnes Sullivan, died Thursday, October 5, at the Sacred Heart Convent, Wallman. Before coming to the convent she lived in Holliston.

Rev. Thomas Lucy, who was recently assigned to organize a new parish at Hay State, Northampton, celebrated the first mass in the new church, October 15, at 10 o'clock, the first service being in what is known as the "paper mill" schoolhouse.

On the evening of Saturday, Oct. 23, there will be an elaborate concert at St. Thomas' village, which Rev. John A. McPherson, O. S. A., is to direct. The proceeds will be for a fund for a new parish at the honor of the suffering souls.

Catholics learned with interest that Bishop McDonnell of Brooklyn, who is in Europe, had concluded to visit an English architect in reference to plans for the completion of St. Joseph's Cathedral, at Vandewater and Clermont avenues. The Cathedral has been in an unfinished state for many years.

Right Rev. John Moore, Bishop of St. Augustine, Fla., who suffered an attack of paralysis some weeks ago, has been for some time unable to move. He is now in the hands of his physicians, and is expected to recover.

Aluminum has the property of conducting electricity, but it is not so good a conductor as copper. It is used in the construction of the electric light and power companies.

There are two ways of attaining an important end—force and persuasion. Force falls to the lot only of the privileged few, but persuasion can be practiced by the mass of mankind. It is the power which conquers the world.