

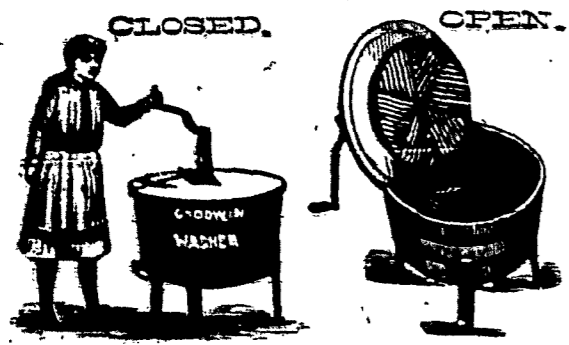
Sworn Statements of Mr. Chas. Brown.

"Drs. Clark & Freeman have made a new man of me," said Mr. Chas. Brown of 202 Clifford street, "and I think they are the best physicians in their line of practice in this city."

The above remark was made in answer to a question asked Mr. Brown by a reporter who called upon him at his home, No. 202 Clifford street. "I suffered for a long time," continued Mr. Brown but I did not know what my trouble was. All the medicine I took did me no good. In fact, my friends began to tell my people that I never would get well. I had severe pains in my chest and my breath was very short; my appetite was very poor and I had to be very careful what I did eat; after meals my stomach would feel bloated and I belched much gas. I lost flesh and became so miserable I began to give up hope, for I could see how fast I was failing; in fact I thought I had consumption and must die. My throat felt raw and was always choked up with phlegm, which was very foul; I became weak, restless, and could not sleep. It was at this time that my attention was called to Drs. Clark & Freeman, of the Medical Institute, 105 Franklin street. I called upon the doctors and after a careful examination they said I was suffering from catarrh of the head, lungs and stomach. They gave such a correct history of and described my case so thoroughly that I decided to place myself under their care, and it was fortunate for me that I did so. In a short time I noticed an improvement. My cough left me, and I gained rapidly in strength, and to-day I am a well man, and ask the public to call on me and see for themselves. Drs. Clark & Freeman have for years made diseases like mine a specialty, and I know from experience that they can treat and do treat all such cases with a certainty of success."

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OUR BOYS' AND GIRLS' CORNER.

A Little Knight of the Nineteenth Century.

We met him on the elevated road. He was about twelve years old; his hat, a shabby felt, was pulled down as far as possible on his head; his trousers were ragged and faded; his jacket was much too large. There was nothing remarkable about this boy until you looked sharply into his face, when you saw a look there that made you think he was a boy who would not be moved to do a thing until he had thought it over. Beside him, on the next seat, tied carefully, was a very large number of papers lying on some loose sheets. He looked up, saw us standing, and at once removed his papers to the floor, saying: "Here's a seat." We thanked him, when he discovered that one of us was standing. Immediately he jumped up and insisted on giving up his own seat. He was so cordial that it would have been discourteous to have refused. His face was so cheerful that you could not feel that he suffered, in spite of the poor, thin clothes. He picked up his bundle of papers, which he had told us contained six hundred—long before the train stopped at City Hall, and in reply to the question why he picked it up so soon, answered: "I want to get used to it!" giving it another hitch higher up on his shoulder, to balance it more evenly.

We do not want to preach, but was not that a good text? Just imagine yourself being prepared with every lesson, because you wanted to get used to doing things on time! Just imagine putting on every button, mending every glove every garment, blacking your boots, putting everything in its proper place, because you wanted to get used to order, and being ready for any emergency. Imagine yourself accepting every opportunity for a gracious, kindly act that came in your way. What would be the result? You would learn your lesson in time just from habit. You would form such habits of order that disorder would make you uncomfortable. You would be polite from habit, and to act unkindly, ungraciously, would cause you so much discomfort it would make you unhappy.

And how much help would come if we would do the disagreeable things, the hard things, "just to get used to them." Why, they would almost cease so give us thought; the doing of them would become such a habit that they would almost do themselves.

We know how easy it is to do the wrong thing, and get used to doing it. Try the right thing, so as to get used to doing it.

Use the newsboy's remark as a watchword.—*Christian Union.*

Help Yourself.

Fight your own battles. Hoe your own row. Ask no favors of anyone, and you'll succeed a thousand times better than one who is always beseeching some one's influence and patronage. No one will ever help you as you can help yourself, because no one will be so heartily interested in your affairs. The first step will be such a long one, perhaps, but carving your own way up the mountain you make each one lead to another, and stand firm while you chop still another cut. Men who have made fortunes are not those who have had five thousand dollars given to them to start with, but boys who have started fair with a well-earned dollar or two. Men who acquire fame have never been thrust into it by puffs begged or paid for, or given in friendly spirit. They have outstretched their own hands and touched the public heart. Men who win love do their own wooing, and I never knew a man to fail so signally as one who induced his affectionate grandmother to speak a good word for him. Whether you work for fame, for love, for money, or for anything else, work with your hands, and heart and brain. Say "I will" and some day you will conquer. Never let any man have it to say, "I have dragged you up." Too many friends sometimes hurt a man more than none at all. Exchange.

Catholic Society Notes.

Seats are on sale at J. H. Schlitzer's, cor. Franklin and North Clinton streets, for the concert of Branch 81, April 21st.

Frank Fehrenbach has been elected to represent St. Leopold's Union in the Knights of St. John convention, at Columbus, in June.

Contributions to this column solicited from all Catholic societies.

A young "hustler" has arrived at the home of Bro. Chas. M. Bayer.

The Knights of St. James, of Auburn, held a largely attended ball on Monday evening last.

Twelve new branches were added to the Catholic Knights of America during 1889.

Branch 94 of Mt. Morris is to have nicely furnished quarters in the Bingham block in a short time.

The first supreme convention of the Ladies' Catholic Benevolent Association is being held this week in Titusville, Pa.

On Easter Monday evening parties were given by Branch 142, of Canandaigua, Branch 94, of Mt. Morris, and Branch 45, of Avon, all of which were successful and well-attended.

At the convention of New York State Council C. B. L., to be held in Syracuse on May 13th, it is expected that the constitution will be revised, several changes having been recommended by various councils.

J. A. Benzing, of Branch 76, C. M. B. A., Oswego, was presented an elegant gold C. M. B. A. badge recently by John H. McCarthy, on behalf of the society. Mr. Benzing has been president of Branch 76 for five years.

Peter G. Miller was on Monday presented his gold badge, referred to in last week's JOURNAL, by Branch 121. It is a handsome one, the recipient's name being engraved on a bar, from which is suspended the badge of the order. Ettenheimer was the designer.

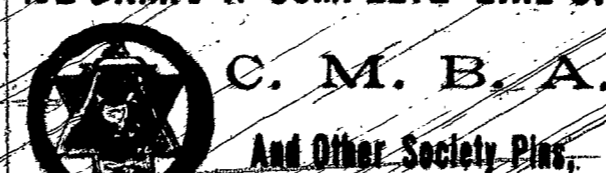
The annual banquet of the Catholic Young Men's Societies, under the auspices of the New York Archdiocesan Union, will be held on Tuesday evening, April 22, and will be a notable affair. Covers will be laid for 250, and prominent men have been invited to speak.

At the C. M. B. A. party at Avon, Monday evening, a lively contest took place between P. Kaveny, of Branch 46, and M. Kirwan, of Branch 143. It was a jig, and although Kaveny was declared the winner, he generously handed the prize, a box of cigars, to his worthy competitor.

The fifth annual reception and concert of the Knights of St. John the Baptist was largely attended and all seemed to have a pleasant time. During the evening, Jos. H. Savard presented Capt. Chas. R. Phifer with an elegant gold headed cane on behalf of the Knights, who evidently appreciate their drill master.

Tuesday evening a banquet was tendered Rev. Dr. Sinclair by the Young Men's Catholic Association of St. Peter and Paul's, in honor of his safe return from his extended southern trip. President Peter A. Vay made the address of welcome, which was responded to by Father Sinclair most affectionately. At the banquet A. J. Smith acted as toastmaster, and the following responses were received: "Our Future," Rev. Dr. Sinclair; "Our Association," Rev. John Ege; "Our Gatherings," Adam J. Smith; "Our Parties," Henry N. Brayer. Pleading vocal selections were rendered by Messrs. A. W. Mehle and Wm. E. Nagel. The young men are greatly indebted to the welcome assistance of the young ladies for the ultimate success of the evening.

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12 lb. Sack Buckwheat,	25c	TEAS:	
Choice Dairy Butter,	18c	For the present we are giving some	
Fair Dairy Butter,	15c	pieces Glassware, Soap Dishes, etc.,	
Creamery Butter,	25c	our 35 and 40c Tea.	
STRICTLY FRESH EGGS,	17c	Premium Jap. 35c, equal to any	
		retailing for 50c. in America.	
		2 lbs. Best Dust Tea, 25c.	
		Good Japan or Mixed Tea, 25c.	
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		7 lbs. Siscoes,	
		Extra No. 2 Mackerel,	
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		Dried Herring, per Box,	
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Meat Department.

Shoulder Steak,	8c	Smoked Shoulders,	
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