



### The Best Remedy

In this world, says J. Hodder of Syracuse, N. Y., a Father's Nerve Tonic, because my son was partially paralyzed three years ago and because of this, has not had any symptoms of nervous prostration. I have used one bottle of the remedy. I can testify that it is the best.

#### Nervous Prostration Cured.

CROGHAN, N. Y. June, 1890.

I was not able to do anything for 10 months. I could not walk from the house to the garden. I was all run down by what the doctors called nervous prostration. No medicine seemed to help me. Then I took Pastor Koening's Nerve Tonic and now I can eat and sleep and have no more aching spells, can do my housework again. I am very thankful for this and recommend the tonic to all sufferers.

#### SUSIE VERSHNEIDER.

On pamphlet for sufferers of nervous prostration will be sent free to any address, and poor patients can also obtain this medicine free of charge from us. This remedy has been prepared by the Reverend Pastor Koening, of Fort Wayne, Ind., for the past twenty years, and is now prepared under his direction by the

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### OUR BOYS' AND GIRLS' CORNER.

#### Nellie's Lesson.

"Always running on errands, that seems to be all there is left of life." Nellie Austin set her basket and pitcher down at the spring with a "bang" that would have broken the heart of the latter if the soft grass had not held up tender hands to save it. In a moment she was ashamed of her temper; yet she picked up the pitcher with one hand, she brushed away the hot tears with the other, and stood listening to the soft gurgle of the water, as she kept saying, softly, "So much to learn, if one only had time; such a great, wide world to know, if one could get out into it."

It had been a hard morning in the little cottage Nellie called her home. Mother was worried and unhappy over a batch of obstinate bread that refused to rise as it ought to do; Davie had walked over the clean floor with muddy feet as he gathered his fish lines and bait from their nooks and corners; Sue had tumbled over a pot geranium slips Nellie had been watching a month; and the baby—

Well, if a baby choose to behave aggravatingly it can succeed in a most wonderful manner! He had pulled Nellie's hair to begin with. Then he had crept into the corner of the cloth hanging over the breakfast table, and dragged at it until a cup had come over and others nearly followed; a few grains of salt had got into his eyes, and a goblet of water had wet his clean dress.

Kitty Olive had walked by with a roll of music in her hand on her way to her music lesson, and so doing looked like such a happy girl to the watching eyes of her friend Nellie, who only sang as the birds did, and might never learn a note on the piano.

So when Nellie found herself in the cool, green nook by the pleasant fountain, she resolved to stay there a long time, and grumble softly in this wise:

"I won't go home in an hour. Then nobody can call 'Nellie! Nellie!' every minute, and they can get along somehow. Sue can look after the baby and mother will contrive some other way if I don't do this, and that, and the other. I wish I were Kitty Olive, and could have on a blue muslin, and be going to take my music lesson instead of filling the tea-kettle. Oh, dear!"

Nellie's face had puckered itself into an ugly pout, that would have been funny if it had not been so wicked and unkind, as she sat down, leaning her head against the green bank, and looking up at the bit of blue sky glistening in between the branches.

All at once it seem to her that a little bit of an old woman, in a green cloak and red cap, hopped along the wall toward her, and a queer little voice kept saying:

"Better go home! better go home!" and plucked at her apron until she ran, and followed her through great nodding ferns and tree branches. She did not remember the way at all, but little Red Hood hopped on before her, and whenever she stopped chirped louder than ever:

"Better go home! better go home!" At last they came out of a wooded path, and found themselves close by Nellie's own door. It looked very lonely there. There was nothing to be seen of Sue or Davie on the doorstep, and there was no sound anywhere; it was strangely still.

In the old kitchen fireplace the ashes were cold on the hearth. In the upper rooms the beds were made quite smoothly, but no living thing was seen. The baby's cradle was empty, and the tiger-lily she had tied above the baby's head was swinging dry and dusty.

[TO BE CONTINUED.]

### Catholic Society Notes.

At last Sunday's high mass at St. Mary's Rev. M. J. Clancy commended the children of Mary and expressed the hope that all the young ladies of the congregation would soon join the organization. Sunday afternoon the annual election of officers was held,

resulting as follows: President, Miss Maggie Marion; vice-president, Miss McCaul; secretary, Miss Harrington; treasurer, Miss Mary Cunningham; council, Misses Lottie Gaffney, Mary Clark, Nellie O'Callaghan. The recently elected Superior Mother Teresa, will continue to act as directress. This announcement was received with great pleasure by all members of the Sodality.

Branch 82, C. M. B. A., celebrated its fifth annual reunion at Vay's hall Monday evening. A large crowd was in attendance and everything passed off without a hitch. A programme of 28 dances was carried out and all were sorry when the hour came to disperse.

In a circular recently received from John P. Leahy, national secretary of the Catholic National Young Men's Union the following appears:

Every Catholic parish of any considerable size in the United States should have attached to it a Young Men's Association. Every thoughtful pastor who desires to surround himself with the warmest and most influential of friends in the work of his mission, will see to it, that such organizations receive frequent and direct encouragement from him.

They should aid the Catholic Young Men's National Union in its endeavors to increase the numbers of these organizations, and to unite them into one great and influential body. Our Constitution is broad enough to embrace all society essentially Catholic, be they Literary, Benevolent, or Temperance societies. Our annual fee is only five (5) dollars, and the payment of this small amount gives to every society affiliated all the literature issued from the secretary's and president's offices during the year.

Consider, young men of the United States, what a vast amount of good can be accomplished by these organizations.

Moral. Morality is the handmaid of religion. Without that delicate development which religion gives to our consciences, there can be little moral improvement possible. By aiding others to become devoted to their religion, and by remaining true to it yourselves, you are certain to promote a sound morality. There are over 200,000 young men attached to our Catholic Associations in the United States. Aid us by your efforts to increase the number to 2,000,000.

Intellectual. Through the selected libraries of these young men's societies a pure literature can be circulated. Many of them maintain evening classes for free instruction in the elementary branches of knowledge, while nearly all are devoted to the lyceum, dramatic class, or reading circle. By means of these mediums of communication a mental growth is gradually produced which is certain to broaden and refine the minds subject to their influence.

Aid us in our good cause that these benefits may be extended to all who may stand in need of them.

Physical. In our large cities each of our societies has its gymnasium, or certain facilities for gymnastic exercise. When you consider the circumscribed lives of thousands of our young men in large cities, and the close and unhealthy districts in which their limited purses compel them to live, you will be obliged to concede the urgent necessity for better accommodations for physical development.

Lend us your council and assistance in our efforts to make these results possible.

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